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| **Supplemental table 2.** Blood pressure levels 2010 v 2014 |
| N =47 | 2010 | 2014 | p-value |
| Daytime systolic  | 133 | 129 | 0.05 |
| Daytime diastolic | 79 | 77 | 0.2 |
| Night-time systolic | 117 | 114 | 0.1 |
| Night-time diastolic | 66 | 66 | 0.9 |
| Twenty four systolic | 127 | 123 | 0.05 |
| Twenty four diastolic | 74 | 73 | 0.3  |
| 3 follow-up ABPM results excluded due to incomplete data |

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| **Supplemental table 3.** Dipping status 2010 v 2014 |
| N = 47 | 2014 |
| 2010 | Dippers | Non-dippers | Extreme dippers | Reverse dippers | Total |
| Dippers  | 5 | 11 | 5 | 1 | 22 |
| Non-dippers | 8 | 3 | 2 | 2 | 15 |
| Extreme dippers | 2 | 3 | 1 | 0 | 6 |
| Reverse dippers | 1 | 1 | 0 | 2 | 4 |
| Total | 15 | 18 | 8 | 5 | 47 |
| kappa statistic = -0.11 (p = 0. 89) |

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| **Supplemental table 4.** Blood pressure categories 2010 v 2014 |
| 2010 | Normotension | Isolated daytime hypertension | Isolated nocturnal hypertension | Day/night hypertension | Total |
| Normotension | 9 | 0 | 1 | 0 | 10 |
| Isolated daytime hypertension | 4 | 3 | 1 | 6 | 14 |
| Isolated nocturnal hypertension | 7 | 0 | 4 | 1 | 12 |
| Day/night hypertension | 4 | 2 | 2 | 3 | 11 |
| Total | 24 | 5 | 8 | 10 | 47 |
| kappa statistic = 0.21 (p < 0.005) |