

Fig. E-1A

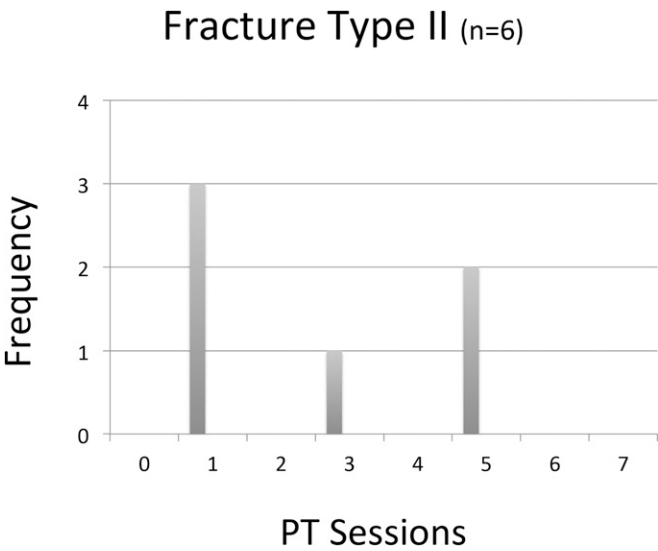


Fig. E-1B

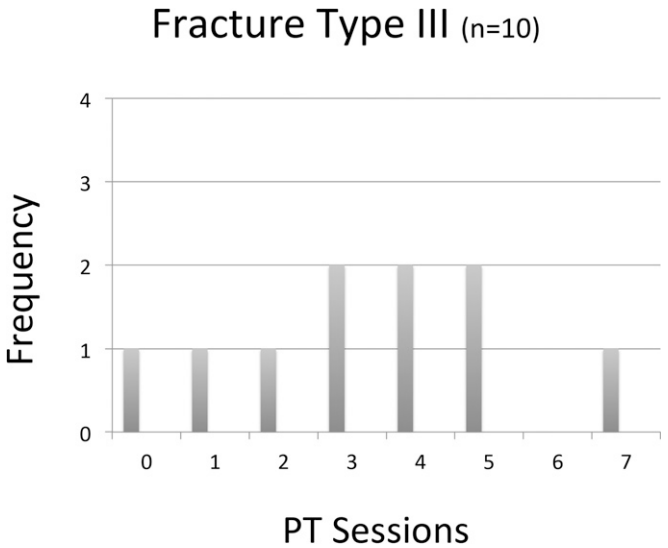


Fig. E-1C

**Figs. E-1A, E-1B, and E-1C** Histograms showing attendance at therapy sessions for patients in the PT group with each Gartland fracture type.

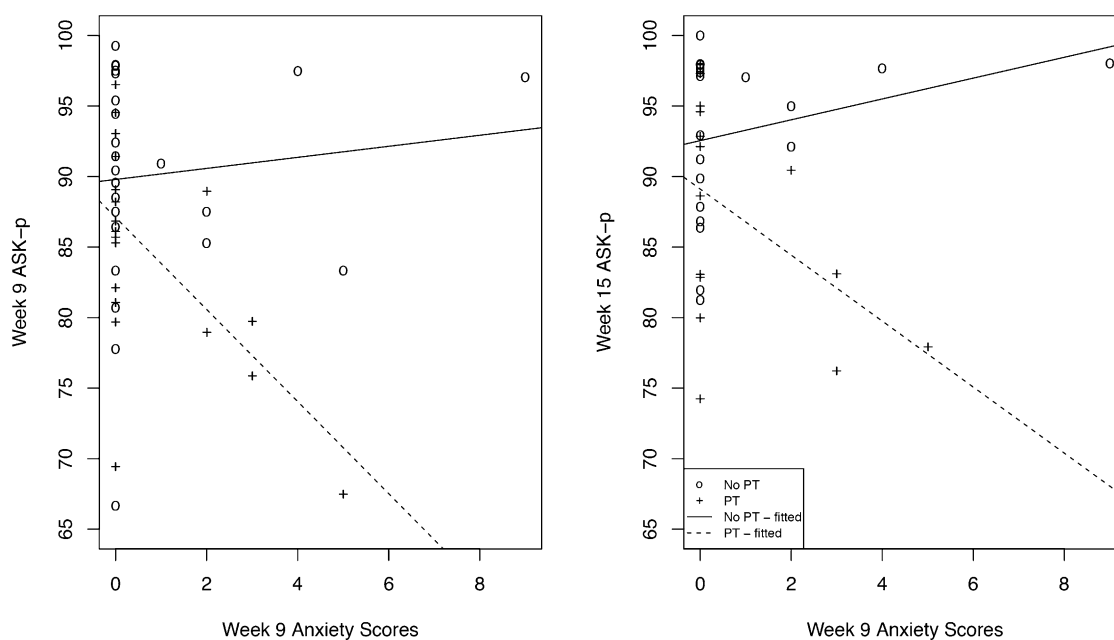


Fig. E-2

Anxiety self-assessment at nine weeks plotted against ASK-p results at nine and fifteen weeks.

| TABLE E-1 Missing ASK-p Data |                   |                      |
|------------------------------|-------------------|----------------------|
| Week                         | PT Group, N = 27* | No-PT Group, N = 31* |
| 1                            | 1 (4)             | 2 (6)                |
| 9                            | 7 (26)            | 6 (19)               |
| 15                           | 12 (44)           | 11 (35)              |
| 27                           | 13 (48)           | 15 (48)              |

\*The values are given as the number of patients, with the percentage in parentheses.

| TABLE E-2 ASK-p Scores According to Time |              |            |                     |         |
|------------------------------------------|--------------|------------|---------------------|---------|
| Week                                     | No-PT Group* | PT Group*  | Difference (95% CI) | P Value |
| 1                                        | 82.7 (2.7)   | 87.7 (1.2) | 5.0 (−0.7, 10.7)    | 0.09    |
| 9                                        | 90.2 (1.5)   | 84.7 (1.7) | −5.5 (−10.1, −0.9)  | 0.02†   |
| 15                                       | 93.2 (1.3)   | 87.1 (2.0) | −6.1 (−10.8, −1.5)  | 0.01†   |
| 27                                       | 94.2 (1.3)   | 91.5 (2.0) | −2.6 (−7.4, 2.1)    | 0.27    |

\*The values are given as the mean, with the standard error in parentheses. †Significant ( $p < 0.05$ ).