Addendum 1

**Post anesthetic discharge scoring system (PADS)**17

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| **Vital signs** |
| Within 20% of pre-operative baseline | 2 |
| 20%–40% of pre-operative baseline | 1 |
| 40% of pre-operative baseline | 0 |
| **Activity level** |
| Steady gait, no dizziness, consistent with pre-operative level | 2 |
| Requires assistance | 1 |
| Unable to ambulate/assess | 0 |
| **Nausea and vomiting** |
| Minimal: mild, no treatment needed | 2 |
| Moderate: treatment effective | 1 |
| Severe: treatment not effective | 0 |
| **Pain** |
| VAS = 0–3: the patient has minimal or no pain before discharge | 2 |
| VAS = 4–6: the patient has moderate pain | 1 |
| VAS = 7–10: the patient has severe pain | 0 |
| **Surgical bleeding** |
| Minimal: does not require dressing change | 2 |
| Moderate: required up to 2 dressing changes with no further bleeding | 1 |
| Severe: required 3 or more dressing changes and continues to bleed | 0 |

Maximum score = 10; patients scoring ≥9 are fit for discharge.