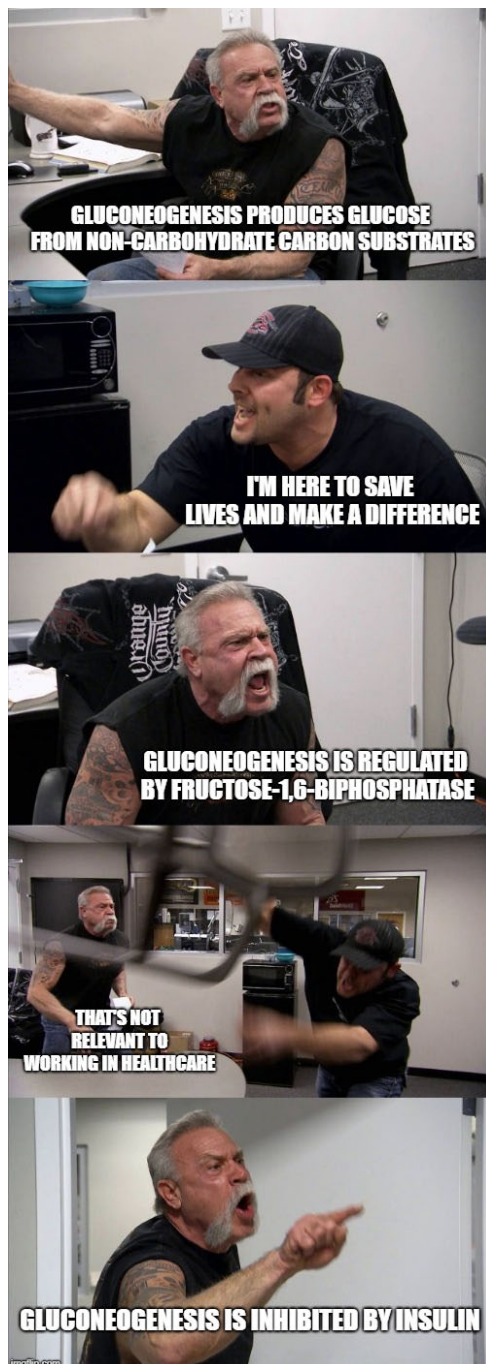


Supplemental Digital Appendix 1

A Meme From the Reddit Forum *r/medicalschool* Laments the Esoteric, Factoid-Heavy Nature of Preclinical Educational Content^a



^aSource: u/skapade. r/medicalschool. Reddit.

https://www.reddit.com/r/medicalschool/comments/asr833/meme_me_vs_new_students/.

Accessed January 24, 2020.

Supplemental Digital Appendix 2

A Meme From the Reddit Forum *r/medicalschoo* Commenting on the High Volume of Flashcards Users Study for the United States Medical Licensing Examination Step 1^a



^aSource: u/GERDyourloins. r/medicalschoo. Reddit.

https://www.reddit.com/r/medicalschoo/comments/ambf4g/shitpost_studying_in_med_school/.

Accessed January 24, 2020.

Supplemental Digital Appendix 3

A Meme From the Reddit Forum *r/medicalschool* Illustrating the Sentiment that Preclinical Classes Are a Waste of Time Because They Do Not Exclusively Cover Content for the United States Medical Licensing Examination Step 1^a



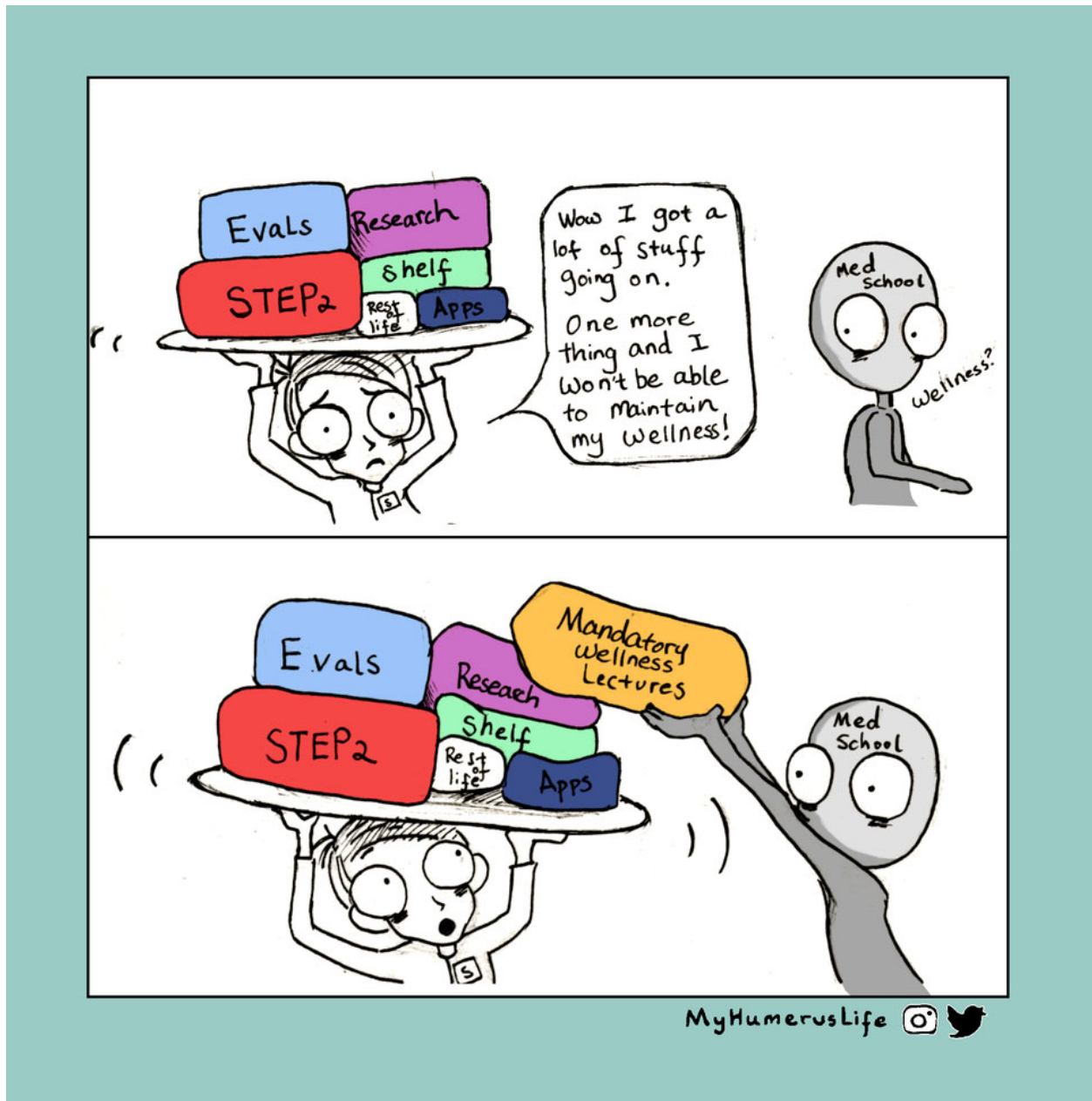
^aSource: u/emzieees. r/medicalschool. Reddit.

https://www.reddit.com/r/medicalschool/comments/aml69a/shitpost_joy_is_too_low_yield/.

Accessed January 24, 2020.

Supplemental Digital Appendix 4

A Comic From the Reddit Forum *r/medicalschoo* Illustrating the Sentiment that Wellness Initiatives Are a Stress Inducer Rather Than a Stress Alleviator^a



^aSource: u/MyHumerusLife. r/medicalschoo. Reddit.

https://www.reddit.com/r/medicalschoo/comments/9ai5ku/memewellbeing_did_someone_say_wellness/. Accessed January 24, 2020.