

TABLE E-1 Partial meniscectomy versus physical therapy for meniscal tear in osteoarthritic knees*

Outcome Measures	Follow-up	Change from baseline		Difference between groups (95% CI)
		Meniscectomy	Physical therapy	
WOMAC physical function score	6 mo	20.9	18.5	2.4 (−1.8 to 6.5)
	12 mo	23.5	22.8	0.7 (−3.5 to 4.9)
KOOS pain score	6 mo	24.2	21.3	2.9 (−1.2 to 7.0)
	12 mo	26.8	27.3	−0.4 (−4.8 to 4.0)
SF-36 physical activity score	6 mo	24.2	23.1	1.1 (−4.4 to 6.6)
	12 mo	25.0	28.1	−3.0 (−8.8 to 2.7)

*Values are given as the mean. CI = confidence interval; WOMAC = Western Ontario and McMaster Universities Osteoarthritis Index (0 to 100; higher scores indicate worse physical function); KOOS = Knee Injury and Osteoarthritis Outcome Score (0 to 100; higher scores indicate more severe pain); SF-36 = 36-item Short-Form Health Survey (0 to 100; higher scores indicate greater physical activity).