

Supplemental Digital Appendix 1

Guide for Interviews With First-Year Residents, December 2018 to April 2019

1. How has the last few months as an intern been going for you?
 - a. What surprised you?
 - b. Were there any unexpected challenges of internship?
 - c. How would you say that you have changed over the past few months?
2. What stood out most to you about the transition from medical student to intern?
3. In what way did medical school prepare you for your role as an intern? (please list 3 things)
4. Many interns experience difficulties during their first year of residency. What has been the hardest part about this for you?
 - a. What do you do to take care of yourself when things are challenging?
5. Have you made a learning plan during your internship?
 - a. If yes, have you reviewed this learning plan with anyone (faculty or another resident)?
6. If you could remember back, we had discussed Entrustable Professional Activities (EPA)—for example, doing a history and physical, giving or receiving a hand-off—do you feel like those EPAs are a good system to guide you in terms of developing a learning plan?
7. What would you tell a 4th year medical student a few weeks from graduation if they asked you for advice about how to prepare for internship?