

# BOOK of the YEAR AWARDS 2017



The most valuable texts of 2017, as chosen by AJN's panel of judges.

## ADULT PRIMARY CARE

Chosen by Laurie Anne Ferguson, DNP, APRN, FNP-C, FAANP, associate professor and interim director, Loyola University New Orleans School of Nursing, New Orleans, LA.

1. **Medical Imaging for the Health Care Provider: Practical Radiograph Interpretation**  
By Theresa M. Campo. New York City, Springer Publishing Company.



This book is a handy and comprehensive reference applicable to primary care and urgent care. It provides a brief history of radiology and discusses common radiographic studies; clinical issues to consider when ordering; and interpretation of X-rays, ultrasounds, and other studies. It also includes an online image bank.

- Is concise but comprehensive.
- Is portable. Textbooks are often cumbersome, but this one is lightweight and can be easily carried to various clinical settings.

2. **Lehne's Pharmacotherapeutics for Advanced Practice Providers**  
By Laura D. Rosenthal and Jacqueline Rosenjack Burchum. St. Louis, Elsevier.

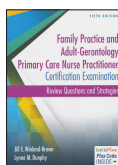


This text offers a comprehensive overview of pharmacotherapeutics. Written by NPs, it provides a solid foundation for the new advanced practice nurse. It covers issues such as prescriptive authority as well drug selection rationales and prescription writing.

- Is an excellent text for a graduate-level advanced pharmacology course.

3. **Family Practice and Adult-Gerontology Primary Care Nurse Practitioner Certification Examination: Review Questions and Strategies**

By Jill E. Winland-Brown and Lynne M. Dunphy. 5th edition. Philadelphia, F.A. Davis Company.



This book is an alternative resource for NPs who are preparing for certification examinations. It includes a comprehensive explanation of test design and offers strategies for success.

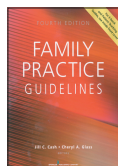
- Includes practice questions and correct answer rationales.

## ADVANCED PRACTICE NURSING

Chosen by Audrey Weymiller, PhD, APRN, associate professor, Eleanor Mann School of Nursing, University of Arkansas, Fayetteville.

1. **Family Practice Guidelines**

Edited by Jill C. Cash and Cheryl A. Glass. 4th edition. New York City, Springer Publishing Company.

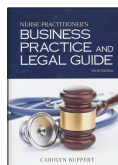


As a practicing clinician, I am always on the lookout for quality comprehensive resources that are quick and easy to use during a busy clinical day—and this book is such a resource. It is a comprehensive guide to primary care problems. One of its strengths is that it includes not just treatment options, but also background information such as expected subjective and objective findings and differential diagnoses. Another bonus is that it includes patient teaching guides with editable electronic forms.

- Offers succinct yet complete guidance on a comprehensive range of patient problems encountered in primary care.
- Includes up-to-date references, many from 2015 and 2016.

2. **Nurse Practitioner's Business Practice and Legal Guide**

By Carolyn Buppert. 6th edition. Burlington, MA, Jones and Bartlett Learning.

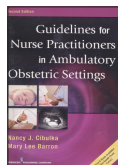


Carolyn Buppert has long been recognized for her expertise in legal issues affecting NPs. This very readable book is an invaluable resource. It is filled with practical guidance needed by all NPs regardless of their state's scope of practice. Buppert's writing makes complicated issues understandable and actionable.

- Provides a comprehensive treatment of many aspects of business and legal issues.
- Offers "one-stop shopping" for the many NPs who read Buppert's regular journal contributions.

3. **Guidelines for Nurse Practitioners in Ambulatory Obstetric Settings**

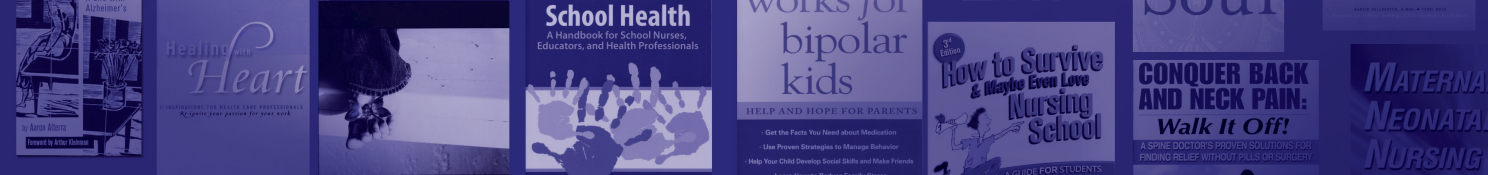
By Nancy J. Cibulka and Mary Lee Barron. 2nd edition. New York City, Springer Publishing Company.



This is the reference for advanced practice nurses who provide prenatal and postpartum care. Its guidelines are comprehensive yet presented in an accessible format for quick consultation. I was impressed by the up-to-date nature of the content—for example, the book includes guidelines on Zika virus and pregnancy.

This text is a one-of-a-kind resource that fills a critical gap in guidance for advanced practice nurses in primary care.

- Focuses on prenatal and postpartum care for ambulatory nurses, providing comprehensive, useful information.
- Uses an easy-to-access outline format.

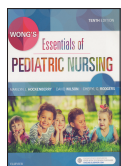


## CHILD HEALTH

Chosen by Bonnie Gance-Cleveland, PhD, RN, PNP-BC, FAAN, Loretta C. Ford Endowed Chair, University of Colorado Anschutz Medical Campus, Aurora.

### 1. Wong's Essentials of Pediatric Nursing

By Marilyn J. Hockenberry, David Wilson, and Cheryl C. Rodgers. 10th edition. St. Louis, Elsevier.

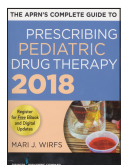


Written by experts, this is a comprehensive text for pediatric nurses. This latest edition offers outstanding updates on the field of pediatric nursing.

- Has a user-friendly layout, including photos, figures, and tables that complement the text.
- Includes many nursing alerts and tips throughout.
- Offers useful NCLEX review questions at the end of each chapter.

### 2. The APRN's Complete Guide to Prescribing Pediatric Drug Therapy 2018

By Mari J. Wirfs. New York City, Springer Publishing Company.

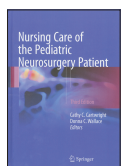


This is a nice, complete guide to pediatric drug prescribing for advanced practice nurses.

- Is organized by diagnosis, making it user-friendly.
- Fills a gap in the references available to pediatric advanced practice nurses.
- Can be used as a quick reference in the clinical setting.

### 3. Nursing Care of the Pediatric Neurosurgery Patient

Edited by Cathy C. Cartwright and Donna C. Wallace. 3rd edition. New York City, Springer Publishing Company.



This is a comprehensive textbook for nurses who work in the pediatric neurosurgery specialty area. Each chapter includes an introduction and information on diagnostic testing, epidemiology, pathophysiology, evaluation, and treatment.

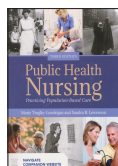
- Is written by experts in the field.
- Includes many useful diagrams, photos, and radiographic depictions of abnormalities, helping the reader get a picture of the conditions described.

## COMMUNITY/PUBLIC HEALTH/HOME HEALTH

Chosen by Natalie L. Farrar, MSN, RN, CHPN, LNC, CDP, CADDCT, CENP, chief clinical officer, Ridgefield Visiting Nurse Association Center for Exceptional Care, Ridgefield, CT.

### 1. Public Health Nursing: Practicing Population-Based Care

By Marie Truglio-Londrigan and Sandra B. Lewenson. 3rd edition. Burlington, MA, Jones and Bartlett Learning.



This book stands out not just for its overall content, but also for its appealing layout and its presentation of the vast material. Each chapter starts out with and builds upon a smart and relevant quote, and includes photos that bring the content to life. Atypical of many textbooks, the case studies, boxes highlighting key information, tables, and figures are strategically and wisely placed, pulling readers toward information that supports the narrative concepts. This text is brilliantly presented, and draws readers to take it all in!

- Does a particularly good job of examining relative community and public health topics from three vantage points (individual/family, community, and systems).
- Includes access to a companion website with interactive learning resources and tools.
- Offers an appealing approach to the content.

### 2. Home Care Nursing: Surviving in an Ever-Changing Care Environment

By Tina M. Marrelli. Indianapolis, IN, Sigma Theta Tau International.



This book does a terrific job of focusing on the evolving and changing home health care arena, covering topics like today's challenges, new care delivery and payment models, and future growth. The author presents the information in a straightforward and concrete manner, which is especially great for readers who are in orientation or who are learning about home health care. Chapter 4, on becoming a home care clinician and the attributes needed for success, especially stands out. This chapter would be particularly helpful for hiring managers, who could put the thoughtful and comprehensive information to use in their recruitment efforts.

The book is particularly well written, relying on experiential knowledge and industry expertise in a way that anyone—with or without home health care experience—will find useful. It is a must-read for those starting in a home health care position.

- Written by an industry expert who shares a broad depth of knowledge, particularly as it relates to the changing health care arena.
- The material is easy to read, retain, and put into practice. The appendices and further reading suggestions at the end of each chapter are great resources!
- The “stand-alone” quality of the chapters allows readers to use the information in any order.



### 3. Telehealth Nursing: Tools and Strategies for Optimal Patient Care

By Dawna Martich. New York City, Springer Publishing Company.



A much-needed resource for those who use telehealth to care for patients. This book is thoughtfully prepared in four sections, including the history and evolution of telehealth nursing, body systems, body system disorders, and patient care. It has a great flow, is easy to follow, and does not have to be read or referenced in

order; each section stands alone.

The author's practical approach to the information— inclusive of theory, case studies, algorithms, and patient teaching resources—makes this text a must-read for those involved in telehealth care.

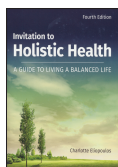
- Offers well-presented critical information on communication, including active listening.
- Written in an appealing conversational tone.
- Is a superior user manual on telephonic nursing care.

### CONSUMER HEALTH

Chosen by Anne Katz, PhD, RN, FAAN, clinical nurse specialist, Cancer-Care Manitoba, Winnipeg, Manitoba, Canada.

### 1. Invitation to Holistic Health: A Guide to Living a Balanced Life

By Charlotte Eliopoulos. 4th edition. Burlington, MA, Jones and Bartlett Learning.



Using an evidence-based, comprehensive approach, this book provides information for both consumers and practitioners who want to practice a more holistic approach to health and wellness that goes beyond the traditional medical model. It's divided into four parts: strengthening inner resources; developing healthy lifestyle

practices; taking charge of challenges to the body, mind, and spirit; and safe use of complementary and alternative therapies. Each chapter has additional suggested readings and a reference list.

- Comprehensively addresses topics that consumers are interested in with a balanced approach.
- Is easy to read and has boxes containing tips and key points.
- Written for a dual audience, making it a win-win—interested health care providers can use it alongside their patients.

### 2. Joy at the End of the Rainbow: A Guide to Pregnancy After a Loss

By Amanda Ross-White. Self-published.



This book was written by a medical librarian who lost her twin boys in the 36th week of pregnancy, experienced two subsequent early pregnancy losses, and finally had two successful pregnancies. It focuses on supporting women and couples in subsequent pregnancies following a

loss, and fills the void left by the many pregnancy books that do not address the population of women and couples who grieve while hoping for an eventual pregnancy with a happy outcome.

- Provides a week-by-week guide to pregnancy while acknowledging that pregnancy after a previous loss is not the same as a “normal” pregnancy.

- Adds a personal feel by including the words of women who have experienced pregnancy losses.
- Gives advice for handling the early days of parenting a newborn, a period that can sometimes renew grief about a previous pregnancy loss.

### 3. A Guide for Caregiving: What's Next? Planning for Safety, Quality, and Compassionate Care for Your Loved One and Yourself!

By Tina M. Marrelli. Venice, FL, Innovative Caregiving Solutions, LLC.



This spiral-bound handbook is a useful and informative guide to being a caregiver. It provides useful information on safety, infection control and prevention, and more, which is helpful for a layperson caring for a loved one who is ill or dying—and who is likely scared about the prospect and wants to do everything right.

- Easy to read and use. Because it is spiral bound, it's easy to keep open and to refer to specific sections as needed. It is also written in plain language, making it accessible to caregivers.
- Includes chapters on specific health conditions such as cancer, arthritis, and dementia.
- Provides additional resources, such as helpful books and websites, at the end of each chapter.

### CREATIVE WORKS

Chosen by Amanda Anderson, MPA, MSN, RN, CCRN, assistant director of nursing, Mount Sinai Health System, New York City.

### 1. Catching Homelessness: A Nurse's Story of Falling Through the Safety Net

By Josephine Ensign. Berkeley, CA, She Writes Press.



As a student of both reflective writing and narrative practice, I was drawn to Josephine Ensign's similar bent in this remarkable book. Part memoir, part local history, part scholarly tribute to the pervasive, multifaceted, and sustained problem of homelessness, Ensign weaves her tale using the fibers of reflection and nar-

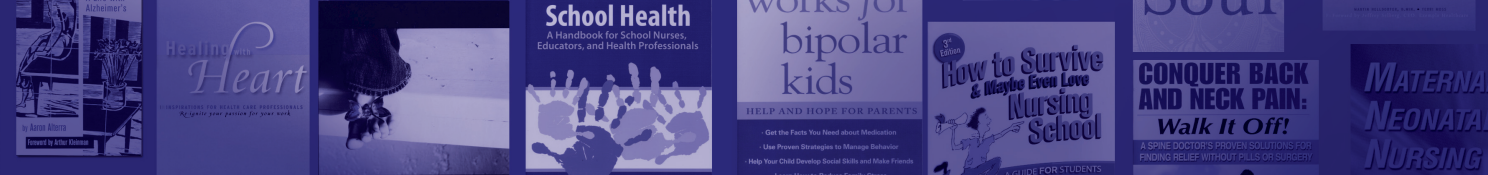
rative elements. I came away understanding a city I knew little about (Richmond), a population of homeless and underhoused people that fall out of my clinical and lived experiences, and the story of a nurse who, against all odds, manages through the same fate as her clients as she too becomes homeless.

I selected this book because I think it is a worthy read and a worthy exemplar of the healing power of writing through lived trauma. Read in its entirety or as separate essays, Ensign's descriptions of clinical care of homeless men, women, and teens are perfect for any clinical classroom. Her discussion of her own mental and physical diagnoses and subsequent care masterfully explores the experience of many nurses who search for moral resilience as their work bleeds into their lives.

I also selected this book because of my knowledge of Ensign's current and important work in narrative practice and the humanities in nursing at the University of Washington, where she teaches. She Writes Press's pro-woman, pro-quality-writing stance holds true in Ensign's pages, which prove the publisher's value as a potentially credible outlet for other nurse writers.

- Serves as a well-written, provocative, and relevant narrative exemplar about a nurse who courageously managed





professional and personal challenges while caring for a unique and precarious client base.

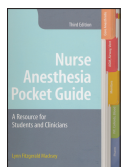
- Is a worthy addition to a growing collection of high-quality nursing narratives, and coupled with Ensign's scholarly work in the area of narrative practice, serves as a sizable encouragement to nurse writers interested in both the process of reflective writing and narrative practice, and the process of penning (and publishing!) their own stories of care.

## CRITICAL CARE—EMERGENCY NURSING

Chosen by Linda Cassidy, EdM, MSN, RN, CCNS, CCRN-K, clinical practice specialist, American Association of Critical-Care Nurses, Aliso Viejo, CA.

### 1. Nurse Anesthesia Pocket Guide: A Resource for Students and Clinicians

By Lynn Fitzgerald Macksey. 3rd edition. Burlington, MA, Jones and Bartlett Learning.



Although this text is geared toward nurse anesthetists, it is an extremely valuable resource for all critical care and advanced practice nurses. I would have loved to have this resource when I was caring for patients at the bedside.

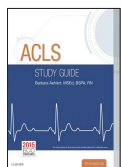
The book is clear, concise, and well organized, enabling the reader to quickly find answers, which is crucial in a rapidly changing patient care environment. It is beautifully designed. It contains many important pearls and much information, yet does not overwhelm with copious verbiage. I found myself reading it like a novel—I couldn't wait to turn the page to see what was next.

Despite this book's small size, it is a very comprehensive resource that makes complex topics such as formulas and calculations, pharmacology, modalities, and the effects of anesthesia extremely understandable and readable. It's especially helpful for caring for postoperative or postprocedure patients. It would be great to have a copy in each critical care unit and recovery room for nurses and other members of the health care team to use.

- Outstanding monitoring section. The reader can quickly access information on topics like hemodynamic measurements and waveforms, peripheral nerve stimulation, and bispectral index. Key information is provided for indications, procedures, and troubleshooting, and potential etiologies for abnormal results.
- The Pulmonary Respiratory and Neuro chapters explain extremely complex anatomy and physiology in a concise and clear manner—so important when taking care of critically or acutely ill patients.
- The size and style of the book are perfect. Reference materials are not helpful if we can't have them at our fingertips. This reference can be placed in a pocket.

### 2. ACLS Study Guide

By Barbara Aehlert. 5th edition. St. Louis, Elsevier.



The knowledge and passion that Barbara Aehlert has for the topic of advanced cardiac life support (ACLS) shines through in her writing. The objectives listed in each chapter are straightforward and related to essential concepts, and are clearly met in the text. Aehlert's writing style is smooth and clear and flows easily, which

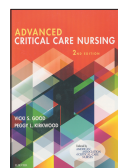
stimulated me to continue to read on. She makes what can be very dry material very interesting.

It was easy for me to visualize myself caring for the patient as I read. This book goes beyond being a study guide for an ACLS course—it can serve as a great ongoing refresher and reference tool. Its illustrations enhance the written material.

- ACLS Pearls boxes jump out from the pages and highlight and reinforce key concepts, and at times simplify complex ones.
- Case studies are concise and realistic. The write-in format of the case study questions promotes critical thinking and assesses assimilation of the material.
- Chapter test questions are straightforward and the post-tests pull the material together. The answer rationales are extremely helpful.

### 3. Advanced Critical Care Nursing

By Vicki S. Good and Peggy L. Kirkwood. 2nd edition. St. Louis, Elsevier.



Focusing on advanced concepts, this text promotes knowledge that goes beyond basic introductory material, which is beneficial for nurses who are beyond introductory practice and for those pursuing advanced practice. Although presented using a systems approach, the book acknowledges the importance of the patient care environment and of interprofessional collaboration and care. The chapters lead the reader from pathophysiology to assessment to plan of care, presented through a nursing lens. The pharmacology sections provide key information without overwhelming the reader with excessive content. The case studies reinforce chapter content and require critical thinking and critical decision making.

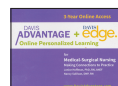
- Decision points paired with the case studies at the end of each chapter promote assimilation of the material. Discussions of each decision point, placed at the end of the book, aid in learning.
- Includes figures, flowcharts, and algorithms. Great visual presentation helps clarify the material.
- The Special Considerations in Critical Care unit focuses on important topics that are prominent in today's health care environment, such as chemical dependency and palliative and end-of-life care.

## DIGITAL PRODUCTS

Chosen by Karen DuBois, MSN, RN, manager electronic learning, Wolters Kluwer Health Medical Research, New York City.

### 1. Davis Advantage + Davis Edge. Online Personalized Learning for Medical-Surgical Nursing: Making Connections to Practice

By Janice Hoffman and Nancy Sullivan. Philadelphia, F.A. Davis Company.



This book is well laid out; the breadth and depth of its content is more than adequate for most topics. It includes examples of tools used in practice, which facilitates the application of theory. The case studies are relevant and will help the student apply knowledge in a practical setting. The companion e-book is well matched to the printed textbook.





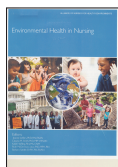
- Topics are prioritized well, organized in logical manner, and adequately described. The case studies connect theory with practice.
- Examples of tools used in practice, such as forms and test results, are displayed in a way that will make them recognizable to the learner.

## ENVIRONMENTAL HEALTH

Chosen by Barbara J. Polivka, PhD, RN, FAAN, professor and Shirley B. Powers Endowed Chair in Nursing, University of Louisville School of Nursing, Louisville, KY.

### 1. Environmental Health in Nursing

*Edited by Jeanne Leffers, Claudia M. Smith, Katie Huffling, Ruth McDermott-Levy, and Barbara Sattler. Mount Rainier, MD, Alliance of Nurses for Healthy Environments.*



This free downloadable e-book (<http://envirn.org/e-textbook>) provides a comprehensive overview of environment and health for nurses in all areas of practice and for nursing students. Written by multiple authors, it is clear, succinct, and easy to understand. I was impressed with its many links to external websites and resources,

which allow readers to expand their knowledge and explore areas of interest. Also included are links to videos and webinars in which readers can listen to the chapter author or other experts expound on the content.

The chapter on vulnerable populations provides a critical overview of harmful environmental exposures common in populations such as pregnant women, infants, and children. In addition, anticipatory guidance measures are clearly provided. The book includes several case studies that illustrate the relationship between environmental exposures and health impacts, as well as the efforts of nurses to advocate for environmental justice. I also found the information regarding environmental health concerns in nursing practice areas for both personal and professional use—specifically the information on green cleaning in hospitals, as well as recipes for green homemade cleaners. Overall, this book is an excellent resource for both practicing nurses and students.

- Includes links and videos that enable readers to expand their understanding of the content and to hear and see experts discussing the content.
- Is thorough, easy to read and understand, and includes information such as anticipatory guidance and using the nursing process as a framework for advocacy.
- Addresses environmental health issues that affect nurses personally in the workplace, in their communities, and nationally and globally.

## GERONTOLOGIC NURSING

Chosen by Catherine P. Emmett, PhD, ARNP, ACHPN, clinical practice specialist, Empath Health, St. Petersburg, FL.

### 1. Gerontological Nursing: Competencies for Care

*Edited by Kristen Mauk. 4th edition. Burlington, MA, Jones and Bartlett Learning.*

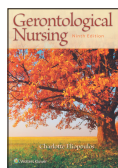


This is an extremely comprehensive textbook based on the *Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults* from the American Association of Colleges of Nursing and the John A. Hartford Foundation Institute for Geriatric Nursing. It offers a variety of practice activities, case studies, and reflection exercises, as well as an extensive array of electronic resources for both faculty and students. The text has a good layout and the narrative flows well from topic to topic. Faculty will find it easy to teach with the material from this book, and students will receive a wealth of information on the many aspects of gerontological nursing.

- Includes electronic resources such as an e-book, practice activities, assessments, instructor resources, and learning analytics reporting tools.
- Follows the core competencies for gerontological nursing from the American Association of Colleges of Nursing and the John A. Hartford Foundation.
- Covers numerous topics related to the care of older adults, such as healthy aging, sexuality, and even disaster preparedness and recovery.

### 2. Gerontological Nursing

*By Charlotte Eliopoulos. 9th edition. Philadelphia, Wolters Kluwer.*

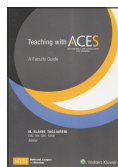


A comprehensive textbook with a wide range of electronic resources for both faculty and instructors. Both the book and its electronic resources focus on improving students' critical thinking and reasoning. The content is supported by Wolters Kluwer's online adaptive quizzing and simulations.

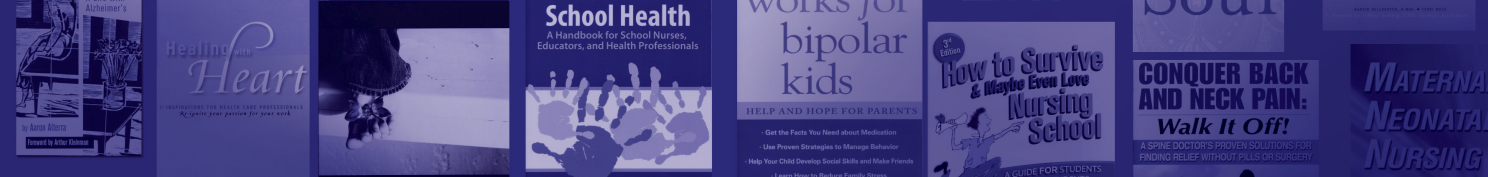
- Focuses on holistic care.
- Offers a wealth of online resources for both faculty and students.
- Provides a more complete look at sexuality and end-of-life care than other gerontological nursing resources.

### 3. Teaching with ACE.S: A Faculty Guide

*Edited by M. Elaine Tagliareni. Philadelphia, Wolters Kluwer.*



Although we have known for many decades about the need to integrate gerontological content into nursing education, we are still not doing a great job at it, as the authors of this text point out. This little book makes the case for integrating the topic into existing curricula using the evidence-based Advancing Care Excellence for Seniors (ACE.S) framework as a foundation. It supplies wonderful case studies and resources for faculty to begin or expand this integration. There are also several exemplars of faculty who have applied the ACE.S framework to their curricula. Additionally, free resources are provided via the National League for Nursing website. I believe this is an extremely timely and important publication that all nursing schools should embrace.



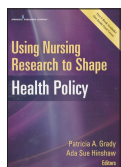
- Offers concise, practical information on integrating gerontological content into existing courses.
- Includes a wide variety of online resources to utilize in the integration of gerontological curricula.
- Makes the case for the necessity of integrating geriatric content into the curricula to ensure that the booming older adult population will receive the care it needs in the future.

## HISTORY AND PUBLIC POLICY

Chosen by Patricia A. Connor-Ballard, PhD, MSN, RN, ACNS-BC, assistant clinical professor, School of Nursing, The Catholic University of America, Washington, DC.

### 1. Using Nursing Research to Shape Health Policy

*Edited by Patricia A. Grady and Ada Sue Hinshaw. New York City, Springer Publishing Company.*



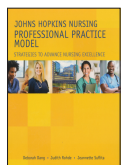
As patient-centered professionals, nurses focus on the needs of patients and families in order to help them obtain and sustain optimal health. By caring for diverse patients across the life span, we are in a position to assess and document the impact of a multitude of factors on the health outcomes of both individuals and populations.

Thus, nurses are both natural researchers—albeit some of us at a more basic level—and providers of care. Both attributes should position us well to influence health policy development and implementation. In this text, Grady and Hinshaw, in collaboration with other brilliant minds from the nursing profession, describe how nursing research can—and should—influence health policy through the generation of evidence powerful enough to change both clinical practice and legislation. Readers will be convinced by this text that the Implications section of scholarly writings and presentations should include implications for health policy as well as for practice, education, and research.

- Provides an overview of nursing research that focuses on major health care issues in the United States, such as management of chronic illness, caregiver burden, aging in place, health disparities, palliative care, and end-of-life care.
- Discusses emerging issues that must be considered in the development of future health policy in order for health policy to be relevant, timely, and effective in optimizing health status. This includes the need to translate sophisticated research findings into practical terminology for easier use by health policy developers who lack a health care or research background.
- Provides practical tips for incorporating genomics into nursing research, as well as examples of genomic nursing research.

### 2. Johns Hopkins Nursing Professional Practice Model: Strategies to Advance Nursing Excellence

*By Deborah Dang, Judith Rohde, and Jeannette Sufliata. Indianapolis, IN, Sigma Theta Tau International.*



In this book, a “historical legacy” nursing organization identifies, describes, and shares the strategies used to obtain, sustain, and enhance excellence in nursing care—despite the constant and often overwhelming challenges faced by American hospitals today. Core elements (“We Care,” “We Empower”) of nursing excellence are described via examples of real-life strategy implementation,

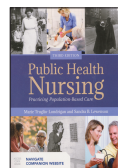
including lessons learned and strategy modifications needed for future implementation.

- Is presented in a clear, concise, informative, and fascinating manner.
- Offers timely and practical narratives on the transition of novice nurses to clinical practice and the retention of nurses.
- Includes firsthand narratives by Johns Hopkins Hospital nurses and other hospital personnel, which support the strategies for excellence described by the authors.

### 3. Public Health Nursing: Practicing Population-Based Care

*By Marie Truglio-Londrigan and Sandra B. Lewenson.*

*3rd edition. Burlington, MA, Jones and Bartlett Learning.*



Public health nursing is presented in this text as both a historical legacy and a nursing specialty that continues to be essential to the health and well-being of American society. The evolution of public health nursing is described, including details regarding the ability of public health nurses to effectively function in a manner that promotes cultural sensitivity, compassion toward marginalized and “at-risk” individuals, quality care, multidisciplinary collaboration, and an increased awareness and appreciation of effective health policy that is both patient and population centered.

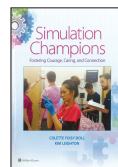
- Provides a historical overview of public nursing, including responses to significant health crises (such as HIV-AIDS and influenza) and disasters (such as earthquakes) in the United States. The accompanying narrative on current emergency management strategies and environmental health concerns demonstrates the importance of public health nursing in the modern world.
- Offers a clear, informative, comprehensive, and practical narrative on epidemiology and its relevance to public health.
- Includes a comprehensive public health assessment tool that’s useful to nursing students and professional nurses in assessing a community’s public health strengths and weaknesses.

## INFORMATION TECHNOLOGY

Chosen by Kate J. Morse, PhD, MSN, RN, associate director, educational leadership and international programs, Center for Medical Simulation, Harvard Medical School, Boston.

### 1. Simulation Champions: Fostering Courage, Caring, and Connection

*By Colette Foisy-Doll and Kim Leighton. Philadelphia, Wolters Kluwer.*



This text takes a different approach than other simulation texts: it applauds and celebrates the disruptive innovation role of simulation in health care education. It is inclusive of both academic and practice perspectives, which is important for closing the academic–practice information gap. Another unique approach used in this text is its appreciation for multiple perspectives and its inclusion of global perspectives on health care simulation.

This text is not just about arming the educator with information on scenario design or the mechanics of simulation; it also dives into leading a simulation program, theoretical principles underpinning simulation, building a research program,



and building a simulation space. While nursing is its primary focus, there are also chapters on simulation in medical, allied health, and interprofessional education. The inclusiveness makes this a valuable text for simulation educators.

- Celebrates disruptive innovators in simulation education.

This acknowledgement is important in encouraging others to follow in the footsteps of such leaders in order to continue to improve and develop the science of simulation.

- Is written to meet both academic and practice needs.
- Is a comprehensive text that starts with the history of simulation in health care. The depth and breadth of its information goes beyond the “how to.” It helps readers understand the “why,” recognizing where we have been and where we might go as simulation educators.

## 2. Health Informatics: An Interprofessional Approach

By Ramona Nelson and Nancy Staggers. 2nd edition. St. Louis, Elsevier.



I chose this text primarily because it takes an interprofessional approach to informatics. No health information technology system involves only one perspective, and the authors have made every effort to approach the subject matter with that assumption in mind. The text includes lesson plans, accompanying PowerPoint

presentations, a test bank compliant with NCLEX standards, and student review questions, creating a comprehensive package for the educator.

The comprehensive nature of the text makes it relevant to a variety of levels of learners. It could be used in many different classes within an informatics program. The text is timely and up to date, including topics such as social media influences and tools, the user experience, and the life cycle of the informatics system. The authors make connections to patient safety and outcomes; explore legal and regulatory issues; and discuss international efforts, issues, and innovations.

Another unique feature of the text is its coverage of education and health informatics, which includes a wide range of topics such as curriculum integration, distance learning, and health care simulation.

- Has an interprofessional focus.
- Is comprehensive and includes both novice- and expert-level content.
- Is user-friendly: offers clear learning objectives, text boxes highlighting key information, discussion questions, and case studies in each chapter.

## 3. Gerontechnology: Research, Practice, and Principles in the Field of Technology and Aging

Edited by Sunkyo Kwon. New York City, Springer Publishing Company.



This text explores the concept of “gerontechnology”—technology concerned with aging. Given our aging population and increasing health care costs, understanding the influence of technology on aging and its implications for interprofessional care teams, the patient, and research is critical.

This text compiles information from multiple global perspectives in an organized and accessible fashion. The multidisciplinary research presented is impressive, and the topics are varied, including changes in vision and hearing, the creation

of new environments that support people with sensory impairments, aging in the home, and privacy.

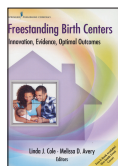
- Offers innovative content.
- Has multidisciplinary authors and a multidisciplinary focus.
- Includes timely content.

## MATERNAL–CHILD HEALTH

Chosen by Patricia McCartney, PhD, RNC-OB, FAAN, director of nursing research, MedStar Washington Hospital Center, Washington, DC.

### 1. Freestanding Birth Centers: Innovation, Evidence, Optimal Outcomes

Edited by Linda J. Cole and Melissa D. Avery. New York City, Springer Publishing Company.



I chose this authoritative and inspiring book as a winner because it is so long overdue—there is no previous comprehensive book on birthing centers—and because it supports a disruptive innovation in maternal health care. It stands apart as it stands alone.

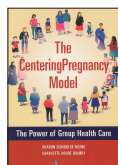
The value of this text is its completeness as a resource for anyone involved in maternity care, including clinicians, students, health care administrators, lawmakers, and parents. It should be required reading for anyone involved in maternal care. Expert, renowned editors have organized the book's chapters, which were written by an interdisciplinary team of midwives, physicians, and health care administrators. The history of birth centers is thoroughly documented, along with engaging and personal reflections and stories of key pioneers and exemplar birth centers. The birth center philosophy is presented, distinguished from acute care, and aligned with contemporary levels of maternal care standards. The chapters explain quality benchmarks, birth center standards, health regulations, finances, launching a birth center, and measuring outcomes. One unique section is on “soul searching” before embarking on launching a birth center.

The need for and success of the birth center model is supported by research evidence on birth centers. The book aligns with current nursing, midwifery, and health care position statements and standards.

- Is timely and unique. As the birth center model of care continues to expand, this text fulfills the need for a comprehensive book on the history and development of birth centers.
- Supports a disruptive innovation. The birth center model of care challenges traditional care models. At a time when there is a call to redesign health care, the birth center model provides an alternative.
- Is evidence based. Provides extensive data and references to support the concept and outcomes of birth centers.

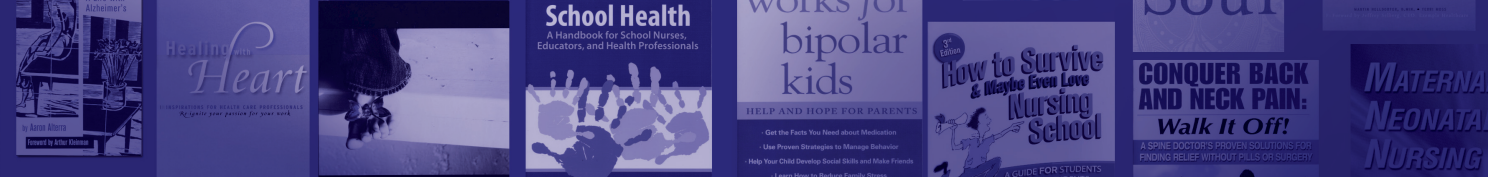
### 2. The CenteringPregnancy Model: The Power of Group Health Care

By Sharon Schindler Rising and Charlotte Houde Quimby. New York City, Springer Publishing Company.



Our disappointing national birth outcomes lead us to question traditional prenatal care as the best practice. The CenteringPregnancy model is an evidence-based alternative to traditional prenatal care. Prenatal group care is patient centered and engages women and families in their care.





This text provides the history of prenatal group care, and covers case examples, benefits, and the challenges of redesigning group care. I liked the chapter on facilitative leadership, a valuable skill clinicians can use in many group settings. The authors include details on implementing group prenatal care, from training staff to billing and coding. They also include descriptions of implementations in diverse and international settings.

The book will persuade you to champion group prenatal care. The model can be extended to group care beyond the prenatal care specialty.

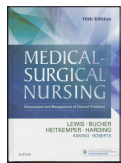
- Reports on the improved health outcomes, improved patient satisfaction, and lower costs associated with this model.
- Is unique in its subject matter.

## MEDICAL-SURGICAL NURSING

Chosen by Margaret R. Silberger, MSN, BSN, RN, CS.

### 1. Medical-Surgical Nursing: Assessment and Management of Clinical Problems

By Sharon L. Lewis, Linda Bucher, Margaret McLean Heitkemper, Mariann M. Harding, Jeffrey Kwong, and Dottie Roberts. 10th edition. St. Louis, Elsevier.



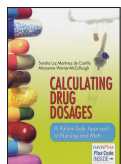
I chose this book as the first-place winner because of its clarity, concise content, ease of use, coverage of the most current practices, and quality of information. It is well organized and reads as smooth as silk. Illustrations and tables are strategically placed, which enables the reader to focus on the content at a higher level of comprehension. Every chapter has excellent attributes—among them, clinical evidence-based practice information, pharmacology suggestions, nursing diagnoses, treatment options, informatics, nursing assessment parameters, and NCLEX questions and answers.

Nursing programs are challenging and rigorous. This text provides consistent ease of use for new students, and can also be helpful for nurses returning to work after a hiatus from practice. It supports the reader by providing clear direction and a solid foundation.

- Tables blend appropriately with the chapter content. They are clear, concise, and well labeled.
- Incorporates informatics concepts and principles when applicable. As the electronic world becomes increasingly integrated into clinical practice, informatics becomes essential. The rationales provided throughout the textbook are clear and thorough.
- The end of each chapter includes a section titled Bridge to NCLEX Examination. Its questions reflect the chapter's content and provide an NCLEX practice opportunity for students.

### 2. Calculating Drug Dosages: A Patient-Safe Approach to Nursing and Math

By Sandra Luz Martinez de Castillo and Maryanne Werner-McCullough. Philadelphia, F.A. Davis Company.



This book's title suggests a focus on drug dosage calculation, however its authors provide much more, including in-depth coverage of all aspects of medication administration.

Reliance on electronic medication administration pumps and medication carts is commonplace,

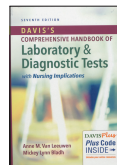
so it is important for students, nurses, and nursing instructors to have the foundation of knowledge to configure medication dosages in case of power failures, and for double-checking high-alert medications. As we know, task repetition supports knowledge retention; this text highlights safety features of each aspect of medication administration so they become tightly woven into the reader's thinking.

The authors stress easy-to-use formulas for dosage calculation. They also cover documentation, ports of entry for medication administration, and systems of medication measurement. The electronic health record is discussed, but the text avoids the barcoding method of medication administration—and for good reason. Nurses need to learn all aspects of medication administration prior to using equipment to assist. Kudos to the authors.

- Is user-friendly and organized with a well-defined table of contents. Includes learning outcomes in each chapter.
- Provides clear tables and illustrations of medication labels, intravenous fluid labels, and methods of administration that reflect current practice.
- Questions at the end of each chapter support clinical knowledge. Answers are provided in the same chapter, so the reader does not need to search the textbook for the solutions.

### 3. Davis's Comprehensive Handbook of Laboratory and Diagnostic Tests with Nursing Implications

By Anne M. Van Leeuwen and Mickey Lynn Bladh. 7th edition. Philadelphia, F.A. Davis Company.



This high-quality laboratory and diagnostic studies reference handbook is a multifunctional resource for nursing students and clinicians alike. It is an exceptional and simple-to-follow reference with up-to-date information.

The handbook is organized well and provides clinical data regarding labs and diagnostics. Each test and procedure is well defined, including (but not limited to) information on use, application, description, indications, abnormal and critical findings, complications, and both medical and nursing considerations. Much of the content is presented as bullet points, thus avoiding long paragraphs that can cause readers to lose their place.

- The information extends well beyond explanations of the specific labs and diagnostic tests to include nursing implications, evidence-based practice, and potential patient outcomes. Includes new and updated information—for example, testing for West Nile virus and prion diseases.
- Is an excellent reference text with clear and concise definitions, tables, and applications to practice.
- Is user-friendly; tests and procedures are presented in alphabetical order.

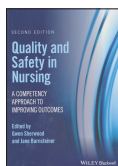


## NURSING EDUCATION/CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT

Chosen by Kenya V. Beard, EdD, AGACNP-BC, NP-C, CNE, ANEF, associate professor, City University of New York School of Professional Studies, New York City.

### 1. Quality and Safety in Nursing: A Competency Approach to Improving Outcomes

*Edited by Gwen Sherwood and Jane Barnsteiner. 2nd edition. Hoboken, NJ, John Wiley and Sons, Inc.*



For those who seek to improve the quality and safety of health care, this text provides a roadmap that emphasizes knowledge domains and underscores that nursing does not operate in a silo. It builds upon much of what the profession has learned and highlights the fruits of the application of Quality and Safety Education for

Nurses (QSEN) competencies inside clinical settings. The editors and contributors employ the use of multiple knowledge disciplines to identify innovative approaches and to speak to the scholarly ways in which competencies can narrow the practice-to-education gap. This book is written for educators, administrators, and all nursing students, regardless of their educational level.

The pursuit of rebuilding health care may sound insurmountable. However, the authors encourage clinicians to take responsibility for the quality of health care and not to see the system as an external entity. They take the reader on a journey in which each chapter provides bite-sized strategies showing how an arduous transformation is doable.

- Is timely. Indeed, medical errors and accidental injuries are compelling factors that threaten patient outcomes and drive health care transformation. No single profession is to blame. Thus, the nursing profession must share the burden of improving quality and safety, for which this book provides a wealth of evidence-based strategies.
- Is relevant. The authors reveal the deeply rooted challenges that undermine the quality and safety of health care and provide evidence-based strategies that move the needle toward better patient outcomes. For example, the reader is reminded that nurses and other clinicians must be empowered to share near-misses or mistakes.
- Is innovative. Evidence-based ways to teach QSEN competencies are provided throughout the text. Kudos to the contributors for emphasizing not just the importance of addressing *what* concepts are taught but *how* they are taught.

### 2. Interprofessional Education and Collaborative Practice: Creating a Blueprint for Nurse Educators

*Edited by Elizabeth Speakman. Philadelphia, Wolters Kluwer.*



This book is a timely resource that responds to a growing concern: medical errors. The Institute of Medicine's *The Future of Nursing: Leading Change, Advancing Health* emphasized the importance of teamwork in the delivery of high-quality care. Indeed, providers should learn together and have the skills to create high-functioning teams that contribute to patient safety. However, numerous impediments can undermine efforts to establish interprofessional education (IPE) opportunities. The editor of this text collaborates with a diverse team of contributors, including nurses, occupational therapists, pharmacists, physicians, and

social workers. Collectively, the contributors discuss how IPE opportunities can be initiated, and use exemplars to demonstrate how institutions can address and overcome IPE challenges.

Some authors guide readers along an idealistic path that sounds great in theory but does not lead to action. The authors of this book avoid this tendency by including exemplars, such as a university that used clinical rounding to bring medical and nursing students together, and another that used an emergency shelter to provide service-learning activities.

This book provides a practical way to implement IPE. I love that Chapter 6 speaks to educators who struggle with identifying experiential opportunities. The contributors make a compelling argument for why clinical settings provide great experiences for students to practice and engrain behaviors that facilitate collaborative practice.

- Is timely and innovative. The literature implicates communication errors as the leading cause of sentinel events. The author provides a well-crafted blueprint that addresses fears and concerns regarding IPE implementation. The book covers each step of the process, from assembling the team to evaluating outcomes.
- Is practical. The blueprint guides individuals from the development to the evaluation of an IPE program. Educators are encouraged to consider clinical or community-based IPE opportunities. Examples range from basic clinical or simulated activities to international service-learning experiences.
- Considers the roles of technology and the generation gap. In Chapter 8, the authors discuss how social media platforms can be used to bring teams together. Additionally, they provide examples of how high-fidelity simulation can be used to strengthen problem-solving skills and to evaluate a group's effectiveness. The authors also consider generational differences within teams.

### 3. The Mindful Nurse: Using the Power of Mindfulness and Compassion to Help You Thrive in Your Work

*By Carmel Sheridan. Buffalo, NY, Rivertime Press.*

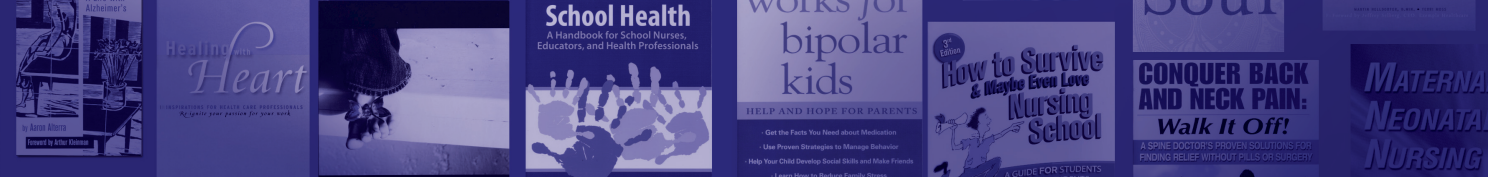


A patient's life hinges, in part, on the astuteness of her or his nurse. As technology tempts us to move and respond at a quicker pace, a diminished level of attention and a need to multitask could prove disastrous. How can nurses be physically and mentally present with a patient and pick up on subtle clues that, in a fast-paced and pressured environment, could be easily missed? This book teaches nurses how to use mindfulness to connect with what is happening around them. It provides them with a healthy way to do more than practice nursing; it teaches them how to care for themselves, flourish in their role, and reduce the risk of errors.

The book opens with examples of what nurses experience in a typical health care setting and why it's so easy to be distracted. The author goes on to explain the concept of mindfulness, why it's important, and how to make it a part of one's being and use it to manage everyday stressors at work. She describes myriad ways to use mindfulness: during medication administration, to cope with pain, and to communicate and build effective teams, for example.

The author makes the steps to mindfulness easy to follow with quick tips, simple activities, and brief points to remember. In fact, she covers many things that sound intuitive. However,





for the skeptical reader, a thorough list of references makes this easy-to-read guide more evidence based.

I finished the book asking myself, “How did I not know to do this?” Its introduction suggests that one day, mindfulness will be part of the curriculum and nursing students will practice it like they do intravenous therapy. As for me, rather than waiting for a curriculum revision, I will recommend this book to all nursing students.

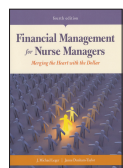
- Is practical and written for nurses. Each chapter provides realistic scenarios and reviews how mindfulness can be used from the beginning to the end of a shift.
- Is inspirational. The easy-to-follow steps heighten one’s ability to be fully present during a shift, regain peace, and avoid feeling like your brain is being hijacked.
- Is timely. The author provides compelling reasons to believe that mindfulness should be a part of the approach to reduce medical errors. As the health care profession steps up efforts to mitigate medical errors, mindfulness seems to be an inexpensive yet plausible strategy.

## NURSING MANAGEMENT AND LEADERSHIP

Chosen by Cheryl Hoying, PhD, RN, NEA-BC, FACHE, FAAN, senior vice president, patient services, Cincinnati Children’s Hospital Medical Center, Cincinnati, OH.

### 1. Financial Management for Nurse Managers: Merging the Heart with the Dollar

Edited by J. Michael Leger and Janne Dunham-Taylor. 4th edition. Burlington, MA, Jones and Bartlett Learning.



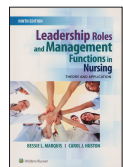
Labor accounts for approximately 60% of operating costs in hospitals and health care institutions, and nurses make up a large contingent of the staff. It is essential that the correct number and caliber of nurses are in place to deliver safe, quality care. The authors of this text address staffing in a variety of settings (hospitals,

long-term care facilities, clinics), thus increasing its applicability to a variety of managers. They provide goals, objectives, and strategies, making this book an easy read.

- Offers excellent examples and tools for nurse leaders to visualize and utilize.
- Numerous charts and graphs help readers grasp the concepts.
- Discussion questions and a glossary of terms in each chapter enhance and clarify points of relevance.

### 2. Leadership Roles and Management Functions in Nursing: Theory and Application

By Bessie L. Marquis and Carol J. Huston. 9th edition. Philadelphia, Wolters Kluwer.



The authors of this text, which combines theory with practice, illustrate leadership roles in a variety of settings including outpatient and community scenarios. Now in its ninth edition, the book has been refined over the years to be more focused on the interdependence of leadership and management principles. The emphasis

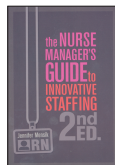
is one of value versus volume, along with quality and safety, which are main areas of importance for leadership.

- Includes regulatory and quality parameters that are essential for nurse leaders.
- More than 280 learning exercises help students strengthen the problem-solving skills needed for management.

- Uses many pedagogical tools for both student and instructor benefit. Provides research findings as well as key concepts and illustrations.

### 3. The Nurse Manager’s Guide to Innovative Staffing

By Jennifer Mensik. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



Proper staffing is essential for safety as well as for achieving excellent patient care and effective outcomes. This book provides a comprehensive approach to staffing, starting with the fundamentals, to form a sound foundation to build upon. What is unique about this book is that the author takes into consideration how

other health care professionals (care managers, social workers, pharmacists, hospitalists) affect staffing levels in addition to nurses.

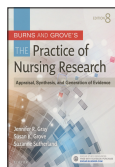
- Supplies many examples of documents and tools for the manager to use.
- Identifies success tips, perspectives, and potential issues for the manager to contemplate.

## NURSING RESEARCH

Chosen by Karen Roush, PhD, RN, assistant professor of nursing, College of Nursing, University of Massachusetts at Dartmouth.

### 1. Burns and Grove’s The Practice of Nursing Research: Appraisal, Synthesis, and Generation of Evidence

By Jennifer R. Gray, Susan K. Grove, and Suzanne Sutherland. 8th edition. St. Louis, Elsevier.

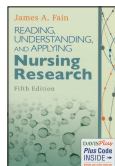


This book is an excellent resource for all nurses involved in research. It stands out for its comprehensive and in-depth coverage of all aspects of nursing research, presented in a well-organized and accessible format. Students and experienced researchers alike will find the detailed information they need—from concepts through specific processes. The text also includes information on dissemination and the appraisal and use of research for evidence-based practice. All of this is provided in clear and straightforward writing that presents complex information in an engaging style.

- Is comprehensive and thorough.
- Has well-organized and engaging writing.

### 2. Reading, Understanding, and Applying Nursing Research

By James A. Fain. 5th edition. Philadelphia, F.A. Davis Company.



Nurse clinicians are increasingly involved in research in the clinical setting. This book is an excellent resource for them, as well as for undergraduate students. It introduces nurses to the basics of research and evidence-based practice and then takes them through the process of conducting qualitative and quantitative studies.

Chapters are organized around each step of the research process, providing nurses with the key information they need to understand the process and to be involved in the design and conduct of research in the clinical setting. The author presents complex information in clear and easy-to-understand language. Practicing nurses and students will find the inclusion of examples, key points, and learning activities particularly helpful.





- Is well organized, with chapters that cover each step of the research process.
- Presents information in a clear and accessible format for those with no research experience.
- Is very well geared toward clinicians and students.

### 3. Research Design: Quantitative, Qualitative, Mixed Methods, Arts-Based, and Community-Based Participatory Research Approaches

By Patricia Leavy. New York City, The Guilford Press.



Nursing students interested in conducting research from a social science perspective will find this book an excellent introductory guide. It not only provides information on designing and conducting studies across the three most common approaches—quantitative, qualitative, and mixed methods—but also includes arts-based and community participatory approaches. What makes this book stand out is that it places all the information within an ethical context, threading ethical considerations throughout. The language is straightforward and the use of examples and “Review Stops” will help students recognize, understand, and remember key points.

- Places information in an ethical context.
- Focuses on social science research.
- Covers different approaches and includes other disciplines.

## PALLIATIVE CARE AND HOSPICE

Chosen by Kathi Lindstrom, PhD, FNP-BC, ACHPN, HSMI, assistant professor, Palliative Care Specialty Courses, Vanderbilt University School of Nursing, Nashville, TN.

### 1. LGBTQ-Inclusive Hospice and Palliative Care: A Practical Guide to Transforming Professional Practice

By Kimberly D. Acquaviva. New York City, Harrington Park Press.



The underserved lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ) population has always had unique needs that have gone unnoticed and unattended to at the end of life, causing needless suffering for patients, partners, families, and health care professionals. It's about time that a book like this was written!

The author provides professional dos and don'ts for caring for the LGBTQ population during serious illness and terminal disease. I applaud the author for sharing her insights throughout the book, making it very readable and personal.

I highly recommend this book to be used across settings and with a variety of professional and student populations so that we can work to improve care for LGBTQ individuals and their partners and families.

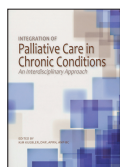
- The author does a superb job of defining the various terms and descriptors related to the LGBTQ population. These are new terms to many of us and are vital to know in order to effectively understand the population and learn who each of our patients is. In addition, the author discloses that she is a lesbian, and brings in her own stories to exemplify the points she makes.
- Includes key points summaries, as well as thought-provoking discussion questions and activities pertaining to each chapter, which would be helpful for engaging students in a “flipped

classroom.” The glossary helps keep the reader easily informed.

- This user-friendly book could be useful not only for health care students and professionals already in practice, but also for community groups who want to know more about how to care for LGBTQ individuals at the end of life.

### 2. Integration of Palliative Care in Chronic Conditions: An Interdisciplinary Approach

Edited by Kim Kuebler. Pittsburgh, PA, Oncology Nursing Society.



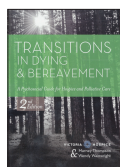
Kim Kuebler has done it again! In this outstanding reference book for health care providers of all types, she has brought together an experienced team of authors to educate providers on palliative care modalities that can improve quality of life for patients and their families. Each chapter covers definitions, key aspects of the topic,

current findings, and relevance to practice and to the role of the advanced practice RN; case studies are also included to exemplify real-life application. This is a well-written and in-depth overview of all one needs to know about palliative care.

- Is very thorough and easy to understand. Provides evidence-based information on all topics, even on the Affordable Care Act.
- Cytochrome P-450 is often overlooked or ignored because it is a new area of research, yet it's so important. Kudos to the editor for including a chapter on this topic.
- The chapters on communication and a preparation versus crisis approach to care address topics crucial to how palliative care can improve quality of life for our patients and their families.

### 3. Transitions in Dying and Bereavement: A Psychosocial Guide for Hospice and Palliative Care

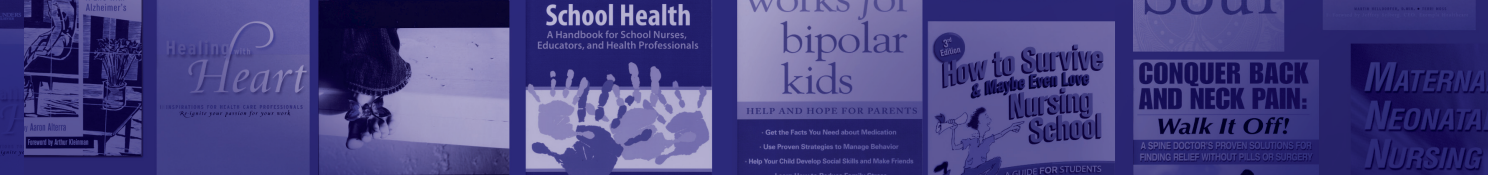
By Victoria Hospice, Marney Thompson, and Wendy Wainwright. 2nd edition. Baltimore, MD, Health Professions Press.



This exceptional book was written based upon staff experiences at Victoria Hospice in British Columbia, Canada. In its second edition, the authors have revised the content using current research; updated practices; and knowledge, attitudes, and language focused on psychosocial aspects of end-of-life care. I especially like that

the book walks the reader through the downward trajectory that occurs from diagnosis through death, using the Palliative Performance Scale as a framework. The last three chapters provide updated information on grief and bereavement, taking an integrative approach.

- Professionals, patients, and family members share their experiences in the “In My Own Voice” text boxes, adding to the book's depth of material.
- Learning activities at the end of each chapter engage readers on a personal level by allowing them to reflect on the chapter topic.
- Includes topics less commonly covered in textbooks, such as intimacy and sexuality and advance care planning, as well as loss, fading away, and grief as patients transition to dying.



## PROFESSIONAL ISSUES

Chosen by Christopher A. VanFosson, PhD, MSN/MHA, RN, Lieutenant Colonel, United States Army, nurse scientist and task area manager at the U.S. Army Institute of Surgical Research, Joint Base San Antonio, San Antonio, TX. The views of the author are his own and do not reflect the official opinion or endorsement of the United States Army or the Department of Defense.

### 1. Building a Culture of Ownership in Healthcare: The Invisible Architecture of Core Values, Attitude, and Self-Empowerment By Joe Tye and Bob Dent. Indianapolis, IN, Sigma Theta Tau International.



Many health care organizations struggle to motivate and invigorate members of their health care team, resulting in staff members who “rent space” in the organization rather than “own” their roles. Using an easy-to-understand metaphor—building construction—Joe Tye and Bob Dent handily describe how creating an invisible architecture based on attitudes, values, and empowerment is necessary to establish a culture of ownership among an organization’s members. Easy to read and honest in its intent, the text is filled with real-life examples of struggles and successes from the authors’ personal experiences and from other hospitals around the country. These examples demonstrate that the techniques described in the text are practical, effective means of changing an organization’s culture. This book should be on the reading list of nurse leaders in every health care organization.

- The authors detail seven reasons why a culture of accountability, by itself, does not lead to a successful organization.
- Each chapter contains “Notes from Joe” that provide illustrative bits of information and highlights related to the chapter topic. The chapters end with discussion questions and reference lists that could help bring the reader closer to a culture of ownership.
- Numerous pictures, tables, and figures provide the reader with real-world examples of tools used to develop the invisible architecture of successful organizations throughout the United States.

### 2. Fast Facts on Combating Nurse Bullying, Incivility, and Workplace Violence: What Nurses Need to Know in a Nutshell By Maggie Ciocco. New York City, Springer Publishing Company.

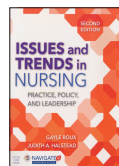


After a year in which hostility and violence were especially visible in society, it is wholly appropriate to address these behaviors in health care. Bullying, incivility, and workplace violence poison the nursing work environment and hinder patient care. To protect our patients—and ourselves—it is incumbent upon nurses in all settings and at all levels of responsibility to oppose all forms of negative behavior. This text can help! Maggie Ciocco provides the reader a succinct, understandable description of these destructive behaviors. Further, she identifies methods for preventing them and for intervening when they do occur. This text is a must-have for nurses who want to change their work environment for the better.

- Pearls of wisdom are highlighted in text boxes throughout the book. If you read only these notes, you will gain enough insight about workplace violence and bullying to motivate changes in your own work environment.

- Ciocco expertly describes common bullying scenarios, including descriptions of the bullying behavior involved, possible causes, and potential interventions.
- Chapter 7 discusses methods of coping with bullying as well as steps to end the cycle of incivility in the workplace and to care for the “wounded healer.”

### 3. Issues and Trends in Nursing: Practice, Policy, and Leadership By Gayle Roux and Judith A. Halstead. 2nd edition. Burlington, MA, Jones and Bartlett Learning.



For nursing students, grasping the practice, policy, and leadership challenges of the nursing profession may seem daunting. Each chapter in this well-designed text helps advance the nursing student through the profession. From understanding the origins of nursing to current trends in health care, from the environments of care to the patients for whom we care—all of the essential topics are addressed! This is a tremendous text for use in an introductory nursing course and would be a helpful reference for all students as they progress toward graduation.

- Each chapter contains “contemporary practice highlights” text boxes that address important issues in nursing related to the chapter topic. These boxes are informative adjuncts—they support the reader’s contextual understanding of the chapter as a whole.
- Key terms are highlighted in boxes throughout the book; they expand upon the information without distracting from the main narrative. Their placement helps prevent confusion and maintains a clean appearance on the page.
- Includes access to helpful online content, including flash cards, chapter slides for classroom use, and an electronic copy of the book with useful interactive tools.

## PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Geraldine S. Pearson, PhD, PMH-CNS, FAAN, associate professor in child and adolescent psychiatry, University of Connecticut School of Medicine, Farmington, CT.

### 1. Therapeutic Communication in Mental Health Nursing: Aesthetic and Metaphoric Processes in the Engagement with Challenging Patients By Shira Birnbaum. Abingdon, Oxon, UK, Routledge.



From the first page of this remarkable book, I was transported back to experiences that defined, in many ways, my psychiatric practice and how I approach it, to a time, for example, when I cared for a patient who engaged in very dangerous behavior—a patient so baffling to my inexperienced self that I could not imagine ever understanding those bizarre behaviors. Even though I’m many years removed from the experience, I vividly remember working in an inpatient setting where a patient ingested any article that could be swallowed. I also recall the frustration of the nursing staff and the feelings of hopelessness. I remember a young girl whose trauma was linked to psychosis, who could only sleep when nursing staff took a broom and swept the “bad spirits” from under her bed.

Birnbaum describes, in fascinating detail, how she’s handled therapeutic interventions with various patients. Even better, she uses patient encounters to describe and illustrate relevant therapeutic concepts. She delves into nursing culture and delicately



and carefully links the art of nursing and nursing knowledge with the use of self and understanding of the therapeutic encounter, emphasizing the interplay between thinking and feeling.

In an era of data-driven psychiatric nursing, pressure for medication use to fix problems, and a constant struggle to define roles and care strategies, this book is a gem. It reminds us why we became psychiatric nurses in the first place, and invokes the nuances of human care and understanding practiced by psychiatric nurses. It is practically and eloquently written, thought provoking, and creative in its clarity and simplicity, and it's aimed at all levels of psychiatric nurses. The book concludes by urging nurses to continue advocating for the most vulnerable of their psychiatric populations—those who are most impaired, most challenging, and most despised—and to provide creative and thoughtful nursing care. There is no better message for those of us who provide treatment to severely disturbed populations.

- Is brilliantly written with a simplicity that will appeal to any level of psychiatric nurse. Yet the simplicity is deceptive, since the book's message is complex and powerful.
- Is thought provoking and effective in its examination of psychiatric nursing practice, especially regarding the most vulnerable patient populations.

## 2. Routledge Handbook of Global Mental Health Nursing: Evidence, Practice and Empowerment

*Edited by Edilma L. Yearwood and Vicki P. Hines-Martin. Abingdon, Oxon, UK, Routledge.*



This is a lovely, well-written, thoughtful book that provides a comprehensive and exhaustive review of global aspects of mental health nursing. It's organized into four parts: Historical and Contemporary Mental Health Nursing, Promoting Mental Health Nursing Within Social and Cultural Contexts, Cultural Voices and Human Rights, and Empowerment Strategies. Written by experts, each chapter is liberally sprinkled with case exemplars and vignettes.

I think the best aspect of this book is that it has numerous chapters focused on various cultural arenas, including Canada, Malawi, Jamaica, South Africa, Korea, the Philippines, Argentina, Japan, and the United Kingdom. These chapters, authored by individuals either part of or working in the culture discussed, offer a view of specific issues influencing psychiatric nursing. So many books give a homogenized, Americanized version of these issues in other cultures. It is refreshing to read specialized descriptions written by authors with relevant cultural experience. One of the best examples of this is the chapter describing disaster mental health care in Japan. Its recommendations, described in great detail, can apply to any country facing a natural disaster.

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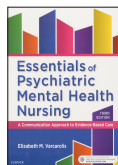
The book concludes with a discussion of empowerment, health literacy, and models of community-based mental health care. The final chapter recommends involving consumers in the development and delivery of person-centered care. This is a fitting end to such an in-depth, excellent book about global mental health.

- Is thoughtful and well-written; would appeal to a broad range of psychiatric mental health nurses.
- Is passionate about empowerment and assuming a global approach to psychiatric care.
- Is visionary in defining the predominant issues that influence global health.

*Editor's note:* Dr. Pearson disclosed that she was a coauthor of one chapter in this book: "Standard of Mental Health Care: Meeting Consumer Needs." She received no financial compensation for authoring this chapter and did not read this book prior to its publication.

## 3. Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care

*By Elizabeth M. Varcarolis. 3rd edition. St. Louis, Elsevier.*



What appealed to me about this book was that it has an intuitive topical organization and that it makes specific information about psychiatric nursing practice easy to find. Each chapter ends with "Key Points to Remember," "Applying Critical Judgment" questions, and review questions, all of which help the reader

focus on what's important about the chapter and encourage thoughtfulness and critical reasoning. Key concepts are clearly identified. Readers will come away from each chapter with a solid overview of what they need to know about the topic. This is especially helpful for nursing students facing licensing exams.

I particularly liked the unit on age-related mental health disorders and was pleased with its chapter on children and adolescents. The basic information on this and other topics is exactly what undergraduate students should be reading during their education and even after, as they begin practicing.

In summary, this textbook is eminently readable, logical, and filled with excellent information and updated references. Case studies help present the material in practical, digestible bites. Nursing student–patient dialogue samples are particularly realistic and helpful. This book is a stellar offering in the crowded landscape of psychiatric mental health nursing texts.

- Weaves the concept of communication into every page.
- Is readable, organized, clearly written, well referenced, and accurate.
- Focuses on the information students need to pass licensing exams. ▼