**Supplemental Table 4**. Maximum and minimum electrolyte ranges through study Day 30.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ID** | **Group** | **Potassium (Low)** | **Potassium ( High)** | **Sodium (Low)** | **Sodium (High)** | **Calcium (Low)** | **Calcium (High)** | **Phosphate (Low)** | **Phosphate (High)** |
| 1 | Fiber | 3.8 | 6.7 | 138 | 148 | 8.2 | 9.4 | 2.1 | 5.4 |
| 2 | No Fiber | 2.7 | 5.6 | 137 | 145 | 7.5 | 10.4 | 3 | 5.5 |
| 3 | Fiber | 3.4 | 5.6 | 129 | 150 | 6.9 | 9.2 | 1.8 | 4.3 |
| 4 | No Fiber | 2.7 | 5.7 | 135 | 151 | 7.8 | 9.2 | 1.3 | 6.7 |
| 5 | Fiber | 2.7 | 4.9 | 135 | 157 | 6.9 | 11.2 | 1.3 | 6.6 |
| 6 | Fiber | 3.2 | 5.6 | 129 | 150 | 7.5 | 8.6 | 1.7 | 8.4 |
| 7 | No Fiber | 3.2 | 5.3 | 137 | 148 | 8 | 9.9 | 1.8 | 7.2 |
| 8 | No Fiber | 3.6 | 5.4 | 128 | 143 | 7.1 | 9 | 1.2 | 6.4 |
| 9 | No Fiber | 3.1 | 4.3 | 139 | 150 | 7.9 | 9.4 | 1.5 | 3.5 |
| 10 | No Fiber | 2.9 | 6.2 | 134 | 152 | 7.6 | 11 | 2.7 | 7.6 |
| 11 | Fiber | 3.4 | 7.3 | 130 | 150 | 8 | 10.6 | 1.3 | 9 |
| 12 | Fiber | 3.7 | 5.0 | 133 | 150 | 8 | 9.3 | 2.5 | 5.5 |
| 13 | Fiber | 3.4 | 5.5 | 137 | 150 | 9.0 | 10.6 | 2.0 | 4.5 |
| 14 | Fiber | 3.1 | 4.4 | 135 | 152 | 7.5 | 8.5 | 1.4 | 2.4 |
| 15 | No Fiber | 2.7 | 6.3 | 127 | 143 | 8.6 | 11.5 | 1.5 | 4.9 |
| 16 | No Fiber | 4.2 | 7.2 | 139 | 144 | 6.1 | 6.5 | 4.3 | 9.3 |
| 17 | No Fiber | 3.6 | 4.7 | 149 | 151 | 8.9 | 9.2 | 3.4 | 4.7 |
| 18 | Fiber | 3.0 | 5.9 | 132 | 150 | 8.5 | 9.5 | 3.1 | 4.7 |
| 19 | No Fiber | 3.4 | 5.8 | 131 | 154 | 6.7 | 8.1 | 1.9 | 8.1 |
| 20 | Fiber | 3.0 | 6.6 | 137 | 153 | 7.4 | 10.2 | 2.0 | 5.9 |
| 21 | No Fiber | 3.5 | 4.6 | 135 | 141 | 8.2 | 8.6 | 2.3 | 4.2 |
| 22 | No Fiber | 2.6 | 3.7 | 135 | 145 | 7.6 | 8.4 | 1.8 | 2.9 |