

Online-only content for "Atrial Fibrillation: Updated Management Guidelines and Nursing Implications" by Christine L. Cutugno in the *American Journal of Nursing*, May 2015, p. 26-38.

**Table 4.** HAS-BLED Bleeding Risk Stratification Score<sup>22, a</sup>

Assigned letter	Patient risk factor	Assigned score
H	Hypertension	1
A	Abnormal liver or renal function (1 point each)	1 or 2
S	Stroke history	1
B	Bleeding history or predisposition	1
L	Labile INRs	1
E	Elderly (age > 65 years)	1
D	Drug <sup>b</sup> or alcohol use, concomitant	1 or 2

HAS-BLED = hypertension, abnormal renal/liver function, stroke, bleeding history or predisposition, labile international normalized ratio, elderly, drugs/alcohol concomitantly; INR = international normalized ratio.

<sup>a</sup> A score of  $\geq 3$  denotes a potentially high risk of bleeding; patient will require close monitoring.

<sup>b</sup>Antiplatelet or antiinflammatory agents.