**Author(s):** VS/AT **Date:** 2015-02-24

Question: Should breastfeeding before vaccine injections vs no treatment be used for reducing vaccine injection pain in children up to 2 years?

Settings: clinics

Bibliography: Achema 2011 (1), Sahebihagh 2011 (1)

No of studies	Design				No of patients		Effect		Quality	Importance		
		Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Breastfeeding before vaccine injections	No treatment	Relative (95% CI)	Absolute		
	Acute (measi			leonatal Infant	Pain Scale 0	-7, Abbey Pain So	cale 0-18, Pain Ass	essment in	Advance	ed Dementia Sc	ale 0-10) by r	researcher <sup>1</sup> ;
	randomised trials <sup>2,3</sup>		no serious inconsistency	no serious indirectness	serious <sup>5</sup>	none	50	50	-	SMD 1.43 lower (2.14 to 0.72 lower)	⊕⊕OO LOW	CRITICAL
Distress	Acute + Reco	overy <sup>6</sup> (mea	sured with: vali	dated tool (cry	duration) by	researcher; Bett	er indicated by low	ver values)				
	trials	no serious risk of bias <sup>4</sup>	no serious inconsistency	no serious indirectness	serious <sup>5</sup>	none	30	30	-	SMD 1.47 lower (2.05 to 0.9 lower) <sup>6</sup>	⊕⊕⊕O MODERATE	CRITICAL
Distress	Recovery (mo	easured wi	th: validated to	ol (Neonatal Inf	ant Pain Sca	le 0-7) by researd	her; Better indicate	ed by lower	values)			
	trials	no serious risk of bias <sup>4</sup>	no serious inconsistency	no serious indirectness	serious <sup>7</sup>	none	30	30	-	SMD 0.13 lower (0.63 lower to 0.38 higher)	⊕⊕⊕O MODERATE	CRITICAL
Safety, Production		tcomes, Us	se of Intervention	l n, Parent Fear,	Vaccine Con	l npliance, Prefere	nce, Satisfaction (a	ssessed w	ith: no da	ata were identif	ied for these	important
	No evidence available					none	-	- 0%	-	-		IMPORTANT

In one study (Achema 2011) it is unclear whether Abbey Pain Scale or Pain Assessment in Advanced Dementia Scale was used to report pain; data extracted from Table 6 in the study

<sup>&</sup>lt;sup>2</sup> In one study (Sahebihagh 2011), infants were breastfed according to their appetite before vaccine injection and stopped 2 minutes before injection.

<sup>&</sup>lt;sup>3</sup> In one study (Achema 2011), infants were breastfed 60 minutes prior to vaccine injection.

<sup>&</sup>lt;sup>4</sup> Inconsistent blinding of outcome assessor; possible co-intervention in comparison group in one study (Achema 2011) - mothers were able to hold and cuddle their infants

<sup>&</sup>lt;sup>5</sup> Sample size was below the recommended optimum information size (OIS) of 400 for an effect size of 0.2

<sup>&</sup>lt;sup>6</sup> Data from 1 study (Sahebihagh 2011) included without standardization of scores to the same scale

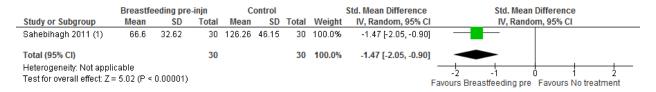
<sup>&</sup>lt;sup>7</sup> Confidence interval crosses the line of nonsignificance and sample size was below the recommended optimum information size (OIS) of 400 for an effect size of 0.2

## Revman Plots: Breastfeeding pre injection child up to 2 years

## **Distress Acute**

	Breastfe	Control				Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean	SD Total		Mean	SD	Total	Weight	IV, Random, 95% C	IV, Random, 95% CI
Achema 2011 (1)	3.75	1.02	20	5.65	2.28	20	48.1%	-1.05 [-1.72, -0.39]	_ <del></del>
Sahebihagh 2011 (1)	7.37	1.13	30	9.33	1.04	30	51.9%	-1.78 [-2.39, -1.18]	i <del></del>
Total (95% CI)			50			50	100.0%	-1.43 [-2.14, -0.72]	•
Heterogeneity: Tau² = 0.16; Chi² = 2.51, df = 1 (P = 0.11); I² = 60%									
Test for overall effect: Z = 3.94 (P < 0.0001) Favo								Favours Breastfeeding pre Favours No treatment	

## **Distress Acute + Recovery**



## **Distress Recovery**

