**Supplement A: DREAMS Interview Procedures**

After completion of the virtual reality (VR) experience, a brief interview was performed to evaluate subjects’ perceptions of the DREAMS experience. The interview was audio recorded for participants that consented to audio recording.

The interview began with the following set of instructions:

“Please rate your agreement with the following statements on a scale from one to five, with one being ‘Strongly Agree’ and five being ‘Strongly Disagree’.”

1. “I liked the experience of using the DREAMS.”
2. “I thought using the DREAMS was comfortable.”
3. “I found myself thinking about DREAMS after the session was over.”
4. “I feel that I slept better last night because of the DREAMS.”
5. “I feel that I experienced less pain yesterday because of the DREAMS.”

The interview was concluded by providing participants the opportunity to provide open ended feedback. We asked the participants to “Describe in your own words what changes you would make to improve this experience.”