

BOOK of the YEAR AWARDS 2014



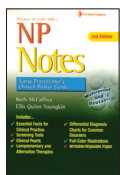
The most valuable texts of 2014, as chosen by AJN's panel of judges.

ADULT PRIMARY CARE

Chosen by Mary Anne Dumas, PhD, RN, FNP-BC, GNP-BC, FAANP, FNAP, FAAN, nurse practitioner, primary care, Veterans Administration Medical Center, Northport, NY, and professor emeritus, Stony Brook University School of Nursing, Stony Brook, NY.

1. NP Notes: Nurse Practitioner's Clinical Pocket Guide

By Ruth McCaffrey and Ellis Quinn Youngkin. 2nd edition. Philadelphia, F.A. Davis Company.



NP Notes is spiral bound and its pages are waterproof, preventing damage from spills and giving it a longer life. Topics are indexed by color and covered clearly and comprehensively. For example, a section on the physical assessment of each body system uses bullets and tables for easy reading. It provides information on patient screening, differential diagnoses, laboratory tests, prescription and over-the-counter medications, and complementary medicine. It also addresses physical assessment of patients, including photographs of appropriate maneuvers, and provides tools for billing and coding, such as medical and disease abbreviations. These attributes make *NP Notes* a great clinical tool that will be an asset to NPs and NP students alike.

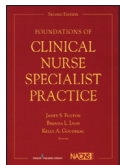
- Sized conveniently: small and fits easily in a lab-coat pocket.
- Provides excellent content, well organized, visually pleasing.
- Is valuable for use in clinical practice.

ADVANCED PRACTICE NURSING

Chosen by Margo A. Halm, PhD, RN, ACNS-BC, director of nursing research, Professional Practice and Magnet, Salem Health, Salem, OR.

1. Foundations of Clinical Nurse Specialist Practice

Edited by Janet S. Fulton, Brenda L. Lyon, and Kelly A. Goudreau. 2nd edition. New York City, Springer Publishing Company.



Foundations of Clinical Nurse Specialist Practice is an impressive collection covering the history and evolution of the clinical nurse specialist (CNS) role. Highly experienced contributors address critical aspects of practice, such as designing and evaluating interventions; promoting innovation and change through theory, leadership, and evidence-based practice; and culture creation for quality and safety. It uses a stories-from-the-field approach to present examples of unique issues faced in CNS practice today, highlighting the experiences of professionals working in hospital, private, consulting, and business practices. Ten exemplars showcase CNSs in action in various specialties, including pediatrics, oncology, and rehabilitation.

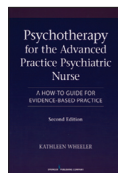
This second edition hits the mark on trends currently affecting CNS practice, with a new focus on primary and transitional care, accountable care organizations, project management, and program evaluation. In addition, this edition has increased emphasis on CNS outcomes and the prevention of

complications. Each chapter provides interesting discussion questions, analysis and synthesis exercises, clinical applications, and resources for deeper learning. It's a true primer for both novice and seasoned CNSs, as well as for educators and nurse executives.

- Provides expanded coverage of current and emerging health care trends that affect the CNS role and practice.
- Offers comprehensive coverage that includes the evolution of the CNS role, real-life examples of CNSs in action, and issues that affect the business of CNS practice.
- Focuses on nursing interventions and the promotion of innovation, as well as how CNSs can address the health needs of individuals, families, and communities.

2. Psychotherapy for the Advanced Practice Psychiatric Nurse: A How-To Guide for Evidence-Based Practice

Edited by Kathleen Wheeler. 2nd edition. New York City, Springer Publishing Company.



Kathleen Wheeler has compiled a tremendous resource for advanced practice psychiatric nurses, educators, and mental health and psychiatric clinical nurses in both acute and long-term care settings. The first three parts of this book present content that is critical to clinical psychiatric practice. The book provides tools

for educators to help nonpsychiatric nurses gain an overview of all aspects of psychiatric nursing. It defines and describes various therapeutic tools, providing context to the outpatient experience. Likewise, the lessons included may enable long-term care clinical nurses to practice with a better understanding of a therapist's goals. As a result, barriers can be broken down between clinical nursing care and hospital-based psychotherapy. Finally, appendices present an assortment of helpful examples, organizers, metrics, auditing tools, and flow sheets.

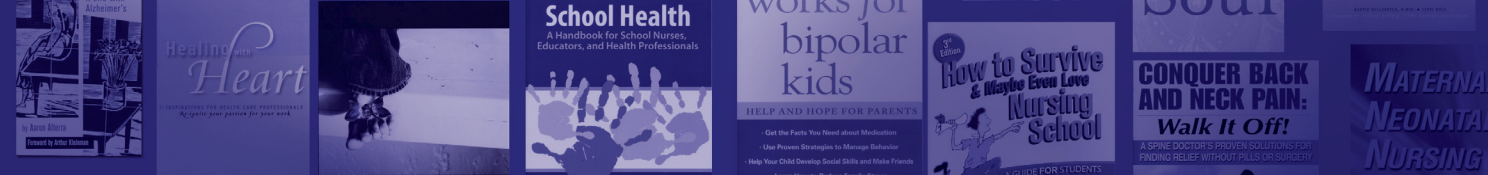
- Provides a comprehensive compendium of knowledge with wide applicability to clinical practice across the continuum of care.
- Includes contributions from clinical experts, scholars, and nurse scientists in the field of psychiatric nursing.
- Includes appendices with a wide assortment of tools for use in clinical practice.

3. Family Practice Guidelines

Edited by Jill C. Cash and Cheryl A. Glass. 3rd edition. New York City, Springer Publishing Company.



Family Practice Guidelines stands out because of its unique and simple format. Concise and easy to use, the book is a comprehensive and detailed resource. It includes national practice guidelines for health maintenance as well as systems approaches to addressing more than 250 disorders. In addition, the authors outline 19 common office procedures, which range from tick removal to



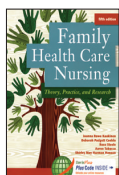
the clock-draw test. They also provide an extensive patient teaching guide that includes reproducible forms. This book will make a great addition to the library of any advanced practice clinician who manages primary care patients.

- Offers comprehensive information in an easy-to-use format.
- Includes numerous national practice guidelines, common office procedures, and patient teaching guides.

CHILD HEALTH

Chosen by Janice Selekman, DNSc, RN, NCSN, FNASN, professor, University of Delaware, Newark, DE.

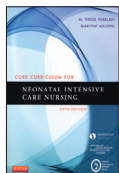
- 1. Family Health Care Nursing: Theory, Practice, and Research**
By Joanna Rowe Kaakinen, Deborah Padgett Coehlo, Rose Steele, Aaron Tabacco, and Shirley May Harmon Hanson. 5th edition. Philadelphia, PA: Davis Company.



This comprehensive text is written for all specialties and levels within the nursing profession. It focuses on theory-guided, evidence-based practice related to care of families throughout the life cycle. There is a focus on family health as well as guidance when working with families experiencing chronic conditions, trauma, genomic issues, and end-of-life issues. Multiple tools and theories are presented without bias. It's written by and for nurses and supports the practice of nurses working in partnership with families. While having a theoretical base, the information it provides is practical and supported by multiple examples of application. A previous winner of the AJN Book of the Year Award, this book now contains updated information on demographics and laws in both the United States and Canada.

- Addresses the issues comprehensively, without bias toward any particular theory or approach.
- Provides an up-to-date resource with current topics and references.
- Includes multiple useful tools and examples.

- 2. Core Curriculum for Neonatal Intensive Care Nursing**
Edited by M. Terese Verklan and Marlene Walden. 5th edition. St. Louis, Saunders Elsevier.

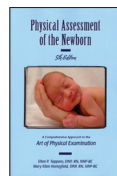


This text is an excellent clinical resource for the comprehensive management of the sick neonate. Written in outline format, it serves as an easy reference for the assessment and management of all facets of the neonatal ICU patient and family. The curriculum was created by a collaboration of three nursing specialty associations: the Association of Women's Health, Obstetric and Neonatal Nurses; the National Association of Neonatal Nurses; and the American Association of Critical-Care Nurses. References have been updated to reflect evidence-based practice. The content also addresses neonatal research as well as ethical and legal issues.

- Provides comprehensive content that goes beyond the systems approach and includes the family, antepartum issues, research on the neonate, and legal and ethical issues.
- Is very current, including many references from 2012 and 2013.
- Is organized efficiently, with easy-to-find content and specific information on skills.

- 3. Physical Assessment of the Newborn: A Comprehensive Approach to the Art of Physical Examination**

By Ellen P. Tappero and Mary Ellen Honeyfield. 5th edition. Petaluma, CA, NICU Ink Book Publishers.



The fifth edition of this text is an excellent resource for both novice and expert nurses who are responsible for the physical assessment of newborns. Each chapter provides specific instructions for each component of the assessment process. Using a systems framework, chapters include helpful pictures, tools, and charts, as well as descriptions of normal and abnormal findings.

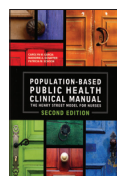
- Incorporates excellent color pictures to guide practice.
- Provides helpful information that describes and explains the implications of specific abnormal findings.
- Uses updated references.

COMMUNITY-PUBLIC HEALTH

Chosen by Caroline Dorsen, PhD, FNP-BC, coordinator, Family Nurse Practitioner Program, New York University College of Nursing, New York City, and Kathryn Tierney, MSN, APRN-BC, FNP, nurse practitioner, Middlesex Multispecialty Group, Division of Endocrinology, Middletown, CT.

- 1. Population-Based Public Health Clinical Manual: The Henry Street Model for Nurses**

By Carolyn M. Garcia, Marjorie A. Schaffer, and Patricia M. Schoon. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.

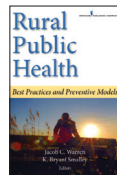


Population-Based Public Health Clinical Manual is a well-written, well-organized primer on public health nursing. Diagrams and case studies reflect the many ways nurses can affect public health. Public health nursing is a complicated field with many interlocking layers; the authors simplify those layers and show how to move intention into action. They provide concrete examples of how to translate public health policy and theory into day-to-day work with individuals and communities.

- Provides concrete examples of how to become a public health nurse.
- Presents complicated topics in a clear, easy-to-understand manner.
- Addresses multiple ways to enter and affect public health nursing and offers frameworks for thinking outside the box.

- 2. Rural Public Health: Best Practices and Preventive Models**

Edited by Jacob C. Warren and K. Bryant Smalley. New York City, Springer Publishing Company.



As the reduction of health disparities is currently a priority in the United States, there is an increased need for references that investigate the complexities of specific underserved populations. This thorough, articulate, and evidence-based book explores the health needs of residents of rural America. It begins by addressing the definition of "rural" today, then addresses issues including access to care, ethics, workforce challenges, and the presentation and treatment of individual health issues in the rural context.

- Uses a comprehensive approach to describing both the health needs of rural Americans and the challenges providers face in preventing and treating these specific issues.



- Incorporates public health theory, up-to-date evidence, and tenets of cultural competency to improving the care of rural Americans.
- Fills a necessary gap in the literature regarding the care of patients in the rural context.

CONSUMER HEALTH

Chosen by Mary K. Walton, MSN, MBE, RN, director, Patient and Family Centered Care, and nurse ethicist, Hospital of the University of Pennsylvania, Philadelphia.

1. **This Should Not Be Happening: Young Adults with Cancer** By Anne Katz. Pittsburg, PA, Hygeia Media, an imprint of the Oncology Nursing Society.

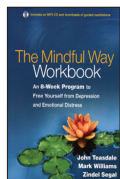


Cancer is a formidable diagnosis no matter at what age it is received. But it is a unique challenge for young adults, as aptly described by nurse-author Anne Katz. Katz's goal is to answer the question "What do young adults with cancer need to live full lives?" and she offers sage advice for her readers. Section headings are framed in three categories: "Being Sick," "Being a Person," and "Being an Adult." Her answers are deftly woven, combining insight from research, her own clinical experience, and, most effectively, the voices of young adults with cancer whom Katz has interviewed. (The interviewees' stories are included in the appendix.) The writing is sensitive and insightful—the voice of a wise and caring nurse–friend offering guidance and support through the challenge of creating a new life after a cancer diagnosis.

- Addresses the unique issues that complicate a cancer diagnosis for a young adult, with narrative vignettes that highlight these concerns and offer examples of how patients personally navigated these issues.
- Presents content in a clear, easy-to-follow format, while simultaneously providing in-depth coverage. Callouts and tables highlight and reinforce specific areas, while supporting evidence and references in each chapter enable interested readers to explore topics more deeply.
- Deals with sensitive topics thoroughly and validates readers' real concerns about cancer treatment—while simultaneously offering the proviso that people with cancer should have the information they want and need no matter the discomfort it may produce in the health care provider.

2. **The Mindful Way Workbook: An 8-Week Program to Free Yourself from Depression and Emotional Distress**

By John Teasdale, Mark Williams, and Zindel Segal. New York City, The Guilford Press.



Feel as if you are always running from one responsibility or task to another without a moment to reflect on what you are actually doing and how you are feeling? If and when you do find a moment, do you feel sad or self-critical? Do you tend to overthink, ruminate, or worry too much about some things while also suppressing or avoiding others? Have you ever experienced depression? If so, this workbook offers a structured program to teach skills that can enable you to cultivate a radically different way of working with your thoughts. If you are willing to commit an hour a day, six days a week, for the length of this eight-week program, this workbook offers all you need: informative

content, prompts for reflection, exercises for skill building, worksheets, and an MP3 CD with meditations. The understanding and skills acquired with mindfulness-based cognitive therapy will enable you to bring kind and interested attention to your life experiences rather than thinking analytically, negatively, and self-critically about these same experiences.

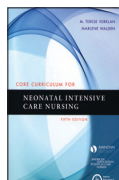
- Offers structure, prompts reflection, and provides sources of insight—all necessary elements to promote transformation.
- Explains how we mentally respond to problems by "doing" or "being." The authors describe how what you do informs how you feel and, moreover, that you can change how you feel by changing what you do.
- Describes a three-minute breathing space that, according to the authors, is the single most important practice in this program.

CRITICAL CARE–EMERGENCY NURSING

Chosen by Rosemary K. Lee, DNP, ARNP, ACNP-BC, CCNS, CCRN, clinical nurse specialist, Homestead Hospital, Homestead, FL.

1. **Core Curriculum for Neonatal Intensive Care Nursing**

Edited by M. Terese Verklan and Marlene Walden. 5th edition. St. Louis, Saunders Elsevier.

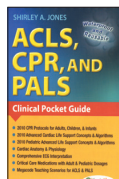


This extremely in-depth, evidence-based text addresses the needs of a complex patient population. The curriculum is the result of a collaboration between three highly esteemed organizations: the Association of Women's Health, Obstetrics and Neonatal Nurses; the American Association of Critical-Care Nurses; and the National Association of Neonatal Nurses. The book covers it all—from preconception to helping families deal with grief and loss. Physiology and pathophysiology sections are extensive and well presented with an emphasis on nursing management. This curriculum sets the standard for nurses caring for the neonatal population.

- Includes an extremely well-written, evidence-based chapter on pain assessment and management that includes information on both pharmacologic and nonpharmacologic interventions. Pain scales appropriate for the neonate are also presented.
- Provides succinct, easy-to-read and interpret tables that are great reference tools.
- Addresses this population with a thoroughness, depth, and breadth that make this curriculum a must-have for any nurse working with neonates.

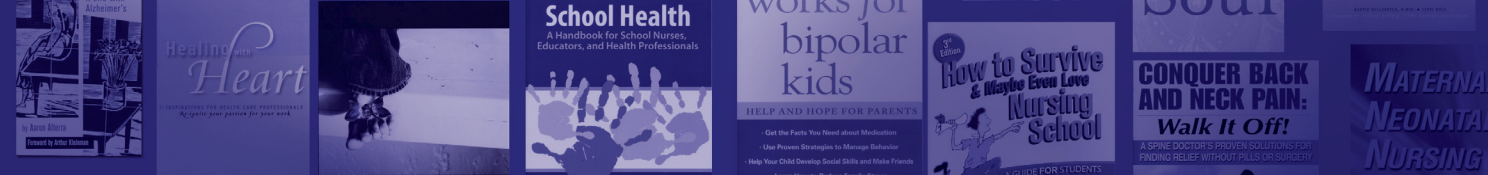
2. **ACLS, CPR, and PALS Clinical Pocket Guide**

By Shirley A. Jones. Philadelphia, F.A. Davis Company.



This book is an excellent pocket guide for novice ICU nurses and clinical nurses who don't frequently use basic or advanced life support skills. It easily fits into a lab-coat pocket and the tabs make it easy to access information.

- Provides valuable information in highlighted clinical tips.
- Formatted to be easily used while on the run.



ELECTRONIC MEDIA

Deborah R. Bambini, PhD, WHNP-BC, CNE, CHSE, associate professor, Kirkhof College of Nursing, Grand Valley State University, Grand Rapids, MI, the judge for this category, selected no winners this year.

ENVIRONMENTAL HEALTH

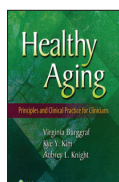
Karen A. Ballard, MA, RN, FAAN, executive director, American Nurses Association–New York, Albany, the judge for this category, selected no winners this year.

GERONTOLOGIC NURSING

Chosen by Carla Graf, PhD, RN, GCNS-BC, transitions of care manager, Delivery System Reform Program, Innovations in Population Health, University of California, San Francisco, Medical Center.

1. Healthy Aging: Principles and Clinical Practice for Clinicians

By Virginia Burggraf, Kye Y. Kim, and Aubrey L. Knight. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



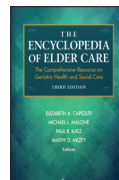
Providing expert care for older adults across multiple settings can be challenging. We must be prepared to care for older adults who are both acutely and chronically ill, and to ensure that our care is evidence based. This outstanding text addresses both the physical and psychosocial issues faced by older adults. It includes a comprehensive chapter on “Healthy People 2020” and the specific objectives for prevention of chronic illness and maintenance of quality of life and wellness for older adults.

Core chapters on organ systems provide a thorough, concise review of the major diseases and disorders affecting these systems, and include common presentation of illness, screening, testing recommendations, and treatment therapies. I especially appreciated the comprehensive chapter on medication safety, which includes a review of medication adherence and health literacy issues and addresses the significant adverse effects (such as falls and delirium) of commonly prescribed medications for older adults. Chapters on psychiatric assessment and diagnostic evaluation provide a thorough review of the major psychiatric illnesses facing older adults. This text is unique in that it presents a significant amount of information in a succinct style that is easy to read and leaves the reader eager for more. The references and resources are outstanding and include video resources.

- Provides a comprehensive source of information on caring for older adults with acute and chronic illnesses, presented in a user-friendly style, and written by practicing clinicians.
- Includes outstanding resources and references in a variety of modes, including Web sites, PDF documents, e-books, and videos.
- Offers information that can be used across settings and by multidisciplinary, as a course text or a reference book.

2. The Encyclopedia of Elder Care: The Comprehensive Resource on Geriatric Health and Social Care

Edited by Elizabeth A. Capezuti, Michael L. Malone, Paul R. Katz, and Mathy D. Mezey. 3rd edition. New York City, Springer Publishing Company.

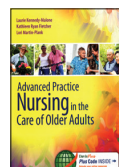


If you are looking for a comprehensive but user-friendly guide to all things elder, the third edition of *The Encyclopedia of Elder Care* is it. This is an outstanding and comprehensive text on the critical components of caring for older adults and a perfect reference guide for all disciplines who may want a brief, evidence-based source of information with pertinent references (both written and Web based) included for more in-depth topic research. I appreciate that many sections also refer the reader to related topics; for example, the entry for advanced practice nursing also suggests reviewing interdisciplinary teams. The list of contributors and reviewers is a who's who of experts in aging across disciplines. The range of entries is exhaustive and covers aging issues from disease states to ombudsman programs. This is an indispensable reference for all settings where older adults receive care and is appropriate for specialists and nonspecialists alike.

- Provides a comprehensive overview, covering 274 aging-related topics. Entries are arranged alphabetically, and references to related topics are provided for readers who want to learn more.
- Is appropriate for all disciplines, students, and staff working in elder care settings.
- Written by recognized experts on aging who work as providers, educators, and researchers.

3. Advanced Practice Nursing in the Care of Older Adults

By Laurie Kennedy-Malone, Kathleen Ryan Fletcher, and Lori Martin-Plank. Philadelphia, F.A. Davis Company.



The “silver tsunami” is surely upon us! Who will provide expert, evidence-based care to the ever-increasing population of older adults who are often both acutely and chronically ill? Advanced practice nurses (APNs) in gerontology are perfectly positioned to do this work. This comprehensive text fills several roles. It's a nursing text, a reference and resource for practicing APNs, and a study guide for certification exams. I enthusiastically recommend it as a basic text in adult and gerontology APN programs; case studies and questions at the end of each chapter reinforce key concepts and stimulate critical thinking and discussion.

The book begins by addressing healthy aging and health promotion, and argues for using the geriatric-specific framework developed by the U.S. Preventive Services Task Force geriatric workgroup. Unit II focuses on systems assessments and contains a unique chapter on symptoms and syndromes, highlighting more than 20 common symptoms in older adults and providing diagnostic recommendations for workup and management. Unit III contains comprehensive chapters on treating disorders following a systematic framework for presenting the information. Unit IV closes with chapters that address complex illness and the APN's role in the management of chronic illness.

- Uses case studies and discussion questions in each chapter to stimulate critical thinking and review important content.



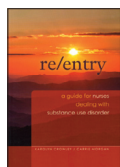
- Includes Strength of Recommendation Taxonomy (SORT), an approach to grading evidence in medical literature, in each chapter. SORT tables highlight the clinical recommendation, the evidence rating, and the associated references.
- Provides helpful, concise appendices that include quick references for managing dyspnea, persistent pain, laboratory values, and the physiologic influence of the aging process.

HISTORY AND PUBLIC POLICY

Chosen by Katheren Koehn, MA, RN, executive director, Minnesota Organization of Registered Nurses, Minneapolis.

1. Re-Entry: A Guide for Nurses Dealing with Substance Use Disorder

By Karolyn Crowley and Carrie Morgan. Indianapolis, IN, Sigma Theta Tau International.



Substance use disorder is an under-told story in nursing and one we don't like to acknowledge, even though one in 10 nurses will experience it at some point in her or his career. The consequences can be severe and isolating, and can include loss of job, income, and friends and family. Many state boards of nursing have non-

punitive programs for nurses in recovery, but the stakes are high for all nurses experiencing this disorder.

In the book, authors Crowley and Morgan frame substance use disorder as a chronic illness. They lay out a framework for sobriety and recovery that seems practical and useful, with “tips” and “cautions” in every chapter. Their stated goal of “decreasing harmful prejudice and increasing a restorative culture” seems achievable as they walk the reader through the chapters that clearly delineate each stage of the disease—from “The Bottom Dropped Out” to “An Overview of Addiction and Recovery.” The book lists treatment options; discusses how to achieve recovery and keep it; addresses returning to work; and reviews how to tell family, friends, and coworkers. Each chapter includes poignant stories that illustrate the topic being covered—stories of nurses who could be you, or me, or any of our coworkers.

Later chapters include information and advice for coworkers, managers, and monitors. For example, there are practical and helpful tips on how to confront a nurse with substance use infractions, including what to say and how to say it. One of the final chapters, “Leadership and a Culture for Recovery,” discusses how a healthy, civil workplace is important in changing the attitude toward nurses with substance use disorder.

- Offers a hopeful perspective on a topic that is often discussed with frustration. Uses practical language, removing the shame that nurses with substance use disorders so often feel.
- Organized clearly and practically. The personal stories made me realize that those nurses could have been my coworkers or even me. If this was the case, this is the book I would turn to.
- Provides practical advice. As someone who has helped to write policies on addressing substance abuse in the workplace, I would have liked to have had this book on my bookshelf.

2. Inspired to Change: Improving Patient Care One Story at a Time

Edited by Linda R. Larin. Chicago, Health Administration Press.



“Patient-centered care” is one of the most popular terms used to describe one of the essential aspects of an improved health care system. But, what does patient-centered care really mean? How would we know if we achieved it? As nurses, we believe that in our role as advocates we become partners with our patients.

But, do we really?

Inspired to Change, edited by a hospital administrator, frames the need for patient-centered care within personal narratives, stories that have the power to change practices, beliefs, and systems. Each chapter includes personal stories written by members of the health care team, patients, and their families. The stories are poignantly told and crisply edited. The interdisciplinary team in these stories is widened to include everyone who may interact with that patient and family—including the housekeeper, the parking attendant, and the hospital administrator—everyone who might have the chance to make a difference to the patient or his family. There are times when the stories tell of successful instances of patient-centered care and others when the team falls far short of the mark. Yet, each of these stories can prompt every one of us to create true patient-centered care wherever we are.

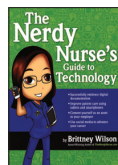
- Each chapter includes an introduction to the concept being covered, stories told from a variety of perspectives, lessons learned, recommended readings, and resources. Chapters can be read sequentially or in random order.
- This book reminds us that others—from hospital administrators to every possible member of the patient's team—care deeply about the same issues we care about. Within nursing, we tend to “talk among ourselves.” If we are truly interested in creating lasting change, our conversations need to be widened to include everyone concerned with the patient.

INFORMATION TECHNOLOGY/SOCIAL MEDIA

Chosen by Peggy L. Chinn, PhD, RN, FAAN, professor emerita, University of Connecticut School of Nursing, Storrs, CT.

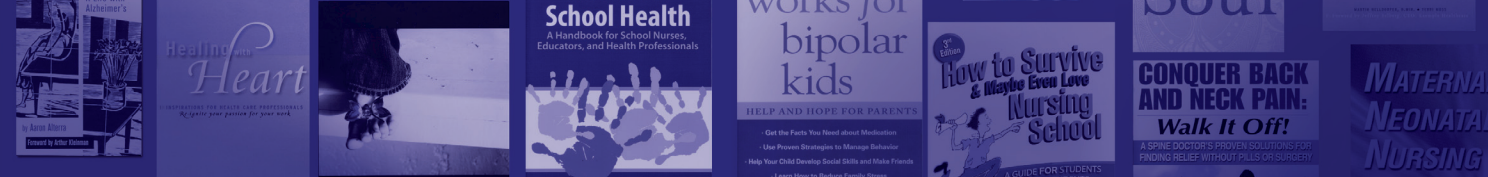
1. The Nerdy Nurse's Guide to Technology

By Brittney Wilson. Indianapolis, IN, Sigma Theta Tau International.



This is an entertaining and accessible book many nurses will find useful—particularly those who live by the rule “When all else fails, read the instructions!” Throughout the book, Brittney Wilson gives readers “tech tips” and “nerdy notes” to help overcome the fear and confusion that many “digital immigrants” feel.

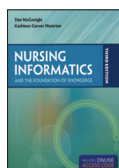
(Our grandchildren are “digital natives” who probably will never need this book!) The book assumes previous understanding of basic computer tasks such as word processing, e-mail, and doing business on the Web. The nine chapters walk readers through subjects such as social media, electronic documentation, mobile devices, and the more advanced features offered by Google. As with any print resource these days, some of the information is already out of date, and you will find that some excellent digital tools are not addressed. Wilson



focuses on Windows operating systems, but the tools she explains (such as the Google resources) apply to both Windows and Macintosh systems.

- Speaks directly to the reader to help overcome fear and confusion about using computers in general and electronic documentation.
- Includes chapters on mobile devices and how to use them effectively in a clinical setting.
- Explains social media and why being engaged online is both important and necessary for all nurses.

2. Nursing Informatics and the Foundation of Knowledge By Dee McGonigle and Kathleen Garver Mastrian. 3rd edition. Burlington, MA, Jones and Bartlett Learning.



Imagine you're in a social situation and someone asks, "What does a nurse do?" Think about how you would capture and convey the richness that is nursing science in your answer. If you are intrigued by this question, this book is for you!

Informatics is far more than simple data mining and computers—it's a scientific field that focuses on the organization, application, and use of knowledge; and it determines how people, information systems, and technology interface to accomplish desired outcomes. It makes possible a well-informed and sophisticated response to a question like "What does a nurse do?" If this sounds complicated, it is! But the 29 chapters in this book break down the complex elements of informatics so that anyone who is interested can understand it, and the "thought-provoking questions" at the end of each chapter help readers to make connections with their own experiences.

- Provides a comprehensive and in-depth explanation of each element of the field of nursing informatics, including processes for knowledge development, knowledge processing and organizing, and the human-technology interface.
- Integrates examples, clinical case studies, callouts of key terms, and references for Web-based and nursing and information-science communities to enhance the reading experience.
- Includes an access code for online resources and learning materials such as an interactive glossary, crossword puzzles, flash cards, quizzes, case studies, and thought-provoking questions with space to write responses that can be submitted to the instructor.

3. Mastering Simulation: A Handbook for Success By Beth Ulrich and Beth Mancini. Indianapolis, IN, Sigma Theta Tau International.



It's easy to be impressed and intrigued by the amazing capabilities of a state-of-the-art simulation lab. But, truth be told, all the technical simulation resources in the world may amount to very little in terms of improving actual patient care if the human elements of simulation are missing; these include sound planning, well-constructed activities and scenarios designed to meet specific learning goals, and an ongoing evaluation feedback loop. This book provides a map for all of the necessary human elements involved in using simulation technologies. It focuses on individual learning characteristics and on designing and evaluating learning outcomes. The content is grounded in learning theories that emphasize the importance of relationships, experiential learning, and reflection. Much of the book is directly relevant

to academic and clinical educators who use or want to use simulation, but it also includes chapters on using simulation in research, quality improvement, building a career in simulation, and even building a simulation center.

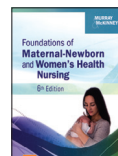
- Focuses on the human elements that are essential for effective use of simulation, including differences in how people learn, elements of effective environments and scenarios for learning, debriefing and reflection, and effective evaluation to ensure improved patient care.
- Appeals to visual learners with examples, tables, cases, and illustrations that reinforce the narrative text and enhance readers' engagement.
- Provides guidance for developing simulation environments and for the effective use of simulation in education, practice, research, and quality improvement.

MATERNAL-CHILD NURSING/CHILDBIRTHING

Chosen by Deborah Mandel, PhD, RNC-OB, assistant professor of nursing, West Chester University, West Chester, PA.

1. Foundations of Maternal-Newborn and Women's Health Nursing

By Sharon Smith Murray and Emily Slone McKinney. 6th edition. St. Louis, Saunders Elsevier.

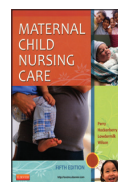


This book provides students with the knowledge they need to care for women during their childbearing years, as well as for their newborn children. In caring for women and their families, good communication is essential—this can be difficult for new nursing students. The authors address this by providing highlighted guidelines for effective, therapeutic communication. Throughout, they also include questions designed to encourage students to think critically and apply the information from their readings. This is a good foundational text to adopt for maternal-child health courses.

- Offers guidelines for effective therapeutic communication with women and their families.
- Poses questions that encourage students to apply the information from their readings and think critically while working through each of the chapters.
- Provides an excellent companion Web site as well as instructor resources.

2. Maternal Child Nursing Care

By Shannon E. Perry, Marilyn J. Hockenberry, Deitra Leonard Lowdermilk, and David Wilson. 5th edition. St. Louis, Mosby Elsevier.



In preparing student nurses to provide care to mothers and children, this book provides the necessary foundational knowledge. It covers the information students will need to care for women during their childbearing years as well as for children from the newborn period through adolescence. A special feature that sets it apart is the use of boxes to help guide students to provide competent and holistic care. Among the topics featured in these boxes are community focus, critical thinking, cultural competence, emergency situations, and family-centered care. This text is comprehensive—so only one book will be needed to instruct students in maternity and pediatric content, which is both convenient and cost-effective for students. *Maternal Child*

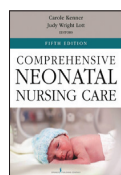


Nursing Care is an excellent text to adopt for maternal-child health courses.

- Includes care boxes that help guide the student to provide competent and holistic care.
- Provides an excellent companion Web site and instructor resources.
- Is a stand-alone resource—this is the only book needed to instruct students in all aspects of maternity and pediatric care.

3. Comprehensive Neonatal Nursing Care

Edited by Carole Kenner and Judy Wright Lott. 5th edition. New York City, Springer Publishing Company.



Prospective neonatal nursing students and neonatal nurses have an excellent resource in *Comprehensive Neonatal Nursing Care*. It provides students, practicing neonatal nurses, and advanced practice nurses with in-depth information and knowledge and the most current research evidence and recommendations from organizations such as the Institute of Medicine, the Robert Wood Johnson Foundation, and the United Nations. These recommendations help to prepare competent practitioners and guide the delivery of specialty care for neonates in today's complex health care environment. The fifth edition has been updated to include new chapters and topics that reflect the world's broadening neonatal health care concerns. Topics covered include neonatal pain, neonatal AIDS, the drug-exposed neonate, as well as advancements in technology to improve neonatal care.

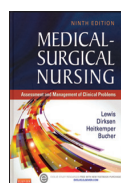
- Provides students with neonatal case studies related to both common and uncommon neonatal conditions that require critical thinking, and guides students through the appropriate steps of diagnosis, treatment, and evaluation of outcomes.
- Offers comprehensive evidence-based neonatal care protocols and procedures to incorporate into neonatal practice.
- Includes evidence-based practice boxes that provide the most up-to-date information on accepted practices and procedures in neonatal care.

MEDICAL-SURGICAL NURSING

Chosen by Patricia A. Connor-Ballard, PhD, MSN, RN, ACNS-BC, assistant professor, School of Nursing, Catholic University of America, Washington, DC.

1. Medical-Surgical Nursing: Assessment and Management of Clinical Problems

By Sharon L. Lewis, Shannon Ruff Dirksen, Margaret McLean Heitkemper, and Linda Bucher. 9th edition. St. Louis, Mosby Elsevier.



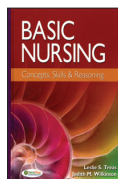
This text is a comprehensive overview of adult medical-surgical nursing that would be a tremendous resource for nursing students (undergraduate and graduate/APN), nursing faculty, and nurses practicing in acute or chronic clinical settings. Reflective quotes open each chapter. The material is presented in great depth, using reader-friendly graphics, and includes numerous colorful and meaningful photos, diagrams, charts, and graphs. Case studies and NCLEX-RN-style questions that close each chapter allow readers a chance to test and apply their knowledge, as does an additional management simulation assignment.

Resource Web sites are included at the conclusion of each chapter.

- Presents the vastness of medical-surgical nursing in an extremely reader-friendly manner that supports mastery of nursing knowledge.
- Provides chapter exercises that support application of new knowledge (case studies, NCLEX-RN-style questions, management of multiple patients).
- Includes fabulous colorful visuals (photos, diagrams, charts).

2. Basic Nursing: Concepts, Skills and Reasoning

By Leslie S. Treas and Judith M. Wilkinson. Philadelphia, F.A. Davis Company.

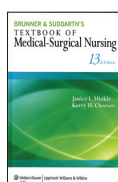


In this unique text, essential nursing concepts and skills are presented in a very reader-friendly manner, supported by effective graphic design and colorful photos, diagrams, and sidebars. The reader is exposed to critical thinking at the onset of the text, before beginning an in-depth overview of the nursing process. The chapter devoted to nursing research will be especially beneficial to undergraduate nursing students. Other valuable chapters are devoted to culture and ethnicity; spirituality; loss, grief, and dying; pain management; documentation; communication; patient safety; ethics; legal issues; and informatics. Such in-depth presentation of important nursing knowledge and skills is far beyond the average medical-surgical nursing text. It would be a wonderful supplement to any course in medical-surgical nursing!

- Presents a vast amount of information in a reader-friendly manner.
- Includes unique chapters on nonclinical skills, such as research, communication, and documentation.
- Provides wonderful visuals to supplement the narrative.

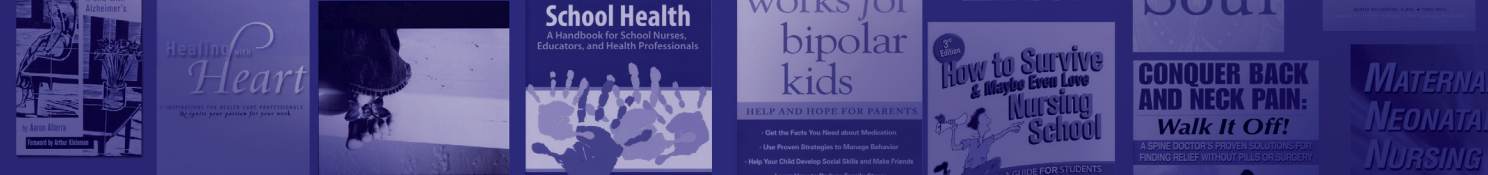
3. Brunner and Suddarth's Textbook of Medical-Surgical Nursing

By Janice L. Hinkle and Kerry H. Cheever. 13th edition. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



This text incorporates nursing plans of care for various types of patients, explores meaningful ethical dilemmas, and provides profiles of nursing research. Home care checklists are informative and helpful. Critical-thinking exercises allow readers to apply new knowledge. As an extra bonus, it also addresses quality and safety education for nurses.

- Presents the vastness of medical-surgical nursing in a reader-friendly manner that supports mastery of nursing knowledge.
- Provides exercises in each chapter that support the application of new knowledge (such as plan of care, home care, critical thinking, and ethical dilemmas).
- Includes nursing research profiles.

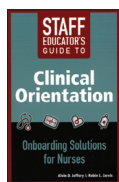


NURSING EDUCATION/CONTINUING EDUCATION

Chosen by MaryAnn Hozak, MSN, RN, NEA-BC, director, Innovative Nursing Practice and Quality Outcomes, St. Joseph's Healthcare System, Paterson, NJ.

1. Staff Educator's Guide to Clinical Orientation: Onboarding Solutions for Nurses

By Alvin D. Jeffery and Robin L. Jarvis. Indianapolis, IN, Sigma Theta Tau International.

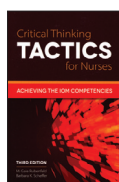


This book is a must-have for staff educators, preceptors, and nurse managers who are interested in developing clinical orientation models within their organizations. Onboarding is essential to successful orientation, yet unfortunately it's too often overlooked. I loved the book's layout and its use of tables and illustrations to highlight principles and examples. There are many wonderful examples and worksheets on dealing with novice to expert nurses, choosing preceptors, integrating mentorship concepts, and providing solid methods of evaluating onboarding programs. It also addresses appropriate ways of dealing with special situations, such as orienting nurses with disabilities. The authors sprinkle humorous insights into the narratives, making this book an easy and enjoyable read. They also include a wonderful appendix highlighting best practices found in the literature.

- Includes a section at the end of each chapter that encourages educators and leaders to assimilate information and develop processes that fit the culture of their organizations. This is followed by a short, bullet-pointed list summarizing key points and offering a few pearls of wisdom.
- Organized in an extremely logical manner. Each chapter includes the following sections: defining concepts and background theories, analyzing and designing the program, developing and implementing the program, and evaluating the program and individual performances.
- Includes a section devoted to competencies that have been clearly defined for both the preceptor and the orientee. The authors suggest separating the evaluation of the program and its participants; this is a great approach and one required by regulatory agencies such as the Magnet Recognition Program. A great resource for organizations to use in meeting the requirements of such detailed evaluations.

2. Critical Thinking TACTICS for Nurses: Achieving the IOM Competencies

By M. Gaie Rubenfeld and Barbara K. Scheffer. 3rd edition. Burlington, MA, Jones and Bartlett Learning.



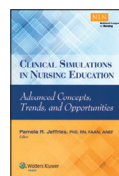
Many of us in education and leadership wonder how we can best achieve the Institute of Medicine (IOM) competencies. We understand the IOM's proposed goals—but what should these actually look like in terms of education programs, professional roles, and specific competencies? This book does a marvelous job clarifying and discussing these issues. It creates a roadmap for developing the required critical-thinking aspects and delineates a process that can bring these aspects into reality—creating a picture of what is needed and how we can get there. Critical-thinking discussions can be dry, but not here; these authors have brought critical thinking to life. I particularly loved the discussions about engaging patients and families in decision making and examining the

patient's critical thinking—the latter was a true eye-opener. This is the discussion we should all be having in our organizations, and this book can lead the way.

- Incorporates an impressive perspective on patient focus. The authors' tools for evaluating patient and family critical thinking will be incredibly helpful in terms of patient education, discharge planning, defining the patient experience, and finding ways to truly engage patients in care.
- Provides worksheets with very specific questions and processes that can be used to identify concerns, barriers, and insights for health care professionals. These can be used in the academic environment or even at the organizational level.
- Links teaching and learning to critical-thinking tactics and addresses how to analyze and evaluate each participant—health care provider, academic, or patient—in the continuum of care.

3. Clinical Simulations in Nursing Education: Advanced Concepts, Trends, and Opportunities

Edited by Pamela R. Jeffries. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



This book offers excellent direction in how to provide clinical simulation in nurse education; it can be used in both academic and hospital settings. It's full of scenarios that can be used to achieve session goals and it includes scripts for instructors. Experts author each chapter and share great tips for conducting sessions and evaluating both learners and instructors.

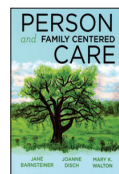
- Provides a good blend of pedagogy and application of resources. I think this book will enable hospital educators to develop successful and thoughtful lesson plans for simulation.
- Encompasses both classroom and technology concepts and really integrates these teaching methods, highlighting a seamless process. Includes discussions about various technologies such as e-courses and videotaping sessions for later review.
- Emphasizes critical thinking in care delivery, which is an essential goal in patient care and professional nursing. Yet the authors remain steadfast in their assertion that technology is a key tool for the nurse.

NURSING MANAGEMENT AND LEADERSHIP

Chosen by Amanda Stefanczyk Oberlies, MSN, MBA, RN, CNML, director, Center for Care Innovation and Transformation, American Organization of Nurse Executives, Chicago.

1. Person and Family Centered Care

By Jane Barnsteiner, Joanne Disch, and Mary K. Walton. Indianapolis, IN, Sigma Theta Tau International.



Nineteenth-century physician William Osler, one of the four founding professors of Johns Hopkins Hospital, is frequently cited as originator of the now common clinical teaching admonition, "Treat the patient, not the disease." But within the chaos and complexity that is modern health care delivery, the patient—or more simply, the *person* in need of care—often seems merely a passive bystander in the clinician's formulation and delivery of care.

In their seminal work, *Person and Family Centered Care*, the authors explore the history of person- and family-centered care, the models and challenges in shifting the care paradigm, and the strategies and practices that promote this approach.



Each chapter presents practical, straightforward insights on how to approach health care delivery challenges differently, all against a background of collaborative care focused on the needs, desires, and input of the person who requires care.

This comprehensive inspection is an indispensable resource to all nurses, regardless of their experience, skill set, and clinical setting. Barnsteiner and colleagues have created a reference to be read and revisited for its invaluable approach to encouraging active, engaged participation and decision making by the person requiring care.

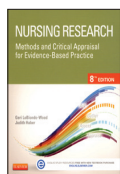
- Organized thoughtfully, including background for and models of the person- and family-centered approach to care.
- Includes proven strategies to incorporate and promote person- and family-centered care.

NURSING RESEARCH

Chosen by Lea Anne Gardner, PhD, MSPH, RN, senior patient safety analyst, ECRI Institute, Plymouth Meeting, PA.

1. Nursing Research: Methods and Critical Appraisal for Evidence-Based Practice

By Geri LoBiondo-Wood and Judith Haber. 8th edition. St. Louis, Mosby Elsevier.



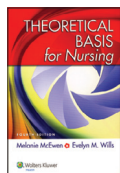
Critical thinking is essential to nurses whether they are conducting or consuming research. As the authors introduce research concepts and processes, they also provide questions and methods of critiquing each aspect of research. Nurses at all educational levels can gain insights from the materials provided in this book. Some of the

highlights include helpful hints and evidence-based practice tips, models that convey clear and concise research concepts, and examples (in both the book and the electronic resources) that reinforce research strategies.

- Includes comprehensive questions to help the learner critique various aspects of research (for example, theories, literature reviews, hypothesis testing).
- Identifies and applies criteria for the critique of research. Concepts presented in the book are reinforced by the critiquing of actual research studies.
- Incorporates evidence-based practice principles that keep students abreast of current approaches to assimilating research into everyday knowledge and clinical practice.

2. Theoretical Basis for Nursing

By Melanie McEwen and Evelyn M. Wills. 4th edition. Philadelphia, Wolters Kluwer Health/Lippincott Williams and Wilkins.



Nursing theory application extends beyond nursing research. In fact, the theories presented in this book explain many of the complexities experienced by nurses in clinical, administrative, and academic settings. This book addresses the purpose of theory and issues in theory development. It defines key terms and

discusses concepts in and classifications of nursing theories. Grand and middle-range nursing theories are explored along with sociologic, behavioral, biomedical, management, and learning theories. Links to nursing practice and reference to research articles help to solidify the concepts presented.

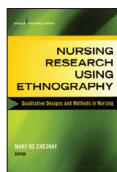
- Demonstrates the significance of nursing as a profession and academic discipline through the relevance of theory beyond

the scope of nursing research. The inclusion of evidence-based practice is connected to nursing theories.

- Provides descriptions of the terms and concepts associated with theory development and application to set the stage to convey the importance and application of theory in multiple nursing settings.
- Facilitates comparison of theories with tables that summarize and describe each theory, and explain its purpose and key concepts.

3. Nursing Research Using Ethnography: Qualitative Designs and Methods in Nursing

Edited by Mary De Chesnay. New York City, Springer Publishing Company.



Qualitative research uses a distinctly different approach than quantitative research: specifically, it analyzes words. Ethnography is a qualitative research method used to gain knowledge and awareness of cultural differences and perspectives. *Nursing Research Using Ethnography* maps out qualitative research techniques and provides ethnographic research studies. Researchers describe the approaches they used when conducting their studies, discuss their insights, and describe what they learned. De Chesnay's presentation of ethnographic study concepts and examples of research studies strengthens and enriches this qualitative research method.

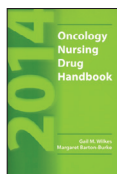
- Provides descriptions of the steps needed to perform an ethnographic study.
- Addresses stories and lessons learned from researchers who have conducted ethnographic studies; these demystify the process and share ways to improve it.
- Includes De Chesnay's presentation of ethnographic study concepts using research studies, which strengthens and enriches this qualitative research method.

PALLIATIVE CARE AND HOSPICE

Chosen by Anita Catlin, DNSc, FNP, FAAN, manager of research and redesign, Kaiser Permanente, Santa Rosa and Vallejo, CA.

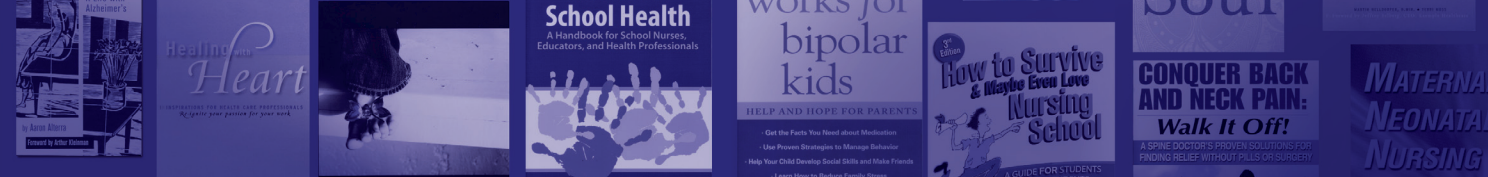
1. 2014 Oncology Nursing Drug Handbook

By Gail M. Wilkes and Margaret Barton-Burke. Burlington, MA, Jones and Bartlett Learning.



The World Health Organization advises us to begin palliative care at the same time as curative care when a life-threatening diagnosis is given. For most patients with a cancer diagnosis, the curative battle will be the focus for a number of years. Nurses working in oncology know their roles are twofold: they use chemotherapeutic agents to provide care focused on hope for a good future and palliative agents to provide supportive care for symptom management. This book is steeped in assistance for both roles. It gave me a sense of security immediately on opening it—security in a world of complex and life-endangering medications administered by nurses on a daily basis.

The book is meticulously written with explicit attention to detail. The authors explain what cancer is, how it develops at the cellular level, and how each organ system may be affected by chemotherapy. Preinduction assessment is delineated. Each medication is described, including the mechanism of action, metabolism, dosage, administration, drug interactions, lab



value responses, and special nursing considerations. Following each drug description are the nursing diagnoses and potential problems the patient may experience. The first 700 pages describe the cancer-fighting drugs. The next chapters focus on drugs used for comfort and palliation of the adverse effects of chemotherapy. The nursing and medical treatment of pain, nausea and vomiting, anorexia and cachexia, and anxiety and depression are included. How to use medications to care for the patient who is afraid is an especially good inclusion. The book ends with a section on emergency complications, such as skeletal events and infection, and chapters on constipation and diarrhea. Both the fight to cure and the desire to care are reflected in the drugs chosen to highlight by the authors of this award-winning text.

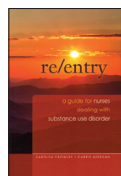
- Provides comprehensive and up-to-date information including all new Food and Drug Administration–approved medications. Additionally, it addresses the new role of administering monoclonal antibodies to people with autoimmune deficiency.
- Gives equal emphasis to pain relief/symptom management and curative medications, highlighting the need for the nurse's expertise in both.
- Includes information on medications for depression and anxiety.

PROFESSIONAL ISSUES

Chosen by Michael R. Bleich, PhD, RN, FNP, FAAN, president and Maxine Clark and Bob Fox Dean and Professor, Goldfarb School of Nursing at Barnes-Jewish College, St. Louis.

1. Re-Entry: A Guide for Nurses Dealing with Substance Use Disorder

By Karolyn Crowley and Carrie Morgan. Indianapolis, IN, Sigma Theta Tau International.



Addiction is a public health issue, and the cost of addictions in terms of lost human capacity, safety (individual, family, and community), and other factors can't be ignored. One in 10 nurses suffers from substance abuse disorder. This book addresses, in a descriptive and accessible manner, important questions about the reintegration of recovering nurses into clinical practice, cardinal signs of substance abuse disorder, the support needed for recovery, and reframing the experience through holistic approaches.

The book is resplendent with case studies, notes, first-person narratives called “voices,” and contemporary definitions tied to substance abuse terminology. These are all interwoven in a way that compels the reader to remain fully engaged. An uncommon frankness is blended with compassion, pragmatic approaches to treatment, and hope. Classic traps and defense mechanisms used by substance abusers are well referenced and supported by current addiction terminology culled from stakeholders in recovery work. Other topics include treatment and monitoring contracts for return to work, recovery disclosure and job readiness advice, and treatment options. Last, but not least, the later chapters describe work culture: the role of leaders, creating norms for civility, and communication. Looking at the effect of work culture and leadership on the life of a nurse with a substance abuse disorder frames the issue in a new way. Support materials, movies, and other useful guides complete this accessible and useful book.

2. Transforming Interprofessional Partnerships: A New Framework for Nursing and Partnership-Based Health Care

By Riane Eisler and Teddie M. Potter. Indianapolis, IN, Sigma Theta Tau International.



Unlike anything else in the interprofessional education and practice literature, this book frames how health disciplines—particularly nursing and medicine—evolved from a historical, sociologic, and anthropological perspective. This grounding is the foundation for a theory of interprofessional dynamics: Being present, Active caring, Stories and narrative-based evidence, and Evidence from science.

This cultural transformation theory is used to guide the reader through issues of domination and its opposite: partnership. The theoretical foundation elucidates the current power and domination model too prevalent in medicine and explores, instead, a culture of team-based collaboration aimed at complex clinical decision making based on multiple perspectives. One chapter addresses how nurses have turned on themselves, as expressed through lateral violence and “eating our young.” The authors present positive models of interprofessional care delivery systems to reflect the possibilities of partnership-based relationships among disciplines. Although these new models are still emerging, they have the potential to be scalable; a way to educate health professionals in a new environment is plausible. Nurse-managed health centers and partnership-based community care serve as exemplars of changing leadership roles, and are solutions that also address the economic and clinical realities that demand collaborative models to deliver holistic care.

3. Workplace Mental Health Manual for Nurse Managers

By Lisa Y. Adams. New York City, Springer Publishing Company.



A compendium of thoughts that address the mental health and well-being of nurses as individuals, professionals, and members of a community is presented in a comprehensive manner. Mental health (and illness) is far-reaching, more than meets the eye. This guide for those who hold formal supervisory positions is most

useful because it provides (a) the context for promoting mental health in the workplace; (b) the role of culture in contributing to compassion fatigue, bullying, and other acts of violence toward each other; and (c) ways to advance well-being (such as Toth's Magical Wheel of Engagement, with which leaders will empathize, enhance, empower, evaluate, encourage, and envision a future with their reports).

The chapter that addresses the roles of leadership delivers advice on what a manager can do to enhance the respect, collegiality, and spirit of the workplace. The book gives attention to addressing conflict, the nature of professional standards to drive performance, and the hallmarks of a professional practice environment. Equally important, the author addresses attitudes that can incite problems; these include arrogance and aloofness. Specialty chapters offer advice on the legal and policy aspects of issues surrounding bullying, violence, addictions, and moral distress. The latter, in particular, is rarely discussed or linked to mental health. But, in fact, observing and being present with dying patients, seeing various forms of abuse, and observing rankism in decision making around end-of-life decisions can create a form of distress that affects



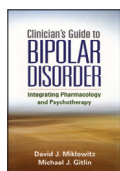
mind and body, especially over time. For leaders to help others give voice to these and other issues, the author recommends mindful strategies such as debriefing critical events.

PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Donna Sabella, PhD, MEd, MSN, PMHNP-BC, director of global studies and director of the Office of Human Trafficking, Drexel University College of Nursing and Health Professions, Philadelphia.

1. Clinician's Guide to Bipolar Disorder: Integrating Pharmacology and Psychotherapy

By David J. Miklowitz and Michael J. Gitlin. New York City, The Guilford Press.



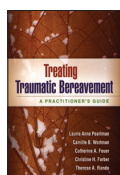
This book is an engaging, informed, well-organized, and thoughtful journey into the phenomenon of bipolar disorder. The authors—both active, experienced clinicians and well versed in the topic—serve as formidable guides who are quite capable of leading readers through the highs and lows and various subtleties, complexities, and nuances of this life-altering disorder. They do so in a manner that is clear and takes its time to afford the reader a solid and detailed view of the landscape. We are not rushed through the material but rather are moved at a pace that allows us to not just see, but to fully understand what it is that we are being asked to examine.

Amazingly, the information and content do justice to the experience of both the novice reader and the more seasoned professional. The authors have a gift: they are able to explain the facts and share their wisdom in a way that is easily comprehensible; and they do so in a manner that comes across as highly respectful, supportive, and caring to those with the disorder. More than once I found myself thinking that I would easily trust myself or any family member to their care. The book was also enjoyable reading as it intertwined the facts with examples of people struggling with bipolar disorder, putting faces to the disorder. Finally, the authors do an excellent job of presenting pharmacologic and psychologic approaches as an integral whole and not as opposing treatment forces.

- Affords readers a comprehensive overview of bipolar disorder.
- Provides up-to-date information about current treatment modalities and approaches, including treatment-related questions or controversies.
- Suggests treatment ideas for cases that don't easily fit the standard diagnostic mold.

2. Treating Traumatic Bereavement: A Practitioner's Guide

By Laurie Anne Pearlman, Camille B. Wortman, Catherine A. Feuer, Christine H. Farber, and Therese A. Rando. New York City, The Guilford Press.



We live in a world where trauma is a part of life. Those left behind to deal with the aftermath of sudden, unexpected deaths are friends, family, and loved ones, some of whom may experience traumatic bereavement. This book, in essence a manual written by experts in the field, offers a wealth of information about how to treat clients experiencing traumatic bereavement.

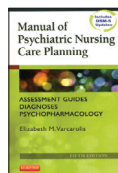
The authors offer current and evidence-based strategies; the information is presented in a well-organized, engaging, and easy-to-follow format. Beginning with background information and theoretical foundations related to traumatic death

and bereavement, the book moves through what it's like to live with such bereavement and offers a discussion of risk factors. The lengthiest section of the text provides guidelines for treatment and discusses treatment challenges as well as the effects on therapists of doing this type of work. Throughout the text the authors provide numerous case examples. The final section includes numerous handouts for clients that offer psychoeducational information and suggestions for activities. This is an excellent source of information for clinicians or anyone interested in learning more about traumatic bereavement.

- Presents work that is extremely well-referenced and draws on the authors' own scholarship and practice as well as that of others who are well known in the field.
- Uses engaging writing that allows anyone to understand the material; balances the facts with case examples that illustrate as well as humanize what is being said.
- Includes handouts and guidelines that are excellent tools for readers to use in their own practice. These take some of the mystery out of what to do and how to do it, especially for novice practitioners.

3. Manual of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology

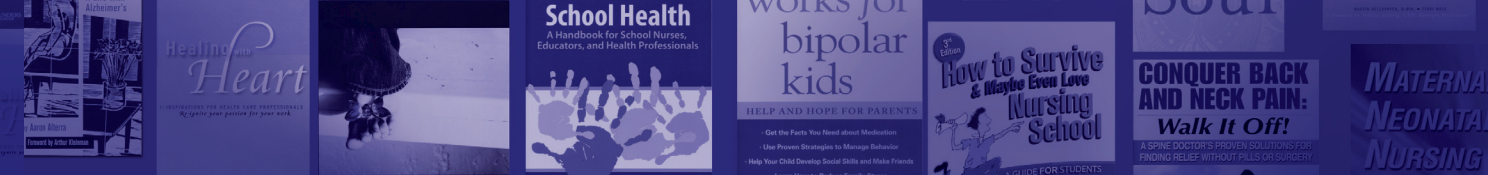
By Elizabeth M. Varcarolis. 5th edition. St. Louis, Saunders Elsevier.



What's the difference between a medical diagnosis and a nursing diagnosis? How has the DSM-5 changed the way we view and diagnose a disorder? How does a student or practitioner go about formulating a correct diagnosis and plan of care that is appropriate to the patient's needs? What are some resources that can be used by students, practitioners, and patients? This compact little text gives credibility to the saying that you can't judge a book by its cover. Although small enough to easily fit into a book bag or pocketbook, and light enough not to cause back problems (as so many nursing textbooks are wont to do), this text is big on information and useful on numerous levels. It addresses how to plan nursing care for those being treated for mental health issues, provides detailed descriptions of various mental health disorders and how to formulate a diagnosis, gives information about psychiatric and forensic issues and emergencies, and describes how to work with patients with challenging behaviors. There is also a chapter devoted to psychopharmacology, which contains guidelines on instructing patients and families what to expect and watch out for when particular medications are prescribed.

And as if that weren't enough, the appendices offer a number of invaluable assessment tools. This is exactly the type of book I wish had been available during my mental health clinical rotation in my student days. And while this is a valuable addition to any student's library and time on the clinical floor, there is also enough here for practitioners as well.

- Provides a very comprehensive overview and covers all the major points of what nurses need to know when working with mental health patients.
- Gives practical advice and gets to the point quickly. It also offers very good resources.
- Is small and lightweight and can easily be carried onto the floor or practice setting.



PUBLIC INTEREST AND CREATIVE WORKS

Chosen by Jeanne J. LeVasseur, PhD, APRN, professor of nursing, Quinnipiac University, Hamden, CT.

1. Scissored Moon

Poems by Stacy R. Nigliazzo. Winston-Salem, NC, Press 53.



Stacy Nigliazzo, an ED nurse, is a fresh voice of poetry. *Scissored Moon* is faithful to her patients, who are the wellspring of her writing. Enter this fractured and human world through the god's eye view that Nigliazzo turns on her caregiving work. Her images are sharp and visual

while her language is sensual and lush. There is often a sense of wonder and keen observation behind the details. For instance, in describing a stillborn child, Nigliazzo writes, "She is perfect. / Soft, flowing lips / and summer sweet skin, / satin scalp / brimming with downy black hair—." Nigliazzo's poetry is suffused with palpable details that lead us through suffering and, on occasion, enduring triumph.

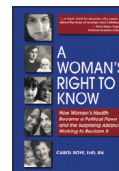
We enter into the world of the nurse through the calm, knowledgeable perspective of an expert guide who nonetheless sometimes questions what should be done and shivers with the profound recognition of her responsibility. There are poems of loss and futility; in the poem "What We Couldn't Treat," she writes of a sparrow on the clothesline and silent crickets at the sick house. With a cool distance and objectivity, Nigliazzo chronicles the world in painterly images. There is also a detailed "notes section" at the end of the book that gives background information on medical language; this, by itself, is interesting reading and will be appreciated by both the general public and students of nursing.

- Is beautifully observed and written, providing entry into a hidden world of illness and caregiving.

- Provides a Zen-like opportunity to reflect on compassion and daily life.
- Explores the world of human suffering and validates the work of nurses.

2. A Woman's Right to Know: How Women's Health Became a Political Pawn—and the Surprising Alliances Working to Reclaim It

By Carol Royce. Pleasantville, NY, Frances Price Enterprises.



Carol Royce writes about reproductive issues with an informed passion, offering an engaging blend of personal stories and political analysis. *A Woman's Right to Know* opens with a description of life before *Roe v. Wade* and ends with a plan for continuing the conversation in secular and religious communities. Royce's focus on poverty, compassion, and justice is compelling. She demonstrates her unique passion for children in the introduction, writing, "I love children. I have six of them." But she also has extensive experience as an NP providing care for inner-city adolescent girls; she draws on their stories to illuminate her dedication to reproductive issues. This book provides the story of reproductive health care told from the real-life perspectives of girls and women. Add to that the dramatic history of abortion and you have a rare book that is both personal and political; a book that is, because of this blend, both readable and uncommonly potent.

- Provides a lively overview of reproductive health issues touched by clear-eyed compassion.
- Includes an important discussion of abortion and lack of access to safe and affordable care.
- Uses a heady mix of personal stories leavened by clinical experience and political analysis.