

Patient Name _____ Date/Time of Exam _____

Examiner Name _____ Signature _____

RIGHT

**MOTOR
KEY MUSCLES**

**SENSORY
KEY SENSORY POINTS**
Light Touch (LTR) Pin Prick (PPR)

UER
(Upper Extremity Right)

Elbow flexors **C5**
Wrist extensors **C6**
Elbow extensors **C7**
Finger flexors **C8**
Finger abductors (little finger) **T1**

Comments (Non-key Muscle? Reason for NT? Pain?):

LER
(Lower Extremity Right)

Hip flexors **L2**
Knee extensors **L3**
Ankle dorsiflexors **L4**
Long toe extensors **L5**
Ankle plantar flexors **S1**

(VAC) Voluntary Anal Contraction
(Yes/No) ☐

RIGHT TOTALS
(MAXIMUM) (50) (56) (56)

MOTOR SUBSCORES

UER ☐ + UEL ☐ = **UEMS TOTAL** ☐
MAX (25) (25) (50)

LER ☐ + LEL ☐ = **LEMS TOTAL** ☐
MAX (25) (25) (50)

**NEUROLOGICAL
LEVELS**

Steps 1-5 for classification
as on reverse

1. SENSORY **R** **L**
2. MOTOR

**3. NEUROLOGICAL
LEVEL OF INJURY** ☐
(NLI)

4. COMPLETE OR INCOMPLETE? ☐
Incomplete = Any sensory or motor function in S4-5

5. ASIA IMPAIRMENT SCALE (AIS) ☐

(In complete injuries only)
**ZONE OF PARTIAL
PRESERVATION**
Most caudal level with any innervation

R **L**
SENSORY ☐ ☐
MOTOR ☐ ☐

SENSORY

KEY SENSORY POINTS
Light Touch (LTL) Pin Prick (PPL)

**MOTOR
KEY MUSCLES**

LEFT

UEL
(Upper Extremity Left)

Elbow flexors **C5**
Wrist extensors **C6**
Elbow extensors **C7**
Finger flexors **C8**
Finger abductors (little finger) **T1**

**MOTOR
(SCORING ON REVERSE SIDE)**

0 = total paralysis
1 = palpable or visible contraction
2 = active movement, gravity eliminated
3 = active movement, against gravity
4 = active movement, against some resistance
5 = active movement, against full resistance
5* = normal corrected for pain/disuse
NT = not testable

**SENSORY
(SCORING ON REVERSE SIDE)**

0 = absent
1 = altered
2 = normal
NT = not testable

LEL
(Lower Extremity Left)

Hip flexors **L2**
Knee extensors **L3**
Ankle dorsiflexors **L4**
Long toe extensors **L5**
Ankle plantar flexors **S1**

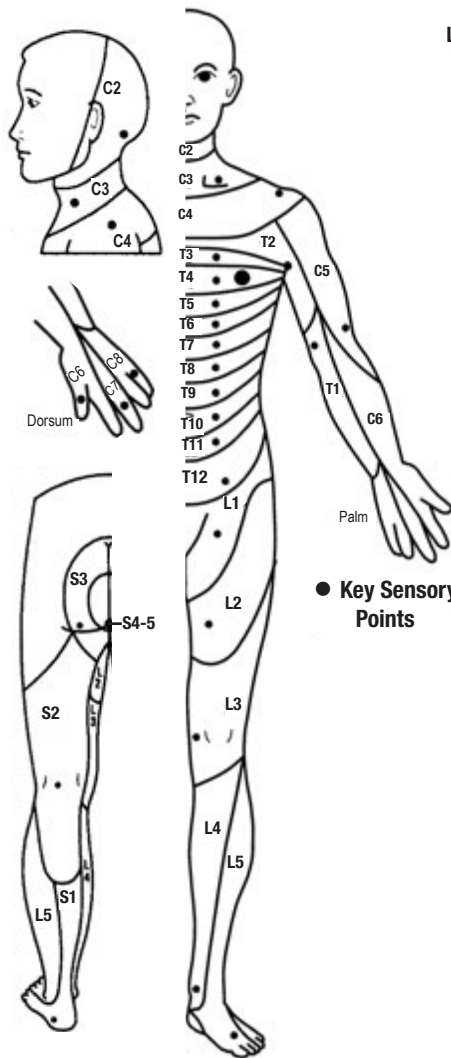
(DAP) Deep Anal Pressure
(Yes/No) ☐

LEFT TOTALS
(MAXIMUM) (50) (56) (56)

SENSORY SUBSCORES

LTR ☐ + LTL ☐ = **LT TOTAL** ☐
MAX (56) (56) (112)

PPR ☐ + PPL ☐ = **PP TOTAL** ☐
MAX (56) (56) (112)



Muscle Function Grading

- 0** = total paralysis
1 = palpable or visible contraction
2 = active movement, full range of motion (ROM) with gravity eliminated
3 = active movement, full ROM against gravity
4 = active movement, full ROM against gravity and moderate resistance in a muscle specific position
5 = (normal) active movement, full ROM against gravity and full resistance in a functional muscle position expected from an otherwise unimpaired person
5* = (normal) active movement, full ROM against gravity and sufficient resistance to be considered normal if identified inhibiting factors (i.e. pain, disuse) were not present
NT = not testable (i.e. due to immobilization, severe pain such that the patient cannot be graded, amputation of limb, or contracture of > 50% of the normal ROM)

Sensory Grading

- 0** = Absent
1 = Altered, either decreased/impaired sensation or hypersensitivity
2 = Normal
NT = Not testable

When to Test Non-Key Muscles:

In a patient with an apparent AIS B classification, non-key muscle functions more than 3 levels below the motor level on each side should be tested to most accurately classify the injury (differentiate between AIS B and C).

Movement	Root level
Shoulder: Flexion, extension, abduction, adduction, internal and external rotation Elbow: Supination	C5
Elbow: Pronation Wrist: Flexion	C6
Finger: Flexion at proximal joint, extension. Thumb: Flexion, extension and abduction in plane of thumb	C7
Finger: Flexion at MCP joint Thumb: Opposition, adduction and abduction perpendicular to palm	C8
Finger: Abduction of the index finger	T1
Hip: Adduction	L2
Hip: External rotation	L3
Hip: Extension, abduction, internal rotation Knee: Flexion Ankle: Inversion and eversion Toe: MP and IP extension	L4
Hallux and Toe: DIP and PIP flexion and abduction	L5
Hallux: Adduction	S1

ASIA Impairment Scale (AIS)

A = Complete. No sensory or motor function is preserved in the sacral segments S4-5.

B = Sensory Incomplete. Sensory but not motor function is preserved below the neurological level and includes the sacral segments S4-5 (light touch or pin prick at S4-5 or deep anal pressure) AND no motor function is preserved more than three levels below the motor level on either side of the body.

C = Motor Incomplete. Motor function is preserved at the most caudal sacral segments for voluntary anal contraction (VAC) OR the patient meets the criteria for sensory incomplete status (sensory function preserved at the most caudal sacral segments (S4-S5) by LT, PP or DAP), and has some sparing of motor function more than three levels below the ipsilateral motor level on either side of the body.
 (This includes key or non-key muscle functions to determine motor incomplete status.) For AIS C – less than half of key muscle functions below the single NLI have a muscle grade ≥ 3 .

D = Motor Incomplete. Motor incomplete status as defined above, with at least half (half or more) of key muscle functions below the single NLI having a muscle grade ≥ 3 .

E = Normal. If sensation and motor function as tested with the ISNCSCI are graded as normal in all segments, and the patient had prior deficits, then the AIS grade is E. Someone without an initial SCI does not receive an AIS grade.

Using ND: To document the sensory, motor and NLI levels, the ASIA Impairment Scale grade, and/or the zone of partial preservation (ZPP) when they are unable to be determined based on the examination results.

ASIA
 AMERICAN SPINAL INJURY ASSOCIATION
 INTERNATIONAL STANDARDS FOR NEUROLOGICAL
 CLASSIFICATION OF SPINAL CORD INJURY

ISCOS
 INTERNATIONAL SPINAL CORD SOCIETY

Steps in Classification

The following order is recommended for determining the classification of individuals with SCI.

1. Determine sensory levels for right and left sides.

The sensory level is the most caudal, intact dermatome for both pin prick and light touch sensation.

2. Determine motor levels for right and left sides.

Defined by the lowest key muscle function that has a grade of at least 3 (on supine testing), providing the key muscle functions represented by segments above that level are judged to be intact (graded as a 5).

Note: in regions where there is no myotome to test, the motor level is presumed to be the same as the sensory level, if testable motor function above that level is also normal.

3. Determine the neurological level of injury (NLI)

This refers to the most caudal segment of the cord with intact sensation and antigravity (3 or more) muscle function strength, provided that there is normal (intact) sensory and motor function rostrally respectively.

The NLI is the most cephalad of the sensory and motor levels determined in steps 1 and 2.

4. Determine whether the injury is Complete or Incomplete.

(i.e. absence or presence of sacral sparing)

*If voluntary anal contraction = **No** AND all S4-5 sensory scores = **0** AND deep anal pressure = **No**, then injury is **Complete**.*

*Otherwise, injury is **Incomplete**.*

5. Determine ASIA Impairment Scale (AIS) Grade:

Is injury Complete? If YES, AIS=A and can record ZPP (lowest dermatome or myotome on each side with some preservation)
NO ↓

Is injury Motor Complete? If YES, AIS=B
NO ↓ (No=voluntary anal contraction OR motor function more than three levels below the motor level on a given side, if the patient has sensory incomplete classification)

Are at least half (half or more) of the key muscles below the neurological level of injury graded 3 or better?

NO ↓ **AIS=C** **YES** ↓ **AIS=D**

If sensation and motor function is normal in all segments, AIS=E

Note: AIS E is used in follow-up testing when an individual with a documented SCI has recovered normal function. If at initial testing no deficits are found, the individual is neurologically intact; the ASIA Impairment Scale does not apply.