**Supplemental Table 1**: Demographic and clinical characteristics of CD and UC patients

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| --- | --- | --- | --- |
|  | CD | UC | |
| **Demographics** |  |  |
| Patients [n]  Male [n (%)]  Age at study entry, yrs [median (IQR)]  Disease duration at study entry, month [median (IQR)]  Smoking [n (%)]  Extraintestinal manifestation [n (%)]  **Extent of disease**  at first endoscopy [n]  L1  L2  L3  L4  E1  E2  E3  **Disease activity** [n]  Flare  Remission  **Endoscopic scores**  SES-CD [n]  Remission (0-2)  Mild activity (3-6)  Moderate activity (7-15)  Severe activity (>15)  Endoscopic Mayo Score [n]  Mayo 0-1  Mayo 2  Mayo 3    **Clinical Scores**  CDAI [n]  Remission (<150)  Mild activity (150-220)  Manifest activity (>220)  Partial Mayo [n]  Remission (0-1)  Mild activity (2-4)  Moderate activity (5-6)  Severe activity (7-9) | 40  17 (42.5)  34.5 (12.1)  120 (119.7)  13 32.5)  6 (15)  6  8  6  6  28  23  8  6  12  7  20  7  20 | 37  17 (45.9)  35 (17.6)  36.5 (84.4)  5 (13.5)  4 (10.8)  3  15  10  30  16  10  15  11  12  10  10  11 |
|  |  |  |

CD, Crohn’s disease; CDAI, Crohn’s disease activity index; CRP, C-reactive protein; IQR, interquartile range; n, number; SES-CD, simple endoscopic score for Crohn’s disease; UC, Ulcerative colitis