

TABLE E-1 Modified Rowe Score⁹

Rating	Result
Excellent	No pain, full range of motion, no limitation in sports or work activity, no recurrence, and no symptoms of instability
Good	Slight pain or pain with unusual activity, 75% range of motion, mild limitation in sports or work activity, no recurrence, and minimum symptoms of instability
Fair	Moderate pain, 50% range of motion, moderate limitation in sports or work activity, no recurrence, and moderate symptoms of instability
Poor	Marked pain, <50% range of motion, marked limitation in sports or work activity, recurrence, and marked symptoms of instability