

TABLE E-1 Characteristics of the Sixty-one Subjects Included in this Study

Sample Characteristics	
Age at baseline* (yr)	26.5 (4.7)
Females†	16 (26)
Body mass index*‡ ( $kg/m^2$ )	24.3 (3.1)
Median Tegner activity score at 2 yr (range)	5 (3.5-7)
High activity level (score of 8 or 9)†	14 (23)
Moderate-to-low activity level (score of 5 to 7)†	47 (77)
Associated injuries at the time of ACL injury assessed by MRI†	
Osteochondral depression fracture§	35 (57)
Meniscal tear#	33 (54)
Treatment	
Rehabilitation and early ACL reconstruction†	34 (56)
Days from injury to ACL reconstruction**	45.5 (39.5, 52)
Rehabilitation and delayed ACL reconstruction†	11 (18)
Days from injury to ACL reconstruction**	408 (234, 542)
Rehabilitation alone	16 (26)
Weeks between injury and MRI*	
Baseline	3 (1)
3 mo	19 (1.5)
6 mo	33 (1.4)
1 yr	56 (1.8)
2 yr	109 (4.8)

\*The values are given as the mean, with the standard deviation in parentheses. †The values are given as the number of subjects, with the percentage in parentheses. ‡One subject had missing data. §Classified according to Frobell et al.<sup>8</sup> #Classified according to the system of Khanna et al. (Khanna AJ, Cosgarea AJ, Mont MA, Andres BM, Domb BG, Evans PJ, Bluemke DA, Frassica FJ. Magnetic resonance imaging of the knee. Current techniques and spectrum of disease. J Bone Joint Surg Am. 2001;83 Suppl 2 Pt 2:128-41.) \*\*The values are given as the median, with the 25th and 75th percentile in parentheses.