**INCLUSION AND EXCLUSION CRITERIA**

Male and female subjects of 18 years of age inclusive with a diagnosis of chronic constipation diagnosed using criteria established in Roma III [1] will be eligible for the study.

***Inclusion Criteria***

A subject will be eligible for inclusion in this study only if all the following criteria apply:

-Subjects older than 18 years (both male and female).

-Fulfil Rome III criteria for functional constipation: include any two of the six symptoms of straining, lumpy or hard stools, sensation of incomplete evacuation, sensation of anorectal obstruction or blockage, digital manoeuvres and less than 3 defecations per week. These should be present during at least 25% of defecations for the last 3 months with symptom onset at least 6 months before the diagnosis [1].

-Failed routine management of constipation (lack of response to non-stimulant laxatives), or subjects responding to laxative treatment but with secondary diarrhoea and faecal incontinence.

-Duration of constipation more than 6 months.

-If subjects have a diagnosis of multiple sclerosis (MS) or Parkinson disease (PD), it is in a stable phase (no major change in medication for 1 month).

-Subject that have had no abdominal massage for at least 2 months.

-Subjects bothered by their constipation.

- Ability to understand the study

-Ability to come to the outpatient clinic during the study

-Subjects whose constipation aetiology is not only pelvic floor dyssynergia.

-Ability to use MOWOOT or have someone to apply it.

-Subjects that consent to participate in an informed way

***Exclusion Criteria***

A subject will not be eligible for inclusion in this study if any of the following criteria apply:

- Pregnancy or attempt to become pregnant in the next 6 months.

- Subjects alternating constipation and diarrhoea (not due to laxative use)

- Previous large bowel surgery

- The presence of a stoma

- External rectal prolapse

- Active anorexia or bulimia

- Mental inability to give informed consent

- Active abdominal cancer

- Large inguinal or umbilical hernia

- Inflammatory Bowel Disease (IBD)

- Recent abdominal scars, abdominal wounds or skin disorders that may make abdominal massage uncomfortable

- Intra-abdominal implants (catheters, SARS, medication pumps…)

- Subjects already undertaking or have undertaken abdominal massage unless they underwent a previous washout period of at least 2 months.

- Inability to undertake the massage with the device themselves or the lack of a carer willing to do it.

- Participation in another parallel clinical trial or less than 2 months from participation in a previous clinical trial

- Subjects who do not consent to participate.

1. Longstreth, G.F., et al., *Functional bowel disorders.* Gastroenterology, 2006. **130**(5): p. 1480-91.