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Fig. E-1 Patient positioning for hamstring strength testing. Testing at  $45^\circ$  is shown.

TABLE E-1 Mechanism of Injury for the Seventeen Patients		
Mechanism	No. of Patients	
Waterskiing	5	
Walking	3	
Tennis	3	
Running	2	
Fall	1	
Swimming	1	
Softball	1	
Basketball	1	