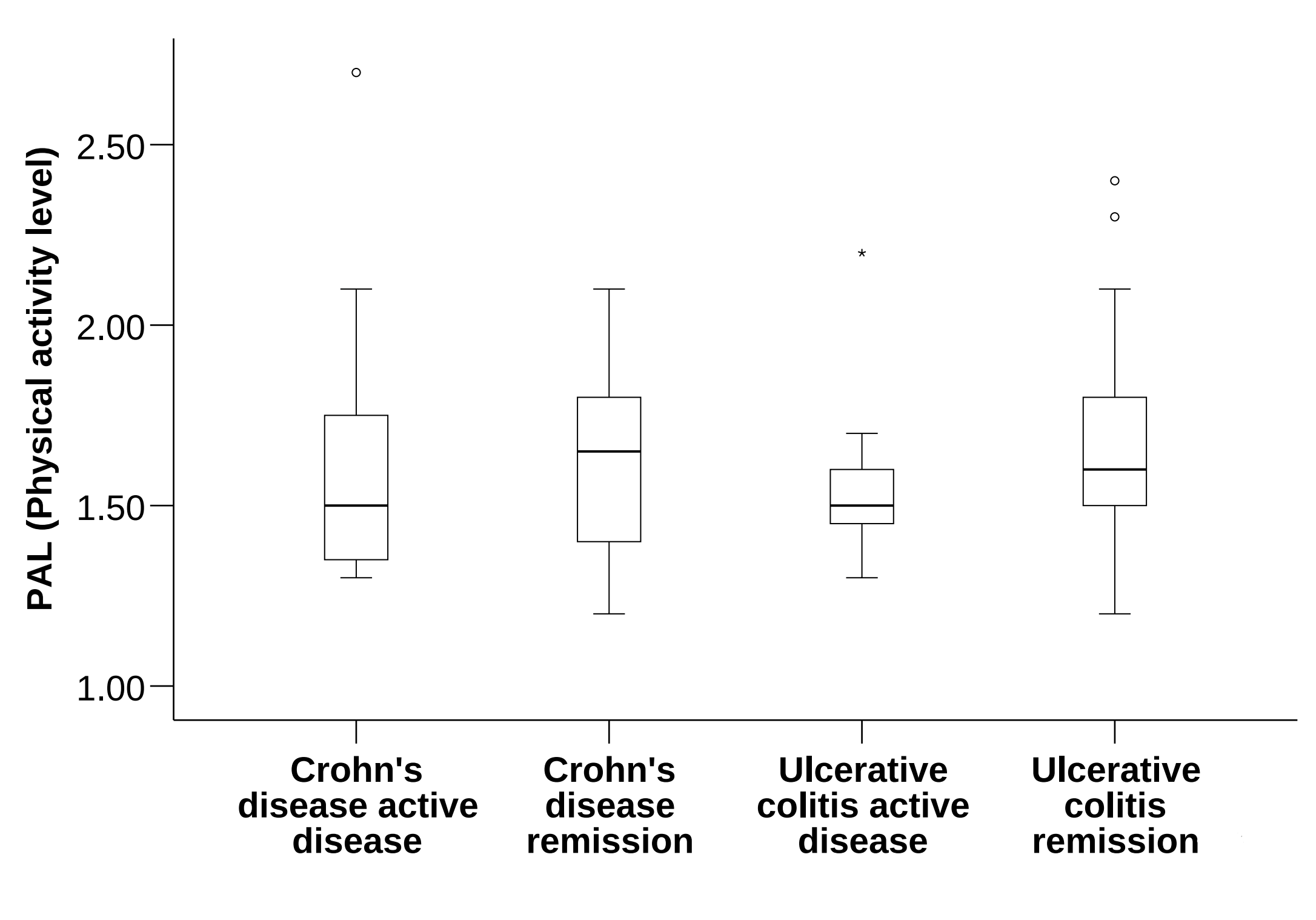
PAL (Physical activity level)
2.50
2.00
1.50
1.00
Crohn's disease active disease
Crohn's disease remission
Ulcerative colitis active disease
Ulcerative colitis remission