**Supplemental Table 2: Fellow and Faculty Behavioral Vigilance**

Psychomotor Vigilance Testing (PVT) results for fellows and faculty.

Abbreviations: s= seconds, ms= milliseconds

|  |  |  |
| --- | --- | --- |
| PVT RESULT | FELLOWS | FACULTY |
|  | Intervention | Control | p-value | Intervention | Control | p-value |
| Response Speed (1/s) | 4.64 (0.09) | 4.62 (0.09) | 0.50 | 4.72 (0.08) | 4.72 (0.08) | 0.64 |
| Median Reaction Time (ms) | 213.6 (4.2) | 214.0 (4.3) | 0.68 | 208.0 (3.5) | 208.8 (3.6) | 0.40 |
| Lapses of Attention (n) | 1.21 (0.35) | 1.19 (0.29) | 0.89 | 1.16 (0.23) | 1.21 (0.23) | 0.46 |
| False Starts (n) | 2.92 (0.83) | 3.04 (0.82) | 0.64 | 3.36 (0.60) | 3.35 (0.51) | 0.72 |
| Fastest 10% Reaction Times (ms) | 175.9 (2.8) | 177.7 (2.6) | 0.10 | 174.4 (2.5) | 174.5 (2.8) | 0.27 |
| Slowest 10% Reciprocal Reaction Times (1/s) | 3.31 (0.12) | 3.26 (0.11) | 0.44 | 3.31 (0.09) | 3.30 (0.09) | 0.51 |