|  |  |  |
| --- | --- | --- |
|  | **Acute flare** | **Remission** |
| **Crohn`s disease** |  |  |
|  5-ASA [n] Thiopurines [n] Systemic steroids [n] | 559 | 244 |
|  Biologica [n] Anti-TNF [n] Vedolizumab [n] Ustekinumab [n] Tofacitinib [n] | 981-- | 13121-- |
| **Ulcerative colitis** |  |  |
|  5-ASA [n] Thiopurines [n] Systemic steroids [n] | 17313 | 613 |
|  Biologica [n] Anti-TNF [n] Vedolizumab [n] Ustekinumab [n] Tofacitinib [n] | 871-- | 752-- |

**Supplemental Table 2**: Medication of CD and UC patients

5-ASA: aminosalicylates; CD, Crohn’s disease; n, number; UC, Ulcerative colitis; anti-TNF, anti-TNF-antibodies