

1 **Supplementary Table 1: CPET parameters during exercise testing, at the two time points (M3 and M6).**

2 Data are expressed as median [IQR]. MET: metabolic equivalent; HR: heart rate; CR: chronotropic response; πO_2 : oxygen pulse; SpO_2 : pulse oximetry; VE: minute
3 ventilation; MVV: maximal voluntary ventilation; BR: breathing reserve

	Baseline			Peak			T/12		
Data	M3	M6	p value	M3	M6	p value	M3	M6	p value
MET	2.4 [1.6-3]	1.4 [1.1-1.9]	0.013	6.4 [4.1-7.5]	6.1 [4.1-7.6]	NS			
HR (bpm)	73 [68-86]	75 [68-87]	NS	115 [101-138]	126 [116-158]	0.01	88 [79-95]	93 [84-105]	NS
Systolic blood pressure (mmHg)	137.5 [128.8-140]	125 [118.8-140]	NS						
Diastolic blood pressure (mmHg)	70 [60-70]	80 [66.8-87]	NS						
CR (%)				53.5 [30-66]	67 [49-89]	NS			
πO_2 (ml/beat)	10.9 [8-13.5]	5.8 [4.5-12]	< 0.008	15.8 [12.1-22.1]	15.2 [12.3-19.1]	NS	11.4 [8.4-13.4]	10.9 [7.5-13.2]	NS
SpO_2 (%)	98 [96-99]	96 [95-97]	NS	93 [87-95]	93 [91-95]	NS	96 [95-97]	96 [96-97]	NS
VE (l/min)				67.8 [44.8-78.4]	67.2 [43.6-98.8]	NS			
MVV (l/min)				66 [59-77]	69 [58-84]	NS			
BR (%)				34	34	NS			

				[23-45]	[21-41]				
--	--	--	--	---------	---------	--	--	--	--

4

2

5

6