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Parameter	Score (points)
Upper extremity	
Unable to feed oneself	0
Unable to handle chopsticks or to eat with spoon	1
Handles chopsticks with much difficulty	2
Handles chopsticks with slight difficulty	3
Healthy	4
Lower extremity	
Unable to stand up by any means	0
Unable to walk without a cane or other support on level floor	1
Walks independently on a level floor but needs support on stairs	2
Capable of fast walking, but clumsy	3
Healthy	4