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| Supplemental Appendix Table 1. Definitions of the five A’s of food security and examples from the directed content analysis |
| **The Five A’s**18 | **Definition** | **Examples** |
| **Availability** | Sufficient food for all people at all times. | Experiences of running out of food, hunger and food deprivation. |
| **Accessibility** | Physical and economic access to food for all at all times. | Financial and geographic constraints when accessing food, transportation barriers and the built environment. |
| **Adequacy** | Access to food that is nutritious and safe, and produced in environmentally sustainable ways. | Healthy food, spoilage, expired foods, food quality and climate concerns. |
| **Acceptability** | Access to culturally acceptable food, which is produced and obtained in ways that do not compromise people’s dignity, self-respect or human rights. | Obtaining cultural and traditional foods, had food preferences and spoke of interactions with food service providers. |
| **Agency** | The policies and processes that enable the achievement of food security. | Presence of external agencies, organizations or individuals working to promote food security. |