

BOOK of the YEAR AWARDS 2013

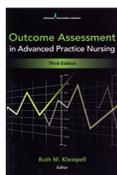


The most valuable texts of 2013, as chosen by AJN's panel of judges.

ADVANCED PRACTICE NURSING

Chosen by Luc R. Pelletier, MSN, APRN, PMHCNS-BC, CPHQ, FNAHQ, FAAN, administrative liaison, Sharp Mesa Vista Hospital, and core adjunct faculty, National University, San Diego.

1. **Outcome Assessment in Advanced Practice Nursing**
Edited by Ruth M. Kleinpell. 3rd edition. New York City, Springer Publishing Company.



Advanced practice nurses (APNs) are positioned to take a leading role in transforming health care delivery in the United States. As health reform demands accountability, it's important for APNs to understand their clinical effectiveness in a value-based system. This book provides a framework for outcomes assessment in advanced practice nursing. Based on a foundation of outcomes measurement research, the various authors explore measures of health status, recovery, and health maintenance in a variety of nursing specialties.

- Provides a comprehensive literature review and synthesis of outcomes assessment and measurement.
- Contains excellent chapters on finding and selecting APN-sensitive measures.
- Includes contributions from recognized expert practitioners, educators, and researchers.

2. **Financial and Business Management for the Doctor of Nursing Practice**
Edited by KT Waxman. New York City, Springer Publishing Company.

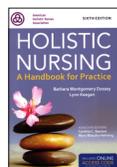


As APNs continue to take on leadership roles in the transformation of health care, it's become essential that they hone their skills to meet the financial challenges of a complicated system. KT Waxman has translated her passion for business and finance into a text that is understandable, applicable, and comprehensive.

The language of finance becomes the language of nurses and nursing. Her collaborators are well-regarded experts in economics, finance, insurance, and reimbursement.

- Provides comprehensive coverage of financial issues including health care financing, budgeting, quality, data, and legal and ethical issues, as well as content specifically related to the DNP role.
- Integrates real-life critical thinking exercises that enable the learners to apply principles and practices in their own settings.
- Includes exceptional chapters on strategic planning, entrepreneurial leadership, project management, and financing global health.

3. **Holistic Nursing: A Handbook for Practice**
By Barbara Montgomery Dossey and Lynn Keegan. 6th edition. Burlington, MA, Jones and Bartlett Learning.



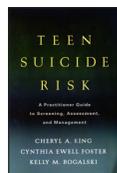
As more emphasis is placed on the importance of therapeutic environments in health care, the APN's unique contribution to healing must be acknowledged and fostered. An integral, holistic approach to care includes multiple phenomena that are intentional, behavioral, cultural, and social. *Holistic Nursing* provides the reader with comprehensive content to help APNs think, practice, and respond to the many needs of patients and families. The book is organized according to the five core values of holistic nursing. The objectives of the nurse healer are highlighted in each chapter and a variety of modalities are addressed, including imagery, self-reflection, hand-mediated therapies, and aromatherapy.

- Engages in a comprehensive discussion of the holistic caring process, including descriptions of 20 evidence-based holistic practices.
- Includes an exceptional chapter on facilitating change through motivational interviewing and appreciative inquiry, using vivid case studies that depict the application of holistic nursing.
- Provides an excellent companion Web site and instructor resources for practitioners and students.

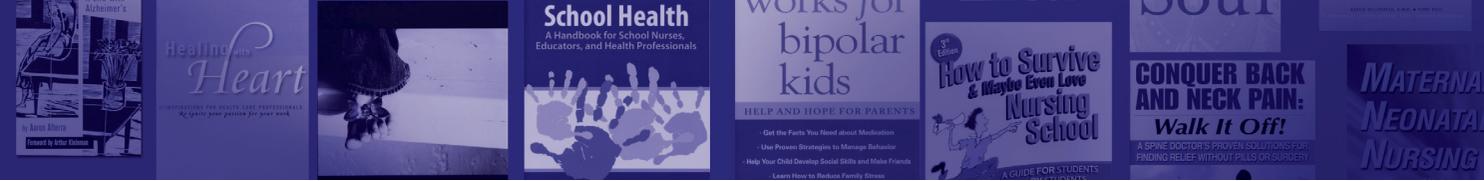
CHILD HEALTH

Chosen by Mary Anne Gallagher, MA, RN-BC, director, Patient Care Services, Continuum Health Partners, Beth Israel Medical Center, New York City.

1. **Teen Suicide Risk: A Practitioner Guide to Screening, Assessment, and Management**
By Cheryl A. King, Cynthia Ewell Foster, and Kelly M. Rogalski. New York City, The Guilford Press.



Teen suicide is a frequent headline in today's world. For the majority of the population, these stories provide sad accounts of an experience they are removed from—they can read them and move on. However, for those involved in adolescent health, it's a challenging and very real issue. Caring for teens at risk for suicide or for those who have made failed attempts can be uncomfortable. Solid information can help. This book provides guidance on caring for the teen whose behavior demonstrates a risk for suicide. The information is presented in a concise and organized manner. It includes step-by-step, easy-to-read guidelines on working with this cohort. The authors begin with a clinical overview then walk readers through each stage, providing clear, practical methods. Key clinical points are discussed and sample risk assessments and dialogues are provided. This is a handy resource to be used time and again in any adolescent or pediatric care setting.



- Uses a practical, hands-on approach.
- Includes an appendix with resources such as risk factor checklists, assessment sheets, a safe plan, and a letter for school.
- Includes important resources such as tips, Web sites, and examples of good communication.

2. Nursing Care of the Pediatric Surgical Patient

By Nancy Tkacz Browne, Laura M. Flanigan, Carmel A. McComiskey, and Pam Pieper. 3rd edition. Burlington, MA, Jones and Bartlett Learning.

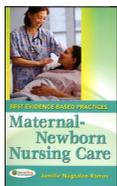


Advancements in knowledge and technology are fast paced and lead to new and more complex surgical procedures. Growth in pediatric surgical subspecialties is exponential. This advanced growth demonstrates the need for educational resources to support this burgeoning field. The book is divided into chapters ranging from the uniqueness and needs of the pediatric surgical patient to the specifics of each subspecialty. The information is derived from the initial sharing of best practices by dedicated pioneer pediatric surgical nurses who had the vision to recognize pediatric surgical nursing as a unique specialty and had the need to share and collaborate to build a knowledge base from which to grow.

- Builds on the foundation of nurses' commitment to best practice in this unique specialty.
- A resource for the pediatric surgical nurse, the pediatric surgical subspecialty nurse, and the general pediatric nurse.
- Includes diagnosis-specific teaching sheets for reproduction in three languages from the American Pediatric Surgical Nurses Association.

3. Maternal-Newborn Nursing Care: Best Evidence-Based Practices

By Jamille Nagtalon-Ramos. Philadelphia, F.A. Davis Company.



This book is a user-friendly resource for maternal–newborn nurses, especially those who are new to the specialty. It's ideal because it's truly hands-on; it's light and fits in a scrub pocket (I tried it!). Chapters are clearly defined and divided by tabs that make it easy to find a topic. Information is presented succinctly in outline form and each chapter includes tables,

photos, and illustrations. It's written clearly and doesn't overuse medical terminology. Included are tools on commonly used medications, metric and newborn weight conversions, and simple English–Spanish translations.

- Offers a user-friendly handy resource.
- Includes handy tabs that make topics easy to find.
- Provides helpful resources and tips.

COMMUNITY–PUBLIC HEALTH

Chosen by Barbara Glickstein, MPH, MS, RN, codirector, Center for Health, Media and Policy at Hunter College, City University of New York.

1. Contemporary Health Promotion in Nursing Practice

By Bonnie Raingruber. Burlington, MA, Jones and Bartlett Learning.

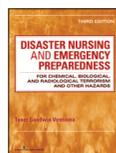


Nursing has always contributed to promoting the public's health. The passage of the Patient Protection and Affordable Care Act has created policies that change the practice of health promotion. Its shifting focus toward prevention and public health makes *Contemporary Health Promotion in Nursing Practice* a current and essential guide to support nursing's greater leadership role in these arenas. It addresses new knowledge in the area of health promotion and has an excellent companion Web site.

- Provides nurses with an opportunity to assess their own behavior while discovering new theories, research, and policies promoting health.
- Promotes an exploration of the multilayered, multifaceted complexity of health promotion by covering a wide range of applicable topics, including the role of epigenetics, genomics, storytelling, and street theater.
- Encourages active learning. I loved the “What Do You Think?” sections that stimulate creative responses to the material.

2. Disaster Nursing and Emergency Preparedness for Chemical, Biological, and Radiological Terrorism and Other Hazards

Edited by Tener Goodwin Veenema. 3rd edition. New York City, Springer Publishing Company.

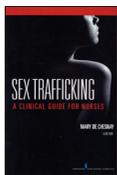


Are disasters, both man-made and natural, our “new normal”? Nursing's role in disaster preparedness became very real to me while reviewing this book. It forced me to ask myself, “How prepared am I to step up the next time disaster hits my community? How will I contribute as a nurse? How can I lead others?”

- In her preface, Dr. Veenema writes: “The target audience for the book is all nurses—making every nurse a prepared nurse—staff nurses, nurse practitioners, educators, and administrators.” This sentence stayed with me, compelling me to read with a critical eye and understand just how much I need to learn. Yes, we have specialists in disaster preparedness, but everyone needs to be on board. This textbook is a primer for all nurses, enabling us to become an educated, resilient, and global nurse workforce prepared to face disaster. While it takes time to get through the incredible amount of information in this text, the time to begin to learn this crucial role of nursing is now.
- Summarizes new findings based on recent disasters and lessons learned.
 - Includes the latest research and the experience of public health practitioners and expresses this information in a clear and accessible manner.
 - Focuses on threats to populations already challenged by economic and social inequalities resulting in health disparities.



3. Sex Trafficking: A Clinical Guide for Nurses
Edited by Mary De Chesnay. New York City, Springer Publishing Company.



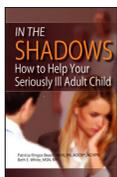
As a public health nurse and human rights activist who has advocated globally for nursing's role in addressing human trafficking, I was familiar with much of this book's content. What I found exceptional is how the editor and authors address such a wide scope of complex issues surrounding sex trafficking. It includes sensitively documented case studies that are critical to a better understanding of our clinical roles and responsibilities. It addresses how we can both cope with the human tragedy and act to combat it. I immediately included this book on my reference list and I will be quoting it in my presentations. I thank the editor and the authors for this excellent resource.

- Provides a solid presentation of the complex issues surrounding sex trafficking and modern-day slavery.
- Allows readers to connect to this difficult issue in a safe and guided way; enables each of us to play a role, whether big or small, in addressing sex trafficking as clinicians and human rights advocates.
- Provides guidance on safe, smart actions that nurses can follow, including directions on involving law enforcement and well as essential phone numbers and contact information by state or region.

CONSUMER HEALTH

Chosen by Mary K. Walton, MSN, MBE, RN, director, Patient and Family Centered Care, Hospital of the University of Pennsylvania, Philadelphia.

1. In the Shadows: How to Help Your Seriously Ill Adult Child
By Patricia Ringos Beach and Beth E. White. Pittsburg, PA, Hygieia Media, an imprint of the Oncology Nursing Society.



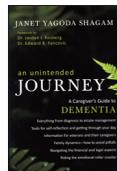
The authors of this book provide invaluable guidance for those struggling with their parental roles during an adult child's health crisis. Despite being a nurse with decades of experience in both pediatric and adult care settings, I experienced numerous "ah-ha" moments as I read the first-person narratives that introduce most chapters. The authors successfully shifted my clinical lens to a more family-centered one as I briefly entered this stressful world.

This well written and well referenced book will enable parents to shift from their own perspective to that of their adult children. It includes narratives based on real-life stories (changed for confidentiality) taken from interviews with adults suffering from serious illness, professionals, and parents. While illustrating ways in which parents can support their adult children, the narratives also reveal how health care professionals marginalize the parents of adult patients, thus missing opportunities to provide guidance and support. Parents of adult children want to be included and helpful, yet often do not know what to do or how to behave. Nurse readers should recognize many opportunities to practice patient and family-centered care.

- Uses first-person narratives based on real-life stories to illustrate the experiences of parents of seriously ill adults.

- Provides clear, specific, and well-supported recommendations that enable parents to provide support in a way that honors their adult children.
- Offers a wealth of resources including tools, tips, and suggested language.

2. An Unintended Journey: A Caregiver's Guide to Dementia
By Janet Yagoda Shagam. Amherst, NY, Prometheus Books

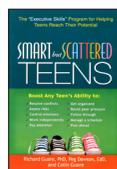


The author tells us that she wrote this book as both a daughter who needs to tell her own story and a medical writer who knows there is a story to tell. The content is well referenced and organized, beginning with a history and delineation of dementia types. Caregivers who understand this information will be better able to anticipate needs and the likely progression of disease, participate with professionals in selecting medications, assess their impact on quality of life, and appropriately time the initiation of conversations about preferences for end-of-life care. Frequently asked questions and worksheets promote the understanding and self-reflection that is essential for caregivers. The pictorial icons heading each chapter, and created by a person with dementia, are a stark reminder of the impact dementia has.

A chapter on managing behavior ("theirs and yours") provides well-supported approaches to improving behavior and daily living skills in contrast to improving cognition. This is an important distinction for caregivers. The recommendation for "therapeutic deception" or tactical lying in certain situations is positively framed as taking advantage of the caregiver's knowledge of their loved one's world and using that knowledge to relieve the suffering of the person with dementia. Caregiver behavior is crucial in promoting quality of life and a safe home. The explanations of approaches include suggested responses to try.

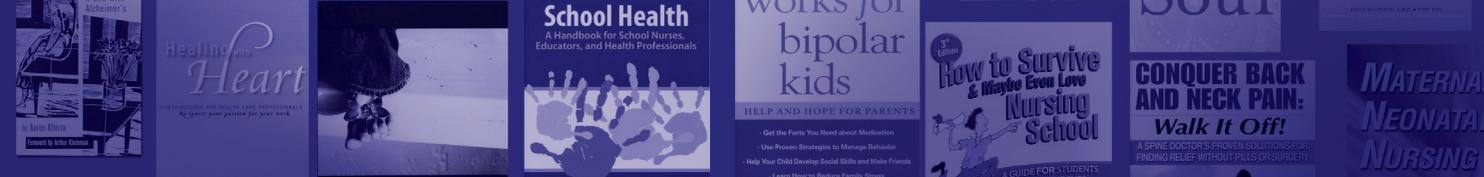
- Provides comprehensive information presented with a focus on both the needs of the person with dementia and their caregivers.
- Presents information that promotes an understanding of how the person with dementia may see the world through a variety of approaches including: scientific literature, images, drawings, diagnostic studies, and personal narrative.
- Sensitive areas such as end-of-life care, financial planning, elder abuse, and grief are also addressed.

3. Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential
By Richard Guare, Peg Dawson, and Colin Guare. New York City, The Guilford Press.



This book is for parents who know their teens are smart enough to organize their responsibilities, but never seem able to do so, resulting in frustration for all involved. This well-defined three-part program is designed to help parents and teens work together to build executive skills.

Readers are introduced to two dimensions of executive skill: thinking (cognition) and doing (behavior). The authors clearly describe executive function, provide tools to help evaluate and understand this function, and offer specific and concrete information for a parent to be, in some aspects, a surrogate frontal lobe, while continuing to respect and foster



the teen's desire for independence. Tools and charts promote understanding and effective implementation of content. Consider, for example, the value of both the teen and the parent identifying the parenting style most used. This assessment tool can prompt reflection and productive conversation.

Nurses who work with adolescents with significant chronic health conditions will find this content valuable. It can guide them in helping these teens to better organize home-care regimens or in advising parents about how to best support teenagers who are assuming responsibility for their daily health care needs.

- Uses a strength-based approach for teens and parents, building on their abilities and interests to develop executive skills. Will help parents move from giving direction to conducting negotiations with their teenaged children.
- Makes the teen perspective central to this program. Quotations from teens are interspersed throughout the text to illustrate their perspective or response to the questions posed from the parental perspective.
- Provides helpful charts and worksheets to assess needs and identify areas for teens and parents to work together to identify and build specific skills. An annotated resource list includes organizations, books, magazines, and Web sites.

CRITICAL CARE—EMERGENCY NURSING

Chosen by Christopher A. Vanfosson, MSN/MHA, MMAS, RN, nurse manager, Burn Progressive Care Unit, U.S. Army Institute of Surgical Research and San Antonio Military Medical Center, Joint Base, San Antonio, TX. The opinions are the judge's and do not represent an endorsement or the approval of the U.S. government, the Department of Defense, or the U.S. Army.

1. Pass CCRN!

By Robin Donohoe Dennison. 4th edition. Maryland Heights, MO, Mosby Elsevier.

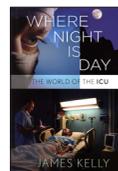


A perennial all-star among nurses studying for the CCRN exam, Robin Dennison's *PASS CCRN!* remains one of the best in class. Some test preparation texts provide only sample study questions; Dennison provides more. Each chapter consists of critical care content that is essential for both bedside practice and passing the exam. Chapters also contain activities that facilitate learning, for example: crossword puzzles, fill-in-the-blank exercises, and multiple-choice questions. Readers also receive access to online material and appendices that serve as quick reference guides.

- Sets the standard in online access to study questions and multimedia support materials. Anything less from Dennison would be substandard.
- Serves as a reference book in addition to a CCRN study guide. Guides that include only study questions become obsolete once the reader passes the exam. Dennison's work remains useful well into practice.
- Provides detailed care algorithms that help readers understand the pathophysiology of various conditions. These algorithms are a handy way to quickly understand what is occurring at the cellular level and to anticipate patient needs.

2. Where Night Is Day: The World of the ICU

By James Kelly. Ithaca, NY, ILR Press, an imprint of Cornell University Press.



James Kelly's telling of life in an ICU provides a unique perspective on the daily realities of critical care professionals. While so many books in this genre represent only the emotional toll of the critical care setting, Kelly seamlessly integrates the complexities of critical care and of the organizational politics surrounding the ICU.

Experienced and novice health care professionals will find this work to be entertaining, humbling, and thought provoking, while lay readers can learn from the complex realities of critical care. Kelly perceptively articulates what it means to experience daily life and death in the critical care environment. His compelling story will capture your attention, cover to cover.

- Stands out in this category, with a compelling perspective and storyline.
- Allows the reader to become easily immersed; an easy-to-read book that could be finished in one sitting.

3. Critical Care Nursing: Diagnosis and Management

By Linda D. Urden, Kathleen M. Stacy, and Mary E. Lough. 7th edition. St. Louis, Mosby Elsevier.



This is a well-considered textbook of critical care nursing. The clean, colorful text is easy to read, well organized, and detailed without being distracting. Each chapter contains considerations for nursing diagnoses, patient education, and the implementation of evidence-based practice—a trio that makes *Critical Care Nursing* unique and practical. In addition, the publisher includes access to a helpful array of review questions (for the NCLEX, CCRN, and PCCN exams), study aides, and procedural guides that allow multisensory learners the opportunity to fully engage in the material and develop into the critical care nurse the patient deserves.

- Offers study questions for the NCLEX, CCRN, and PCCN exams—potentially eliminating the need to purchase any other study text.
- Provides photographs, charts, diagrams, and pictures to enhance the reader's experience. These high-quality visual aids help readers to understand the concepts discussed in the text.
- Includes a reference index on the inside back cover that lists all the case studies, concept maps, and special features included in the book.

ELECTRONIC MEDIA

Diane M. Billings, EdD, RN, FAAN, chancellor's professor emeritus, Indiana University School of Nursing, Indianapolis, the judge for this category, selected no winners this year.

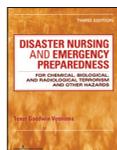


ENVIRONMENTAL HEALTH

Chosen by Ruth McDermott-Levy, PhD, RN, assistant professor, Villanova University, Villanova, PA.

1. Disaster Nursing and Emergency Preparedness for Chemical, Biological, and Radiological Terrorism and Other Hazards

Edited by Tener Goodwin Veenema. 3rd edition. New York City, Springer Publishing Company.



Although the primary focus of this book is disaster nursing practice, environmental health and environmental health concepts are infused throughout. The text highlights the influence of environmental issues on human health, addressing natural disasters such as flooding,

earthquakes, and volcanic activity, as well as man-made disasters such as chemical spills, and radioactive and biological exposures. The latter are addressed in great detail with a focus on nursing management, including such topics as patient decontamination. Such information is frequently absent from other environmental health texts. Further, this book offers chapters on complex humanitarian emergencies and considers the effect on health experienced by those in conflict zones. There are also chapters detailing how climate change and environmental disasters can affect health.

- Provides detailed nursing management plans for chemical spills and radioactive and biological exposures.
- Includes a chapter that clearly explains climate change and its health impact.
- Is well organized and written in clear, accessible language.

GERONTOLOGIC NURSING

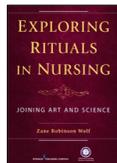
Mara Aronson, MS, RN, GCNS-BC, CPHQ, FASCP, president, consultant, and educator, AGE: Association for Gerontologic Education, Exeter, NH, the judge for this category, selected no winners this year.

HISTORY AND PUBLIC POLICY

Chosen by Patricia A. Connor Ballard, PhD, MSN, RN, ACNS-BC, assistant dean and assistant professor, Eleanor Wade Custer School of Nursing, Shenandoah University, Winchester and Leesburg, VA.

1. Exploring Rituals in Nursing: Joining Art and Science

By Zane Robinson Wolf. New York City, Springer Publishing Company.

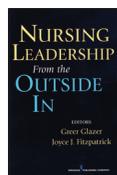


Exploring Rituals in Nursing is an excellent example of using evidence-based writing to document the foundations of the nursing profession. The author explores the myths, historical justifications, evolution, and current applications of traditional “hands on” nursing actions common to direct patient care. As we continue the

struggle to assimilate new graduate nurses into the fast-paced, sophisticated, interprofessional clinical settings of today, these graduates would benefit from a deeper awareness of the nursing legacy they have chosen to join. This text accomplishes that goal. It can benefit students taking courses in nursing fundamentals, nursing history, or transitioning to professional practice. The writing style, fascinating discussions, and reasonable length lend themselves to these subjects, and would help to solidify a nursing student’s decision to join this wonderful profession.

2. Nursing Leadership from the Outside In

Edited by Greer Glazer and Joyce Fitzpatrick. New York City, Springer Publishing Company.



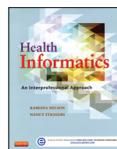
I was extremely impressed with this text. It offers the unique perspectives of multiple U.S. leaders and executives (not all of them with health care backgrounds) who have witnessed nursing leadership in action. Having myself been in various civilian nurse executive positions, in addition to more than 20 years of military officer duty on both the active duty and reserve levels, I can say with some degree of certainty that leadership is not for the meek of heart. It often involves decision making based on limited information or evidence, subjective perception combined with objective data, and limited time for contemplation prior to decision making. It requires effective communication skills, an understanding of how to market new strategies, and the ability to shoulder an element of risk. The most correct decision a leader can make is not always the most popular decision, and vice versa. This text presents the expertise of various mentors whose experience (both good and bad) can be invaluable in building the competency and confidence of today’s potential and actual nurse leaders.

INFORMATION TECHNOLOGY/INFORMATICS

Chosen by Patricia A. Abbott, PhD, RN, FAAN, associate professor, University of Michigan School of Nursing, Ann Arbor.

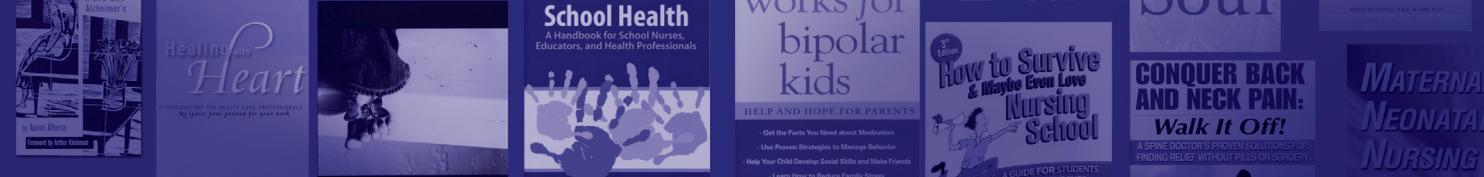
1. Health Informatics: An Interprofessional Approach

By Ramona Nelson and Nancy Staggers. St. Louis, Mosby Elsevier.



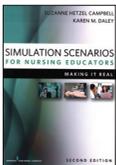
I’ve been an informatics educator for more than 15 years, and one of my largest challenges is finding appropriate reading material for my students. Many of the textbooks have been uneven or hit-or-miss—requiring me to supplement the books with journal articles. When I read this book, I was instantly impressed, and immediately adopted it as my new classroom textbook. What factors impressed me? First, this is an interdisciplinary book, written by professionals from a variety of backgrounds and disciplines. That’s incredibly important in a time of team-based and patient-centered care. The perspectives are not only valuable, but also critical to competent care and the holistic understanding of a very complex health care environment. The second aspect that impressed me was the breadth and depth of the book’s coverage. For once, I felt that I could recommend a book that was good throughout, and while I may still choose to add one or two supplemental journal readings, I am confident in what exists between the front and back covers. Third, the book is contemporary, and deals with many of the complexities that affect informatics practice; it doesn’t focus on informatics in isolation of policies, regulations, and other sociotechnical aspects. All in all, I found this book to be the best I have seen in its class.

- Focuses on the interdisciplinary nature of the informatics practice domain. The coverage of policy implications, regulations, human behavior, and the impact of a multitude of stakeholders on the health care domain is robust.
- Provides material that is both practical and critical. That it is understandable and usable by a variety of educators in the health sciences only widens its appeal.



- Includes excellent chapter reviews and questions that require the application of concepts to answer correctly.

2. Simulation Scenarios for Nursing Educators: Making It Real
By Suzanne Hetzel Campbell and Karen M. Daley. 2nd edition. New York City, Springer Publishing Company.



The second edition of this text is very well done and contributes to the body of knowledge surrounding simulation science. I particularly value this book because it addresses new methods for nursing education that are desperately needed; it offers an abundance of lessons learned, how-tos, and tried-and-true reusable scenarios. While simulation in nursing education is on the upswing, there are still many, many nursing schools that are behind the curve; this book can help, as it excels in clear and straightforward advice and instruction. The structure of each scenario is consistent, which helps with understanding, flow, and ease-of-use in the educational setting. This aspect is particularly valuable for nurse educators who are unfamiliar with, or lack confidence in, applying simulation scenarios in nursing education.

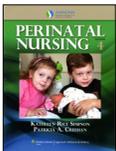
- Creates scenarios with outstanding structure and consistency, making them easier to apply and adapt by others. It provides support for the novice and validation for the experienced.
- Addresses many of the challenges in nursing education in the first few chapters (which are nonscenario based).
- Incorporates complex scenarios with the reality of today's health care environment—this is creative and absolutely necessary.

MATERNAL-CHILD NURSING/CHILDBIRTHING

Chosen by Patricia Robin McCartney, PhD, RNC-OB, FAAN, director of nursing research, MedStar Washington Hospital Center, Washington, DC.

1. Perinatal Nursing

Edited by Kathleen Rice Simpson and Patricia A. Creehan. 4th edition. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.

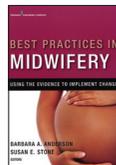


This book is an official publication of the Association of Women's Health, Obstetric and Neonatal Nurses and has been recognized as the go-to resource for practicing perinatal nurses for 20 years. The 4th edition continues to excel with evidence-based practice information, valuable practice tools, and alignment with current professional practice standards. The book is equally useful for the novice and expert perinatal nurse. All perinatal nurses will find value in the chapter on perinatal safety and professional liability. This new edition includes online access to the complete content and images in a searchable, user-friendly format. A generous test bank is provided for specialty examination test preparation.

- Designed for novice-to-expert practicing perinatal nurses; this isn't an introductory student textbook.
- Backed by a 20-year history of success and recognition and the expertise of an esteemed professional nursing organization.
- Provides valuable practice tools supported by evidence and professional practice guidelines.

2. Best Practices in Midwifery: Using the Evidence to Implement Change

Edited by Barbara A. Anderson and Susan E. Stone. New York City, Springer Publishing Company.



This unique book examines the evidence on 15 controversial issues in the care of childbearing women in the United States. It includes topics such as elective induction and cesarean birth, second-stage normal birth, home birth, and postpartum hemorrhage. The editors and authors are nurse faculty and alumni of the Frontier Nursing University, who are donating the royalties from the book to midwifery scholarships at Frontier. The book begins with an introductory chapter on evaluating and using evidence and follows with a chapter on the evidence supporting a midwifery workforce. In each chapter, the authors present the evidence surrounding a controversial issue and a case exemplar and strategies for changing clinical practice. This book is a single, robust source of essential evidence for all clinicians who care for childbearing women.

- Is a comprehensive source of the most important evidence in the care of childbearing women.
- Framed in a midwifery model of practice that defines evidence-based care as a balance of the best scientific evidence, clinician expertise, and patient decision making.
- Focused on important and controversial contemporary issues.

3. Neonatal Skin Care: Evidence-Based Clinical Practice Guideline

By the Association of Women's Health, Obstetric and Neonatal Nurses. 3rd edition. Washington, DC, Association of Women's Health, Obstetric and Neonatal Nurses.



Since 2000, nurses caring for term, preterm, and ill neonates have used this evidence-based clinical practice guideline produced by the Association of Women's Health, Obstetric, and Neonatal Nurses to change practice. This 3rd edition update incorporates the evidence for key issues such as immersion bathing for the newborn's first bath, chlorhexidine gluconate and newborns, and skin assessment for device-related pressure ulcers in neonates. The guideline continues to be a model practice resource with a clear and organized format, practice rationales, and quality of evidence ratings. The book includes information on guideline development, physiologic concepts underlying neonatal skin care, tools for skin assessment, a guide for topical skin care product selection, a laminated quick care guide, and an option for continuing nurse education contact hours.

- Presents a comprehensive clinical practice guideline supported by evidence.
- Is an established tool, recently updated.
- Provides an excellent resource for expert clinicians and nurse leaders.

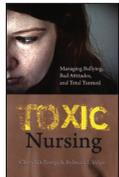


MEDICAL-SURGICAL NURSING

Chosen by Margo A. Halm, PhD, RN, ACNS-BC, FAHA, director of nursing research, Professional Practice and Magnet, Salem Hospital, Salem, OR.

1. Toxic Nursing: Managing Bullying, Bad Attitudes, and Total Turmoil

By Cheryl Dellasega and Rebecca L. Volpe. Indianapolis, IN, Sigma Theta Tau International.



At last, a compelling handbook that exposes bullying is not limited to the ‘eating our young’ phenomenon that still gets lip service in nursing circles. Through the use of powerful vignettes, the authors describe psychological dramas like know-it-all, gossip hounds, cliques and competition, put-down artists, and toxic

leaders; the types that most readers have either experienced or witnessed firsthand at some point in their careers. Nursing leadership experts from both academia and the service side share balanced perspectives on these vignettes, offering various tactics and solutions that both nursing staff and leaders can use to combat toxic scenarios. Helpful reflections and activities challenge readers to analyze the effects of such problems on staff, units, and even patients. It’s an essential primer for nurse leaders and anyone committed to creating and sustaining healthy work environments.

- Presents contemporary vignettes of day-to-day scenarios that nurses face in a variety of practice settings.
- Includes expert commentaries from leaders in various roles. These commentaries help nurses and leaders see the deeper issues involved in bullying scenarios and understand differing perspectives.
- Provides tools and techniques to apply if faced with similar scenarios.

2. Mosby’s Dictionary of Medicine, Nursing and Health Professions

Edited by Marie T. O’Toole. 9th edition. St. Louis, Mosby Elsevier.

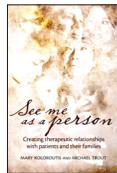


I wish I had this dictionary when I entered nursing school! Finally, a medical and nursing dictionary that entices readers to look up terms. The book is visually engaging, using color photos and diagrams that make definitions come alive. The use of color is eye-catching. Additional information is provided for some terms, such as observations and interventions, indications, contraindications, and adverse effects. The book also includes a color atlas of human anatomy and appendices on topics such as units of measurement, normal reference values, language translation guides, and pharmacology and clinical calculations. It’s a reference must on any nursing station.

- Is organized clearly using eye catching color.
- Promotes understanding of terms with color photos and diagrams—an especially valuable tool for visual learners.
- Provides useful appendices that summarize information on symbols, abbreviations, language translation, pharmacology, and conversion guides.

3. See Me as a Person: Creating Therapeutic Relationships with Patients and Their Families

By Mary Koloroutis and Michael Trout. Minneapolis, MN, Creative Health Care Management.



See Me as a Person beautifully conveys the significance of therapeutic relationships. Relationship-based care is about compassionate connections and being present. Intended for all health care disciplines, this handbook provides clinicians with a roadmap for igniting (or reigniting) the process of human caring. By consciously being attuned to another human being, the therapeutic practices of “wondering,” “following,” and “holding” can unfold, creating a safe haven for patients and families. Practical tools, techniques, and reflections are offered to help clinicians build professional mastery and move beyond obstacles that threaten relationship-based care, namely chaotic care environments, time constraints, patient or family anger, the judging mind, and compassion fatigue.

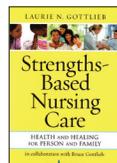
- Provides a description of the caring process and practices: attuning, wondering, following, and holding.
- Focuses on all clinicians (not just nurses) to drive the point home that therapeutic relationships are the heart and soul of all health care.
- Offers practical tools and techniques for self-assessment and practice.

NURSING EDUCATION/CONTINUING EDUCATION

Chosen by Karen H. Morin, DSN, RN, ANEF, FAAN, professor of nursing, director of the PhD program, University of Wisconsin–Milwaukee.

1. Strengths-Based Nursing Care: Health and Healing for Person and Family

By Laurie N. Gottlieb. New York City, Springer Publishing Company.



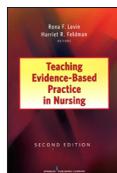
I loved this book! The authors present a new and different paradigm from which to work with patients. It is a paradigm that approaches client issues from an overwhelmingly positive perspective; it calls for consideration of context, and for actively inviting clients to be part of their own care. Moreover, strengths-based

care (SBC) is designed for greatest flexibility, for, as the authors indicate, “SBC is not a prescriptive or a formulaic approach to care.” Clinician experiences are incorporated into the chapters, helping the content come alive for readers. A section describing how SBC is employed in practice is particularly helpful.

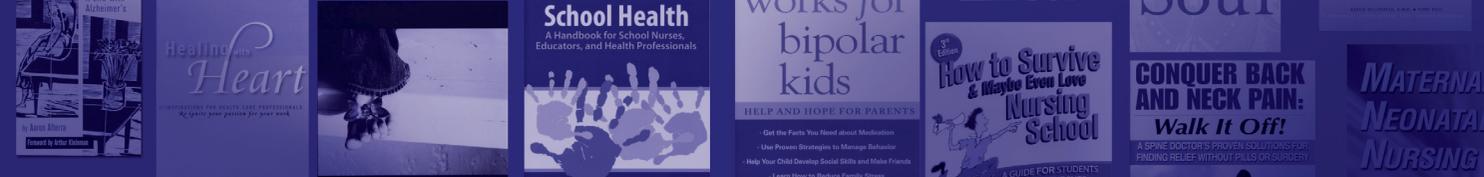
- Focuses on strengths, rather than deficits.
- Builds on a body of evidence to support effectiveness.
- Articulates the values that underpin this approach.

2. Teaching Evidence-Based Practice in Nursing

Edited by Rona F. Levin and Harriet R. Feldman. 2nd edition. New York City, Springer Publishing Company.



This text is a wonderful resource for faculty teaching either undergraduate or graduate students. The second edition includes a discussion of the essential role that mentorship plays in “creating EBP champions and a culture of EBP in both the academic and clinical settings.” Individual chapters are devoted to mentoring

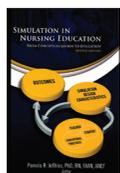


clinical champions, faculty, and preceptors. The authors address the importance of determining faculty preparedness. This is important, as it's an issue that's often overlooked. Instead, it's often assumed that faculty who know how to teach research will know how to teach evidence-based practice. The authors have adopted a user-friendly approach to difficult topics such as statistics, treatment effects, and sensitivity and specificity. Their inclusion of content that is relevant to both education and service administration is timely and highlights the critical need for administrative support in both environments.

- Emphasizes the importance of mentoring faculty, students, and clinicians as a key aspect of teaching.
- Provides explicit learning activities to assist the educator.
- Includes a chapter on conducting a gap analysis that provides sample flowcharts, which can be indispensable for organizations attempting to use evidence to inform practice.

3. Simulation in Nursing Education: From Conceptualization to Evaluation

Edited by Pamela R. Jeffries. 2nd edition. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



I liked this book because, as with the previous edition, it's grounded in theory. Moreover, the authors provide information in a clear, easy-to-understand manner, which is of critical importance to those who are embarking on the simulation journey. The discussion of the development of simulation scenarios is a particular strength of this textbook, as faculty can struggle with this aspect of the process. I found the chapter on debriefing most informative. Lastly, the book provides examples of the integration of simulation strategies and principles with the QSEN competencies. It's a wonderful contribution to the educator's tool kit.

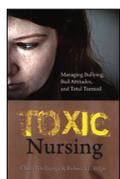
- Provides a new chapter with information on the art of debriefing.
- Includes a new chapter addressing patient safety competencies.
- Offers examples of curriculum integration of simulation.

NURSING MANAGEMENT AND LEADERSHIP

Chosen by Beth Glassford, MSHA, RN, FACHE, field director/consultant, Joint Commission Resources, Oak Brook, IL.

1. Toxic Nursing: Managing Bullying, Bad Attitudes, and Total Turmoil

By Cheryl Dellasega and Rebecca L. Volpe. Indianapolis, IN, Sigma Theta Tau International.



Nurse managers face the difficult task of dealing with many human and interpersonal situations within their nursing unit staff. These managers are often expert clinicians with little training in dealing with tough interpersonal issues. This book provides excellent vignettes and expert commentary on addressing complex staff problems. It enables nurse managers to look at

toxic situations from several different vantage points, allowing them to choose how best to practically apply solutions. It's organized into clearly divided chapters that lend themselves to providing future easy reference as situations occur within a unit. The impact of an unhealthy work environment

on the patient is an important consideration for nurse managers looking to improve patient and family satisfaction. This book focuses on improving the work environment in a practical, thoughtful manner.

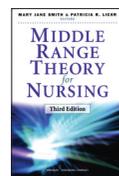
- Presents vignettes that are applicable to any setting within nursing.
- Provides an easy reference for new and long-term nurse managers experiencing various kinds of staff conflicts.
- Promotes reflective thinking that challenges nurse managers to think beyond the situations described in the vignettes and the expert responses.

NURSING RESEARCH

Chosen by Barbara J. Holtzclaw, PhD, RN, FAAN, associate dean for research, College of Nursing, University of Oklahoma Health Sciences Center, Oklahoma City.

1. Middle Range Theory for Nursing

Edited by Mary Jane Smith and Patricia R. Liehr. 3rd edition. New York City, Springer Publishing Company.

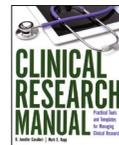


When teaching PhD students, I seek texts and published works that bring the relationship of theory and research to life, not only as an after-the-fact product of inquiry, but also as a driving force in stimulating further research. Middle range theory occupies an important role in stimulating this search for answers but is often a difficult concept for new scholars to grasp. This text offers outstanding exemplars and excellent explanations to guide scholars in the substruction of different levels of abstraction and provides a rationale for why they should care about them. I am currently teaching a small group of six nursing honor students and have found material in this book that has relevance for them as well.

- Provides a clear message and is well organized.
- Has an exemplary list of authors with recognized areas of conceptual and applied expertise.
- Provides helpful frames of reference for teaching and learning the principles of middle range theory that are easily related to the examples presented.

2. Clinical Research Manual: Practical Tools and Templates for Managing Clinical Research

By R. Jennifer Cavaliere and Mark E. Rupp. Indianapolis, IN, Sigma Theta Tau International.



This is truly a "user's manual," an easy-to-use paperback that provides a comprehensive guide to managing research projects (funded or not). It includes tips for navigating the clinical infrastructure as well as the forms and regulations of the institutional review board. It informs readers about the reality of research practice in someone else's environment. It contains several helpful record-keeping ideas with templates so readers can create their own. This is a much-needed handbook for all research team leaders and managers.

- Useful for researchers, research deans or directors, project managers or coordinators, and graduate students entering the clinical setting for a research project.
- Provides reality-based examples.
- Excellent format. It's not too lengthy and can be used as a handbook. It's not too short, containing complete explanations.



3. Essentials of Nursing Research: Appraising Evidence for Nursing Practice

By Denise F. Polit and Cheryl Tatano Beck. 8th edition. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



I was seeking a book like this—one that combines the rigor and accuracy of research information with the application of evidenced-based practice perspectives. In teaching both PhD and DNP students, often in combined courses, this text offers a bridge. It provides the underpinnings that explain the scientific and statistical rationales for research as well as the clinical links for students in traditional academic doctoral programs facing realistic practice considerations. This text would be equally valuable for NP programs and upper-level undergraduates.

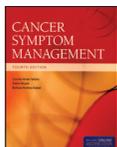
- Provides both clarity and practicality.
- Is well written.
- Addresses evidence-based links, while not neglecting qualitative, ethical, and construction topics.

PALLIATIVE CARE AND HOSPICE

Chosen by Betty Ferrell, PhD, FAAN, FPCN, professor, City of Hope Medical Center, Duarte, CA.

1. Cancer Symptom Management

By Connie Henke Yarbro, Debra Wujcik, and Barbara Holmes Gobel. 4th edition. Burlington, MA, Jones and Bartlett Learning.

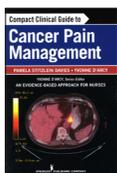


This is an excellent text with comprehensive, evidence-based content. It covers a broad spectrum of both disease- and treatment-related symptoms.

- Offers comprehensive information covering a broad range of symptoms.
- Covers assessment and patient teaching.
- Includes pharmacologic as well as nonmedication-based approaches.

2. Compact Clinical Guide to Cancer Pain Management: An Evidence-Based Approach for Nurses

By Pamela Stitzlein Davies and Yvonne D'Arcy. New York City, Springer Publishing Company.

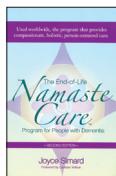


This is an excellent resource. It's a strong, evidence-based text with very comprehensive content. It includes important information on new technologies and treatments as well as an excellent pharmacology section. It provides unique content not generally found in other books of this type.

- Focuses strongly on the role of nursing.
- Provides an excellent section on palliative and end-of-life care.
- Offers solid information on the physical and psychosocial aspects of cancer pain management.

3. The End-of-Life Namaste Care Program for People with Dementia

By Joyce Simard. 2nd edition. Baltimore, MD, Health Professions Plus.



This is a very well-written book addressing the ever-growing concerns of caring for patients with dementia. It shares valuable lessons about the care of patients and families through a model program.

- Includes holistic content.
- Is an exceptional resource for real suggestions about improving care.
- Addresses care across disciplines and quality-of-life domains.

PROFESSIONAL ISSUES

Chosen by Nancy Spector, PhD, RN, director, Regulatory Innovations at the National Council of State Boards of Nursing, Chicago.

1. Creating and Sustaining Civility in Nursing Education

By Cynthia Clark. Indianapolis, IN, Sigma Theta Tau International.

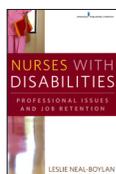


This book immediately entices the reader with stories that are beautifully threaded throughout the research as well as other evidence that supports civility in nursing. The author integrates great teaching ideas and creative exercises. Tips on creating civility in the classroom are included throughout the book. Faculty, novice, and very seasoned nurses will find this book answers an important question—how to promote civility among faculty and students. Indeed, faculty will likely learn a lot about themselves.

- Provides an excellent mix of anecdotes, teaching strategies, and creative exercises.
- Emphasizes research in every recommendation.
- Written by an author with a strong research background in this area.

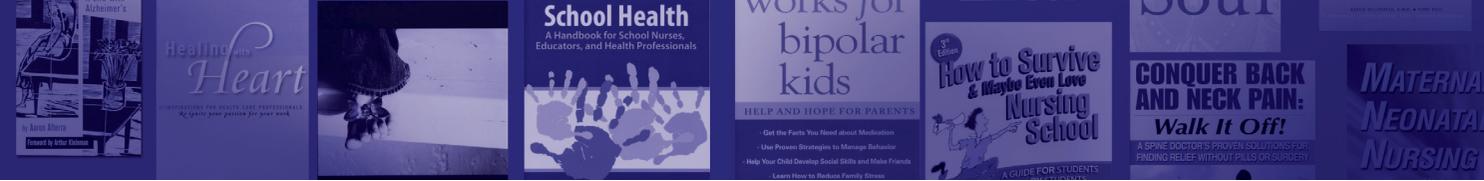
2. Nurses with Disabilities: Professional Issues and Job Retention

By Leslie Neal-Boylan. New York City, Springer Publishing Company.



The purpose of this book is to inform readers about the experiences of nurses with disabilities and to suggest ways to retain them in the nursing workforce. Each chapter begins with an actual case of a nurse's experience, provides narratives from qualitative interviews, and ends with potential solutions. A chapter on patient safety states that there is no published record to date of any nurse jeopardizing patients because of a physical or sensory deficiency. Although not the primary focus, the topic of students with disabilities is also discussed.

- Fills a significant gap in the literature on this topic.
- Based on evidence from the author's own research findings.
- Written by an author who has focused on research of the nursing workforce.

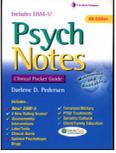


PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Donna Rolin-Kenny, PhD, APRN, PMHCNS-BC, assistant professor, University of Texas at Austin School of Nursing.

1. PsychNotes: Clinical Pocket Guide

By Darlene D. Pedersen. 4th edition. Philadelphia, PA, Davis Company.

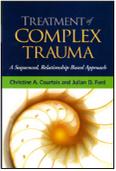


This small, well-organized book is the most clinically useful and complete resource that I use in my practice—and I use it often! Its early incorporation of Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) content is invaluable. Diagnostic criteria and psychotropic medication layouts are exceptional, and make complex clinical work a bit easier.

- Provides an exceptional layout of psychotropic drugs and their implications.
- Describes a concise, yet not simplistic, workflow.
- Incorporates criteria from the DSM-5.

2. Treatment of Complex Trauma: A Sequenced, Relationship-Based Approach

By Christine A. Courtois and Julian D. Ford. New York City, The Guilford Press.



The therapist's need for self-knowledge cannot be overemphasized. This book provides a concrete organizational structure to the process of addressing a serious therapeutic concern. Life-span background provides invaluable perspective. Alliance development isn't an easy process, but it's clearly explained here.

- Establishes a concrete treatment structure.
- Written by practicing clinicians.
- Focuses on interpersonal and developmental issues.

PUBLIC INTEREST AND CREATIVE WORKS

Chosen by Madeleine Mysko, MA, RN, Baltimore, MD, contributing editor, *American Journal of Nursing*.

1. The American Nurse

Photographs and interviews by Carolyn Jones. New York City, Welcome Books.



It's a given that you don't determine the worth of a book by its heft—or by the quality of its printing, or its gorgeous cover, or even by the feel of its paper between your fingers. Nevertheless, *The American Nurse* is a hefty (one foot square), beautiful book I knew I would want to own before I opened it. On the cover is a photograph of a nurse and patient, both smiling, the hand of the nurse drawing the patient close. The photograph captures perfectly the generosity of the project inside—75 intimate photographs of nurses, accompanied by both formal biographies and personal stories. Carolyn Jones is an award-winning photographer and filmmaker, and it should come as no surprise that the photographs are stunning. But this book is just as important for the 75 meticulously edited career stories within its pages. Jones traveled across the country to photograph nurses at work in a broad range of settings—from urban trauma centers to rural Appalachia, from hospice centers to penitentiaries, from

classrooms to nursing homes to Indian reservations, to mobile “mom and baby” units in post-Katrina New Orleans.

- Artistic excellence. Beautiful photographs. This is a coffee-table book of high quality.
- Wide reaching. The photographer addresses the many different paths that can be taken within a career in nursing, the diverse communities across America that nurses serve, and the challenges of health care in America.
- Wonderfully edited. It takes a very good editor to transpose 75 interviews into narratives that are concise and readable, without removing the warmth, personality, and visions that are particular to each person.

2. Where Night Is Day: The World of the ICU

By James Kelly. Ithaca, NY, ILR Press, an Imprint of Cornell University Press.



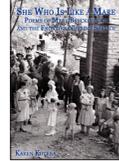
At first glance, it may seem that James Kelly's hour-by-hour, shift-by-shift reflection on the ICU isn't intended for the general public at all, but only for those who can keep up with all the scientific terminology and the hospital lingo, for those who will not be put off by accurate descriptions of human bodies in extreme distress—that is, for those who are physicians and nurses. But once an uninitiated reader has stepped into the ICU of this book, I believe it will be only a moment before that reader knows it's going to be all right.

In the ICU of this book, the author is a kindly guide in a foreign place, one who interprets when necessary, but is more intent on taking you by the hand and encouraging you to pay close attention to the actual denizens of the ICU—those who are close to death, those whose job it is to care for them, and the family members who helplessly stand by—because that's the only way you can even begin to understand. The writing is clear-eyed and honest, sensitive but not sentimental or sensational; it's often beautiful. Importantly, the author is humble in the face of his own yearning to come to terms with it all.

- Beautifully written.
- Reflects on the meaning of suffering, empathy, and care with humility and intelligence.
- More than a personal memoir by an ICU nurse. The author is well read, and provides excellent notes to enable an interested reader to follow his lead.

3. She Who Is Like a Mare: Poems of Mary Breckinridge and the Frontier Nursing Service

By Karen Kotrba. Huron, OH, Bottom Dog Press.



I couldn't put this book down; that's how strikingly the various voices speak to each other across the page, and how like a single narrative the monologues become. Others have written with authority about the Frontier Nursing Service and its place in both American and nursing history. Karen Kotrba has obviously done this requisite research, but she has shaped her material imaginatively. The result is that her monologues take us straight into the mountains of eastern Kentucky after World War I. “Women. Horses. Babies. Mountains.” These were the “romantic” themes that first attracted Kotrba to her subject. Apparently, once the creative process began, those



nurse midwives began to speak for themselves. A reader forgets that Kotrba is behind it all. It's as though she merely transcribed telling scraps of correspondence and conversations somehow recorded long ago on the wooded trail—or in the stables where Tramp, Remus, Raven, and Baldy Dude are waiting for the call. I can picture these monologues being performed on stage and I'm hoping some creative person decides to invest in such a project one day.

- Well crafted, powerful poems.
- Unique voice. The author tells the story of Mary Breckenridge and the Frontier Nursing Service in a way that adds to the literature on this important figure in American history and the history of nursing.
- Well researched. The book captures not only the lives of Mary Breckenridge and the nurse midwives but also the struggles of the region at a particular time in American history. ▼