**Multiple sclerosis phenotypes as a continuum: the role of neurological reserve**

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**Supplemental data**

* Supplementary table
* Supplementary references

**Supplementary Table.** Assessment measures for cognitive reserve and reserve-related patient characteristics

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| **Concept** | **Potential measures** |
| **Reserve-building activities** |  |
| * Past and current achievement * Educational * Occupational | * Assessments * Sole-Padulles Childhood Enrichment measure * Wechsler Abbreviated Scale of Intelligence – vocabulary subtest * Occupational attainment |
| * Enrichment activities across a range of domains, including: * cultural/intellectual * physical * communal * spiritual/religious | * Patient-reported outcome measures: * Stern Leisure Activities measure * Godin Leisure-Time Exercise Questionnaire * DeltaQuest Reserve-Building Activities measure |
| **Reserve-related person characteristics** |  |
| * Attitudes, values and socio-emotional skills | * Person-reported measures of perseverance, work value and socio-emotional intelligence resources * Measures of appraisal processes and personality |

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