

TABLE E-1 Subject-Relevant Outcome Measures (SROM)

SROM 1
Compared to your initial visit: <input type="checkbox"/> I feel BETTER OFF than before treatment <input type="checkbox"/> I feel THE SAME as before treatment <input type="checkbox"/> I feel WORSE than before treatment
SROM 2
Compared to your initial visit, describe your heel pain now: <input type="checkbox"/> I have NO PAIN <input type="checkbox"/> I have LESS PAIN than before the treatment regimen <input type="checkbox"/> I have THE SAME PAIN as before the treatment regimen <input type="checkbox"/> I have MORE PAIN than before the treatment regimen
SROM 3
What percent improvement in heel pain have you experienced since starting the study? <input type="checkbox"/> None <input type="checkbox"/> 1% to 25% <input type="checkbox"/> 26% to 50% <input type="checkbox"/> 51% to 75% <input type="checkbox"/> 76% to 99% <input type="checkbox"/> 100%
SROM 4
How do you rate your heel pain since the start of the study treatment? <input type="checkbox"/> All better <input type="checkbox"/> Much better <input type="checkbox"/> Slightly better <input type="checkbox"/> Unchanged <input type="checkbox"/> Worse
SROM 5
What percent improvement in overall daily function including work and/or recreational activities have you experienced since starting the study? <input type="checkbox"/> None <input type="checkbox"/> 1% to 25% <input type="checkbox"/> 26% to 50% <input type="checkbox"/> 51% to 75% <input type="checkbox"/> 76% to 99% <input type="checkbox"/> 100%
SROM 6
Regarding the treatment that you received: <input type="checkbox"/> I am TOTALLY SATISFIED with the treatment <input type="checkbox"/> I am SATISFIED with MINOR RESERVATIONS with the treatment <input type="checkbox"/> I am SATISFIED with MAJOR RESERVATIONS with the treatment <input type="checkbox"/> I am DISSATISFIED with the treatment

TABLE E-2 Development of the Pain Subscale Scores of the Foot Function Index at Baseline and at the Two-Month, Four-Month, and Fifteen-Month Follow-up Evaluations\*

	Baseline			2 Months			4 Months			15 Months		
	Group I PFSS†	Group II SWT†	P Value	Group I PFSS†	Group II SWT†	P Value	Group I PFSS†	Group II SWT†	P Value	Group I PFSS†	Group II SWT†	P Value
Item 1: Pain at its worst	8.3 ± 0.8	8.5 ± 0.8	0.210	3.9 ± 2.9	6.6 ± 2.2	<0.001	2.8 ± 2.7	4.6 ± 3.0	0.002	2.2 ± 2.7	2.1 ± 2.3	0.840
Item 2: Pain during first few steps of walking in the morning	7.8 ± 1.0	7.9 ± 1.0	0.615	3.3 ± 2.5	6.1 ± 2.0	<0.001	2.6 ± 2.5	4.5 ± 2.7	<0.001	2.0 ± 2.5	2.0 ± 2.4	0.999
Item 3: Pain at end of day	4.3 ± 1.0	4.7 ± 1.3	0.088	2.0 ± 1.4	4.6 ± 1.4	<0.001	3.3 ± 1.6	4.5 ± 2.7	0.089	1.6 ± 1.8	2.0 ± 2.4	0.348
Item 4: Pain while walking barefoot	6.8 ± 1.0	7.2 ± 1.2	0.073	2.7 ± 1.9	5.6 ± 1.7	<0.001	2.2 ± 2.0	4.1 ± 2.2	<0.001	1.7 ± 2.0	2.3 ± 2.3	0.166
Item 5: Pain while standing barefoot	4.0 ± 0.9	4.2 ± 1.1	0.321	2.3 ± 1.3	3.5 ± 1.0	<0.001	1.8 ± 1.6	3.0 ± 1.5	<0.001	1.2 ± 1.6	1.5 ± 1.7	0.363
Item 6: Pain when walking with shoes	4.7 ± 1.1	4.7 ± 1.2	0.999	2.4 ± 1.4	4.4 ± 1.5	<0.001	2.2 ± 1.6	3.4 ± 1.5	<0.001	1.3 ± 1.7	1.6 ± 1.6	0.361
Item 7: Pain when standing with shoes	4.1 ± 0.9	4.3 ± 1.1	0.321	2.3 ± 1.3	4.2 ± 1.4	<0.001	1.7 ± 1.5	3.3 ± 1.5	<0.001	1.2 ± 1.5	1.5 ± 1.5	0.316

\*Group I was managed with a plantar fascia-specific stretching (PFSS) program, and Group II was managed with radial shock-wave therapy (SWT). †Data are given as the mean and the standard deviation.

TABLE E-3 Positive and Negative Response Rates by Group for Subject-Relevant Outcome Measures (SROM)\*

	2 Months					4 Months					15 Months				
	Group I PFSS		Group II SWT		P Value	Group I PFSS		Group II SWT		P Value	Group I PFSS		Group II SWT		P Value
	Positive Response†	Negative Response†	Positive Response†	Negative Response†		Positive Response†	Negative Response†	Positive Response†	Negative Response†		Positive Response†	Negative Response†	Positive Response†	Negative Response†	
SROM 1	38 (70.3%)	16 (29.6%)	18 (37.5%)	30 (62.5%)	<0.001	44 (81.5%)	10 (18.5%)	24 (50.0%)	24 (50.0%)	<0.001	38 (70.4%)	16 (29.6%)	37 (77.1%)	11 (22.9%)	0.505
SROM 2	39 (72.2%)	15 (27.8%)	18 (37.5%)	30 (62.5%)	0.006	44 (81.5%)	10 (18.5%)	24 (50.0%)	24 (50.0%)	<0.001	38 (70.4%)	16 (29.6%)	37 (77.1%)	11 (22.9%)	0.855
SROM 3	32 (59.3%)	22 (40.7%)	14 (29.2%)	34 (70.8%)	0.003	40 (74.1%)	14 (25.9%)	26 (54.2%)	22 (45.8%)	0.040	38 (70.4%)	16 (29.6%)	36 (75.0%)	12 (25.0%)	0.899
SROM 4	37 (68.5%)	17 (31.5%)	8 (16.7%)	40 (83.3%)	<0.001	38 (70.4%)	16 (29.6%)	24 (50.0%)	24 (50.0%)	0.043	37 (68.5%)	17 (31.5%)	37 (77.1%)	11 (22.9%)	0.504
SROM 5	34 (62.9%)	20 (37.0%)	12 (25.0%)	36 (75.0%)	0.002	44 (81.5%)	10 (18.5%)	24 (50.0%)	24 (50.0%)	<0.001	37 (68.5%)	17 (31.5%)	37 (77.1%)	11 (22.9%)	0.504
SROM 6	35 (64.8%)	19 (35.2%)	14 (29.2%)	34 (70.8%)	<0.001	39 (72.2%)	15 (27.8%)	25 (52.1%)	23 (47.9%)	0.042	40 (74.1%)	14 (25.9%)	37 (77.1%)	11 (22.9%)	0.511

\*Group I was managed with a plantar fascia-specific stretching (PFSS) program, and Group II was managed with radial shock-wave therapy (SWT). †Data are given as the number of responses, with the percent of the total number of patients in parentheses.