**Table S1. Summary of Demographic Data\***

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|  | **VR first /  Control second (nVR1=13)** | **VR second /  Control first (nVR2=14)** | **Standardized Difference † (VR first - VR second)/pooled sd** |
| Maternal Age (years) | 26.31 ± 4.37 | 29.29 ± 6.32 | -0.55 |
| Ethnicity |  |  |  |
| Caucasian | 10 (77%) | 11 (79%) | -0.04 |
| Black, Asian, or Other | 3 (23%) | 3 (21%) | 0.04 |
| Marital Status |  |  |  |
| Married or Living with SO | 11 (85%) | 12 (86%) | -0.03 |
| Single | 2 (15%) | 2 (14%) | 0.03 |
| Educational Level |  |  |  |
| Associate's Degree or Below | 4 (31%) | 5 (36%) | -0.11 |
| Bachelor's Degree or Above | 9 (69%) | 9 (64%) | 0.11 |
| Used VR Before |  |  |  |
| No | 10 (77%) | 11 (79%) | -0.11 |
| Yes | 3 (23%) | 3 (21%) | 0.11 |
| Gestational Age (days) | 280 [273, 287] | 279 [273, 281] | 0.19 |
| Gravity | 1 [1, 1] | 1 [1, 1] | -0.41 |
| \*Data are presented as mean ± SD, n(%), or median [inter-quartiles] . | | | |
| † Standardized difference = difference in means or proportions divided by standard error; imbalance defined as absolute value greater than 1.96\*sqrt[(nF+nS)/nFnS]= 0.755. | | | |