

TABLE E-1

LAHEY CLINIC KNEE-IMPLANT STANDARDIZATION PROGRAM

Name: _____ ID: _____ Date of Surgery: _____

Surgeon: _____

TKA PATIENT TYPE SCORE (Circle appropriate level for each category)

Age: _____ Weight: _____ Expected activity (after TKA): _____

- | | | |
|----------|---------------|------------------------|
| 1. >75 | 1. <120 lb | 1. Sedentary |
| 2. 70-75 | 2. 120-149 lb | 2. Household ambulator |
| 3. 65-69 | 3. 150-179 lb | 3. Community ambulator |
| 4. 60-64 | 4. 180-200 lb | 4. No walking limit |
| 5. <60 | 5. >200 lb | 5. Sports / heavy work |

(add 5 points for
<55 years of age)

Health: _____

Bone Stock: _____

American Society of
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Classification

1. Poor
2. Fair
3. Moderate
4. Good
5. Excellent

Femoral Index*

1. > .62
2. .56 - .62
3. .49-.55
4. .42-.48
5. < .42

Method of Measurement
of Femoral Index

					<u>Inner Diameter</u>
					<u>Outer Diameter</u>

AGE POINTS: _____

WEIGHT POINTS: _____

DEMAND CATEGORY: _____

ACTIVITY POINTS: _____

(See Implant Selection Chart [Table E-2])

HEALTH POINTS: _____

FEMORAL IMPLANT SELECTED: _____

BONE STOCK POINTS: _____

TIBIAL IMPLANT SELECTED: _____

TOTAL: _____

PATELLAR IMPLANT SELECTED: _____

(PATIENT TYPE SCORE)

*As described in: **Healey JH, Vigorita VJ, Lane JM.** The coexistence and characteristics of osteoarthritis and osteoporosis. *J Bone Joint Surg Am.* 1985;67:586-592.

TABLE E-2

LAHEY CLINIC DEMAND CATEGORIES IMPLANT SELECTION

Patient Type Score	Demand Category	Femoral Component	Tibial Component	Patellar Component
22 - 30	I	Choice	Choice	Choice
18 - 21	II	Choice	Cemented modular	Cemented all-polyethylene
12 - 17	III	Cemented	Age <75: Cemented modular Age ≥75: Cemented all-polyethylene	Cemented all-polyethylene
≤11	IV	Cemented	Cemented all-polyethylene	Cemented all-polyethylene

TABLE E-3

OPERATIVE COMPARISON OF COHORTS

	1992		1995		
Number of patients	56		103		
Surgical approach					
Midline incision	56	(100%)	103	(100%)	
Medial parapatellar arthrotomy	56	(100%)	103	(100%)	
Operating room time in minutes					
Mean (range)	104.84	(70-170)	103.18	(75-140)	$P = 0.7133$
Posterior cruciate ligament					
Sacrificed/substituted	5	(8.9%)	48	(46.60%)	$P < 0.0001^*$
Retained (\pm recessed)	51	(91.1%)	55	(53.47%)	
Implant used					
Kinematic/Duracon [†]	47	(83.93%)	11	(10.68%)	$P < 0.0001^*$
Duracon II [†]	0		9	(8.74%)	
PFC [‡]	9	(16.07%)	83	(80.58%)	
All polyethylene tibia					
Yes	0		14	(13.59%)	$P = 0.0023^*$
No	56	(100%)	89	(86.41%)	

*Statistically significant.

[†] Howmedica (Stryker)

[‡] Johnson & Johnson (DePuy Orthopaedics)