

## Appendix 1: EPM 1-Day Workshop Program

| Time             | Duration (mins) | Lecture / Discussion  |
|------------------|-----------------|---|
| 0830-0915        | 45              | Welcome, introductions<br>Local perspective<br>Pre-workshop test      |
| 0915-0925        | 10              | Introduction  |
| 0925-0940        | 15              | What is pain?   |
| 0940-0955        | 15              | Why should we treat pain?   |
| 0955-1005        | 10              | Assessment of severity  |
| 1005-1020        | 15              | Classification of pain  |
| <i>1020-1050</i> | <i>25</i>       | <i>Break</i>  |
| 1050-1110        | 20              | Pain physiology and pathology   |
| 1110-1130        | 20              | Pain treatment overview   |
| 1130-1200        | 30              | Pain medications  |
| 1200-1230        | 30              | Pain management barriers  |
| <i>1230-1315</i> | <i>45</i>       | <i>Lunch</i>  |
| 1315-1340        | 35              | Using the RAT system  |
| 1340-1500        | 80              | Case discussions  |
| <i>1500-1530</i> | <i>30</i>       | <i>Break</i>  |
| 1530-1610        | 45              | Overcoming barriers   |
| 1610-1700        | 45              | Post-workshop test and answers<br>Feedback<br>Certificates and photos |

## Appendix 2: EPM Instructor Workshop Program

| Time             | Duration (mins) | Lecture / Discussion   |
|------------------|-----------------|--|
| 0830-0845        | 15              | Welcome, introductions   |
| 0845-0900        | 15              | Adult learning   |
| 0900-0915        | 15              | Teaching overview  |
| 0915-0930        | 15              | Giving a lecture   |
| 0930-0945        | 15              | Running a discussion group   |
| <i>0945-1000</i> | <i>15</i>       | <i>Break</i>   |
| 1000-1130        | 90              | Teaching rotations <ul style="list-style-type: none"><li>• Giving a lecture</li><li>• Running a discussion group</li></ul> |
| 1130-1200        | 30              | 1-day workshop planning  |
| 1200-1230        | 30              | Feedback<br>Certificates and photos  |

### **Appendix 3: Questions Used in 2018 Interviews**

- Where do you work? What is your role?
- Where and when did you do an EPM workshop?
- Have there been any clinical, educational or other changes since the EPM workshop?
- What do you think have been the most significant changes? (the biggest change?)
- What are the main barriers to improving pain management where you work?
- What do you think are the most significant barriers?
- Do you have any other feedback?

## **Appendix 4: Global Delivery of EPM Workshops 2010-2019**

EPM has been delivered in the following countries:

- |                                |                      |
|--------------------------------|----------------------|
| 1. Australia                   | 32. Micronesia       |
| 2. Argentina                   | 33. Mexico           |
| 3. Bangladesh                  | 34. Mongolia         |
| 4. Belarus                     | 35. Myanmar          |
| 5. Benin                       | 36. Nepal            |
| 6. Burundi                     | 37. Nicaragua        |
| 7. Cambodia                    | 38. Nigeria          |
| 8. Canada                      | 39. New Zealand      |
| 9. China (Hong Kong)           | 40. Palestine        |
| 10. Colombia                   | 41. Panama           |
| 11. Congo, Democratic Republic | 42. Paraguay         |
| 12. Cook Islands               | 43. Papua New Guinea |
| 13. Czech Republic             | 44. Peru             |
| 14. Dominican Republic         | 45. Philippines      |
| 15. Ecuador                    | 46. Russia           |
| 16. El Salvador                | 47. Rwanda           |
| 17. Ethiopia                   | 48. Samoa            |
| 18. Fiji                       | 49. Serbia           |
| 19. Gambia                     | 50. Solomon Islands  |
| 20. Guatemala                  | 51. South Africa     |
| 21. Guinea                     | 52. Sri Lanka        |
| 22. Honduras                   | 53. Tanzania         |
| 23. Indonesia                  | 54. Thailand         |
| 24. India                      | 55. Tonga            |
| 25. Jordan                     | 56. Tuvalu           |
| 26. Kenya                      | 57. Uganda           |
| 27. Kiribati                   | 58. United Kingdom   |
| 28. Laos                       | 59. Uruguay          |
| 29. Madagascar                 | 60. Vanuatu          |
| 30. Malaysia                   | 61. Vietnam          |
| 31. Malawi                     |                      |