**SDC 1: Recommended Initial Regimens for Persons Living With HIV Infection**

The Panel on Antiretroviral Guidelines for Adults and Adolescents classifies the following regimens as Recommended Initial Regimens for Most People with HIV (in alphabetical order):

* Dolutegravir/abacavir/lamivudine\* (only for patients who are HLA-B\*5701 negative)
* Dolutegravir plus either tenofovir disoproxil fumarate/emtricitabine\* or tenofovir alafenamide/emtricitabine
* Elvitegravir/cobicistat/tenofovir alafenamide/emtricitabine
* Elvitegravir/cobicistat/tenofovir disoproxil fumarate/emtricitabine
* Raltegravir plus either tenofovir disoproxil fumarate/emtricitabine\* or tenofovir alafenamide/emtricitabine

(\*lamivudine may be substituted for emtricitabine or vice versa, if a non–fixed-dose NRTI combination is desired)

Adapted From: Department of Health Human Services Panel on Antiretroviral Guidelines for Adults and Adolescents – A Working Group of the Office of AIDS Research Advisory Council (OARAC). (2018). Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents Living with HIV. AIDS info. Retrieved from https://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf.