Supplementary Table 2. Changes for further secondary outcomes over the study period (12 months) of CBT and AC.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Outcome | CBT | | AC | | | Additional Reduction CBT | |
| Mean reduction  (95% CI) | *p* | Mean reduction  (95% CI) | *p* | Mean reduction  (95% CI) | | *p* |
| Self-efficacy | 0.05 (0.02 to 0.08) | .019 | 0.04 (0.01 to 0.06) | .471 | 0.01 (-0.02 to 0.05) | | .470 |
| Self-esteem | 0.01 (-0.01 to 0.04) | .788 | 0.00 (-0.02 to 0.03) | .355 | 0.01 (-0.01 to 0.04) | | .354 |
| Self-esteem (P) | 0.00 (-0.03 to 0.02) | .632 | -0.01 (-0.03 to 0.02) | .756 | 0.00 (-0.02 to 0.03) | | .756 |
| Stress experience | 0.02 (-0.00 to 0.04) | .101 | 0.02 (-0.00 to 0.04) | .899 | 0.00 (-0.02 to 0.02) | | .899 |
| Health care utilization | -0.86 (-2.15 to 0.42) | .443 | -0.13 (-1.56 to 1.29) | .853 | -0.36 (-1.83 to 1.10) | | .622 |
| School absence | 0.86 (-0.10 to 1.83) | .071 | 0.91 (-0.07 to 1.88) | .068 | -0.02 (0.84 to -0.89) | | .960 |

*Notes*. P = Parent report; CBT = Cognitive-behavioral therapy; AC = Attention control; CI = Confidence Interval; p = p-value.