

Evaluation and Treatment of Dyspareunia

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1. The embryologic anlage of the vaginal vestibule includes the:

- A. Ovarian parenchyma
- B. Fallopian tube
- C. Cervix and uterus
- D. Rectum and anal verge
- E. Urethra and bladder

2. The main nerve supply to the vulva is via the:
- A. Pudendal nerve
 - B. Iliohypogastric nerve
 - C. Anococcygeal nerve
 - D. Genitofemoral nerve
 - E. Ilioinguinal nerve
3. The concept of neuroplasticity suggests that painful sensations may occur from:
- A. Altered central signaling pathways
 - B. New peripheral neural connections
 - C. Peripheral physiologic changes
 - D. Repeated subthreshold negative stimuli
 - E. Central desensitization
4. Vaginal lubrication in response to sexual stimulation is derived from the:
- A. Endocervical glands
 - B. Vaginal epithelium
 - C. Bartholin's gland
 - D. Skene's gland
 - E. All of the above
5. Myofascial abdominal wall components of dyspareunia are best demonstrated by:
- A. Palpation of the abdominal wall with a single finger
 - B. The application of ice to the abdominal wall
 - C. The response to muscle relaxant medications
 - D. Having the patient lift her head during examination
 - E. Bimanual pelvic examination

6. In addition to the vagina, lichen planus can also affect the:

- A. Gingiva
- B. Rectum
- C. Extensor surfaces of the skin
- D. Nipples
- E. Bartholin's gland

7. Vulvar vestibulitis is currently classified as what type of disorder?

- A. Inflammatory
- B. Depressive
- C. Neuropsychiatric
- D. Autoimmune
- E. Neurosensory

8. Overall, approximately what percentage of women have dyspareunia at 6 months after delivery?

- A. 10%
- B. 25%
- C. 50%
- D. 75%
- E. 90%

9. Retroversion of the uterus is present in approximately what percent of normal women?

- A. 5%
- B. 10%
- C. 20%
- D. 30%
- E. 40%

10. When a surgical revision of the vaginal apex for deep dyspareunia following hysterectomy is performed, approximately what percentage of patients will have recurrent pain within 2–3 years of surgery?

- A. 5%
- B. 10%
- C. 30%
- D. 50%
- E. 70%

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