**Suppl. Table 1**

Mayo score – endoscopic sub-score (ref 18)

|  |
| --- |
| **Findings on flexible sigmoidoscopy** |
| 0 | Normal or inactive disease |
| 1 | Mild disease (erythema, decreased vascular pattern, mild friability) |
| 2 | Moderate disease (marked erythema, absent vascular pattern, friability, erosions) |
| 3 | Severe disease (spontaneous bleeding, ulceration) |