

Appendix 1. Whey protein container (A) and whey protein container with smooth hole cutout of bottom (B).



A.



B.

Appendix 2. Sample baby dolls used.



Birsner ML. A simulator for breech extraction of the second twin. *Obstet Gynecol* 2018; 131.
The authors provided this information as a supplement to their article.
©2018 American College of Obstetricians and Gynecologists.

Appendix 3. Large latex balloon (A) and balloon with mouth stretched over opening of whey container (B).



Appendix 4. Balloon stretched to fill container when vacuum cleaner hose suction applied.



Appendix 5. Commercially available zippered neoprene lunch sac, with straps, with hole cut inferiorly to simulate dilated cervix.



Birsner ML. A simulator for breech extraction of the second twin. *Obstet Gynecol* 2018; 131.
The authors provided this information as a supplement to their article.
©2018 American College of Obstetricians and Gynecologists.

Appendix 6. Neoprene uterus made of two wine bottle holders folded back anteriorly, with hole cut inferiorly to simulate dilated cervix.



Birsner ML. A simulator for breech extraction of the second twin. *Obstet Gynecol* 2018; 131.
The authors provided this information as a supplement to their article.
©2018 American College of Obstetricians and Gynecologists.

Appendix 7. Neoprene uterus made of two wine bottle holders, suspendable by an instructor, with added simulated vagina through which breech extraction can occur. Hysterotomy has been cut for adaptability at cesarean delivery.

