**Supplemental Table 1. Examples of Guaranteed Commitment, High Rank and Strong Interest Statements**

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| **Guaranteed Commitment Examples** |
| “XXX is my first choice” |
| “I will be ranking you #1” |
| “I am absolutely sure that XXX will be my first choice” |
| “I will be ranking your program number one on my rank order” |
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|  **High Rank Commitment Examples** |
| “You are one of my top programs” |
| “I am planning to rank you very highly” |
|  “You are at the top of my list” |
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| **Strong Interest Examples** |
| "I would really like to match to your program" |
| "I think your program would be a great fit for me" |
| "I am very interested in your program" |
| "I would be extremely happy to match with your program" |

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