

TABLE E-1 Population Demographics (Patients Enrolled in Studies)*

	Operative				Nonoperative				Mechanism of Injury	Other
	Male	Female	Mean Age (yr)	Dominant Side	Male	Female	Mean Age (yr)	Dominant Side		
Virtanen et al. ¹³ (2010)	24	4	41.3	n/a	28	4	32.8	n/a	4 MVAs, 19 falls, 37 sports-related	NA
Smekal et al. ¹⁷ (2009)	26	4	39.8	17	26	4	35.5	16	18 MVAs, 6 falls, 36 sports-related	NA
Judd et al. ¹⁶ (2009)	27	2	28	13	25	3	25	12	18 MVAs, 12 falls, 27 sports-related	All patients were active duty military personnel
COTS ¹² (2007)	53	9	33.5	26	34	15	33.5	20	30 MVAs, 16 falls, 55 sports-related, 10 other	NA
Witzel ¹⁵ (2007)	22	13	34.2	NA	23	10	35.4	NA	NA	All patients were athletes
Smith et al. ¹⁴ (2000)	19	11	30.4	NA	22	13	41	NA	56 MVAs, 9 falls	NA

*MVA = motor-vehicle accident, NA = not available, and COTS = Canadian Orthopaedic Trauma Society.