

TABLE E-1 Assessment of the Quality of Randomized Controlled Trials Included in the Meta-Analysis

Study	Randomization*	Blinding*	Patient Attrition*	Jadad Score (points)
Alvarez et al. (2008) ⁸	2	2	1	5
Benoni and Fredin (1996) ⁹	2	2	1	5
Camarasa et al. (2006) ¹⁰	2	2	1	5
Ellis et al. (2001) ¹¹	2	2	0	4
Good et al. (2003) ¹²	2	2	1	5
Hiippala (1997) ¹³	2	2	0	4
Hiippala (1995) ¹⁴	2	2	1	5
Jansen et al. (1999) ¹⁵	2	2	0	4
Kakar et al. (2009) ¹⁶	2	2	1	5
MacGillivray et al. (2011) ¹⁷	2	2	1	5
Orpen et al. (2006) ¹⁸	2	2	1	5
Tanaka et al. (2001) ¹⁹	2	2	0	4
Veien et al. (2002) ²⁰	2	2	1	5
Wong et al. (2010) ²¹	2	2	1	5
Zhang et al. (2007) ²²	2	1	1	4

*Values are given as the number of patients.