**Enhanced Recovery After Surgery (ERAS) for Colorectal Surgery**

*Surgical Process Measures\**

Preoperative:

1. Patient education and counseling regarding pathway overview, smoking cessation if appropriate and enterostomal therapy if planned.
2. Surgery-specific mechanical bowel preparation with oral antibiotics
3. Chlorhexidine bathing (night prior and morning of surgery)
4. Chemical prophylaxis for vascular thrombosis prior to surgical incision
5. Use of a dedicated ERAS surgical order set

Intraoperative:

1. Prophylactic antibiotic administration prior to incision and re-dosing per recommendations throughout the procedure
2. Avoidance of routine surgical drain placement
3. Avoidance of routine urinary catheter placement (particularly for cases <2 hours)
4. Avoidance of routine nasogastric tube (NGT) placement

Postoperative:

1. Mobilization to chair on night of procedure; early ambulation protocol
2. Resumption of oral intake via clear liquid diet the night of procedure; advancement of diet as tolerated thereafter to full diet
3. Early removal of urinary catheters, if placed, on postoperative day 1 (POD1)
4. Discontinuation of intravenous fluids on POD1
5. Continuation of scheduled chemical prophylaxis for vascular thrombosis

\*Adapted in part from Wick et al. J Am Coll Surg. 2015; 221(3):669-77.