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| Table 1: Participant characteristics stratified by a 2-minute bout of moderate-vigorous physical activity during the week of physical activity monitoring.  |
| Participant Characteristics  | **2-minute bout MVPA****75.0% (n=521)** | **No bout of MVPA****25.0% (n=174)** | ***P* Value**  |
| Age, mean±SD, years | 68**±** 10 | 73**±** 10 | 0.001 |
| Sex: % |  |  | 0.001 |
|  Male  | 58.7 | 38.0 | - |
| Female  | 41.3 | 62.0 | - |
| Race: % |  |  | 0.303 |
|  White  | 79.4 | 84.1 | - |
| Black  | 8.2 | 9.7 | - |
| Mexican Hispanic  | 4.9 | 2.9 | - |
| Other Hispanic | 2.4 | 0.9 | - |
| Other Race  | 5.1 | 2.3 | - |
| Interview Language: % |  |  | 0.001 |
|  English | 97.0 | 99.3 | - |
| Spanish  | 3.0 | 0.7 | - |
| Education: Estimate % |  |  | 0.343 |
| < 9th Grade  | 11.7 | 9.6 | - |
| 9-11th Grade  | 14.1 | 17.6 | - |
|  High School Diploma/GED | 28.5 | 34.4 | - |
| Some college or Associate Degree | 26.6 | 26.1 | - |
| College or above | 19.0 | 11.7 | - |
| Refused | 0 | 0.5 | - |
| Body Measures: mean±SD |  |  |  |
|  Weight (kg)  | 82.3**±** 17.3 | 80.8**±** 18.2 | 0.357 |
|  Height (cm)  | 168.0**±** 10.0 | 164.4**±**9.6 | 0.001 |
|  BMI(kg/m2) | 29.0**±** 5.4 | 29.8**±** 5.7 | 0.226 |
| RCRI Conditions: % |  |  |  |
| Diabetes | 14.4 | 19.4 | 0.263 |
| Chronic Kidney Disease | 3.4 | 2.4 | 0.030 |
|  Congestive Heart Failure | 19.9 | 33.1 | 0.045 |
| Coronary Artery Disease | 67.2 | 65.9 | 0.781 |
| Cerebrovascular Disease | 21.4 | 33.0 | 0.050 |
| Sample size (n) is unweighted. Mean and prevalence are weighted to account for the survey design. RCRI=Revised Cardiac Risk Index; BMI=Body Mass Index; MVPA=Moderate-Vigorous Physical Activity; GED=General Education Development Degree SD=Standard Deviation |
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