

Global Obesity and the Effect on Women's Health

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1. The single leading global cause of health loss is:

- A. Parasites
- B. Cancer
- C. Obesity
- D. Smoking
- E. Undernutrition

2. Based on the 2008 Behavioral Risk Factor Surveillance System (BRFSS) survey of obesity, how many states had obesity rates (body mass index [BMI] greater than 30 mg/kg²) of 25% or greater?
- A. 19
 - B. 25
 - C. 31
 - D. 37
 - E. 43
3. Obesity costs as a percentage of health care costs are greatest in:
- A. The United States
 - B. Canada
 - C. Australia
 - D. Netherlands
 - E. France
4. When compared to normal-weight women, obese women who consider breastfeeding are more likely to:
- A. Initiate breastfeeding
 - B. Have obese children
 - C. Breastfeed for a greater duration
 - D. Have delayed lactogenesis
5. The greatest increase in the rate of diabetes worldwide is expected to occur in:
- A. Chile
 - B. Egypt
 - C. Sub-Saharan Africa
 - D. India
 - E. China

6. Between 2007 and 2017, it is estimated that stroke, diabetes, and heart disease will reduce national income in China by:
- A. \$33 billion
 - B. \$142 billion
 - C. \$237 billion
 - D. \$558 billion
 - E. \$727 billion
7. The most likely health consequence of a country moving from “least developed” to “less developed” economic status is:
- A. Increased fertility rate
 - B. Increased rates of death from noncommunicable disease
 - C. Decreased rates of trauma deaths
 - D. Increased rates of death from communicable disease
 - E. Decreased rates of cardiovascular disease
8. In Pakistan, which of the following is the strongest predictor of overweight and obese BMI?
- A. Low socioeconomic status
 - B. Urban living
 - C. Vegetarian diet
 - D. Low educational achievement
 - E. Availability of train travel
9. Which of the following conditions shows only a slight improvement with weight loss?
- A. Stroke
 - B. Hypertension
 - C. Type 2 diabetes mellitus
 - D. Osteoarthritis
 - E. Sleep apnea

10. Which of the following will show the greatest benefit from increased physical activity?

- A. Osteoarthritis
- B. Breast cancer
- C. Coronary artery disease
- D. Gallbladder disease
- E. Sleep apnea

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EXPIRED