**Appendix I: Audit criteria checklist Select one correct or incorrect answer for each audit criteria checklist question:**

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| --- | --- | --- | --- | --- | --- |
| Item | Details | Outcome/Object | | | |
| 1-2 weeks | 4 weeks | 8 weeks | 12 weeks |
| Criteria 1:There is currently no gold standard measure to assess resilience however, a valid and reliable tool should be used (e.g. CD-RISC, RSA, BRS, PCQ).(Grade A) | |  |  |  |  |
| (1) If the home care nurse administered a resilience assessment tool [Brief Resilience Scale (BRS), 15-minute assessment] for all primary caregivers, record “Yes”. (Yes/No)  Assessment of monitoring items in the resilience assessment tool (BRS, 15-minute assessment) for primary caregivers. Was a resilience assessment (BRS) completed at the first home visit (1-2 weeks)? (Yes/No) | |  |  |  |  |
| (2) Assessment of monitoring items in the resilience assessment tool (BRS, 15-minute assessment) for primary caregivers. Was a resilience assessment (BRS) completed at the 12-week home visit? (Yes/No) | |  |  |  |  |
| Criteria 2: Support programs should include relative and friend support, social support (practical, emotional and moral), family-coping coherence strategies and education. (Grade B) | |  |  |  |  |
| (1) Did the primary caregivers receive the content of the resilience model-based intervention plan (weeks 1-8), including stress management, interaction and communication within the family, positive thinking, problem-solving skills, coordination of internal resources in the family, and finding care resources, from the home care nurses? | |  |  |  |  |
| (2) Was the content of the resilience model-based intervention plan (weeks 1-8) that the primary caregivers received from the home care nurses helpful for stress management? If the relevant health education was not received, this question is not applicable. | |  |  |  |  |
| (3) Was the content of the resilience model-based intervention plan (weeks 1-8) that the primary caregivers received from the home care nurses helpful for developing problem-solving skills? If the relevant health education was not received, this question is not applicable. | |  |  |  |  |
| (4) Was the content of the resilience model-based intervention plan (weeks 1-8) the primary caregivers received from the home care nurses helpful for finding care resources? If the relevant health education was not received, this question is not applicable. | |  |  |  |  |
| Criteria 3: Community-based support programs may be used to enhance resilience for families of an older adult with post-stroke dysfunction. (Grade B) | |  |  |  |  |
| (1) The home care nurses completed 20 h of training for the resilience model within the evidence-based translational care program for primary caregivers of stroke patients at home. | |  |  |  |  |
| (2) Checklist for the resilience care plan (weeks 1-8) for primary caregivers of stroke patients at home to monitor the implementation of the care plan. | |  |  |  |  |

「Y」Correct (or complete)，「N」incorrect (or incomplete)，「NA」inapplicable