

**Table 2** **Most Frequently Cited Expectations by Diagnosis †**

	Total Knee Arthroplasty	ACL/PCL	Meniscus	Other Conditions	p ‡
Complete pain relief	32	13	33	32	NS
Any pain issues	42	16	47	41	NS
Improve walking	35	1	8	13	.001
Any walking issues <sup>1</sup>	77	7	28	21	.001
Return to sports	30	72	51	43	.001
Improve ability to run (not a sport)	<1	13	14	4	.001
Improve psychological well-being <sup>2</sup>	24	13	19	16	NS
Regain confidence in knee	2	8	0	7	NS
Knee to be back to the way it was before symptoms started	6	28	18	11	.001
Be able to kneel	9	3	8	14	NS
Increase knee stability	2	9	5	4	NS
Increase knee mobility	3	4	8	2	NS
Stop buckling or catching sensation in knee	<1	8	6	5	.001
Improve stair climbing	22	3	7	9	.001
Improve ability to get out of chair or bed	6	1	2	0	.02
Be able to use public transportation or drive	4	0	1	0	.02
Make knee or leg straight	5	0	0	2	.003
Improve recreational activities	23	3	2	5	.001
Improve ability to carry out daily activities	16	19	12	21	NS
Be able to return to work	7	5	13	9	NS
Improve ability to interact with others <sup>3</sup>	8	7	7	7	NS

† Values given in percents

‡ p values are for TKA patients compared to patients with all other diagnoses

<sup>1</sup> such as walking specific distances, walking on uneven surfaces

<sup>2</sup> such as “feeling normal”, “not being depressed”, “get life back again”

<sup>3</sup> such as care for dependent family members, improve sexual activity