# Appendix A: Reflux Disease Questionnaire. Six symptoms are scored by Frequency and by Intensity. In some studies the average of Frequency and Severity for each Symptom Domain are used to compare pre and post treatment outcomes.

|  |  |  |
| --- | --- | --- |
| Symptom | Symptom Domain |  |
| Burning feeling behind the breastbone | Heartburn | Substernal Burning |
| Pain behind the breastbone | Heartburn | Substernal Pain |
| An acid taste in the mouth | Regurgitation | Regurgitation (Taste) |
| Unpleasant movement of material upwards from the stomach | Regurgitation | Regurgitation (Movement) |
| Burning feeling in the center of the upper stomach | Dyspepsia | Dyspepsia Burning |
| Pain in the center of the upper stomach | Dyspepsia | Dyspepsia pain |
|  |  |  |
| Frequency | Present Days/Week |  |
| 0 | None |  |
| 1 | 1-3 |  |
| 2 | 4-6 |  |
| 3 | Daily |  |
|  |  |  |
| Intensity |  |  |
| 0 | Absent |  |
| 1 | Mild: Awareness, easily tolerated | |
| 2 | Moderate: Interferes with normal activities | |
| 3 | Severe: Incapacitating with inability to perform normal activities | |
|  |  |  |
| Severity Levels |  |  |
| Low | Present but insufficient to qualify as high | |
| High | Symptoms of moderate severity at least 4 days /week | |