

Definition of PTSD by DSM-IV criteria. All six lettered criteria (i.e., A-F) must be met for a diagnosis of PTSD.

Criterion A: TRAUMA	Criterion B: INTRUSIVE RECOLLECTION (need one)	Criterion C: AVOIDANCE (need three)	Criterion D: HYPERAROUSAL (need two)	Criterion E: TIME	Criterion F: IMPAIRMENT
Experienced traumatic event	Intrusive images or thoughts	Thoughts or conversations	Difficulty sleeping	Duration of B, C and D symptoms greater than 1 month	Causes significant distress or impairment
and	Recurrent distressing dreams	Activities, places or people	Irritability or angry outbursts		
	"Flashbacks"	Unable to recall important aspect	Difficulty concentrating		
	Intense distress with triggers	Diminished interest or participation	Hypervigilance		
	Physiologic reactivity	Detachment or estrangement	Exaggerated startle response		
		Restricted range of feelings			
		Sense of fore-shortened future			