

TABLE E-1 MEDLINE Search Strategy

| Database: Ovid MEDLINE(R) <1950 to April Week 2, 2008> |  |
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| Search Strategy  |  |
| 1  | exp Electric Stimulation Therapy/ (27311)                                  |
| 2  | exp Electromagnetic Fields/ (10409)  |
| 3  | exp Electromagnetics/ (13509)  |
| 4  | exp Electrodes, Implanted/ (22922)   |
| 5  | exp High-Energy Shock Waves/ (315)   |
| 6  | 1 or 2 or 3 or 4 or 5 (60249)  |
| 7  | exp Fractures, Bone/ (108389)  |
| 8  | exp fractures, ununited/ (7814)  |
| 9  | exp Fracture Fixation/ (36664)   |
| 10   | exp Casts, Surgical/ (6911)  |
| 11   | exp Osteotomy/ (19247)   |
| 12   | exp Bone Regeneration/ (11366)   |
| 13   | exp Osteoarthritis/ (32351)  |
| 14   | exp Bone Development/ (32537)  |
| 15   | exp Joint Prosthesis/ (37942)  |
| 16   | exp Prosthesis Failure/ (14654)  |
| 17   | exp bone transplantation/ (19969)  |
| 18   | exp spinal fusion/ (11542)   |
| 19   | 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 (248732) |
| 20   | 6 and 19 (1317)  |

TABLE E-2 EMBASE Search Strategy

| Database: EMBASE <1980 to 2008 Week 15> |  |
|---|--|
| Search Strategy                         |  |
| 1                                       | exp Electrostimulation Therapy/ (75849)  |
| 2                                       | exp Electromagnetic Field/ (5502)  |
| 3                                       | exp ELECTROSTIMULATION/ (27533)  |
| 4                                       | exp Magnetotherapy/ (192)  |
| 5                                       | magnetic field therapy.mp. (53)  |
| 6                                       | exp Pulse Generator/ (954)   |
| 7                                       | high energy shock waves.mp. (91)   |
| 8                                       | 1 or 2 or 3 or 4 or 5 or 6 or 7 (104047)   |
| 9                                       | exp Fracture Nonunion/ (2935)  |
| 10                                      | exp fracture/ or exp arm fracture/ or exp fracture healing/ or exp leg fracture/ or exp rib fracture/ or exp spine fracture/ (77844) |
| 11                                      | exp fracture treatment/ (32888)  |
| 12                                      | exp Fracture Healing/ (10715)  |
| 13                                      | exp OSTEOTOMY/ (12213)   |
| 14                                      | exp Bone Development/ (26257)  |
| 15                                      | exp Bone Regeneration/ (2926)  |
| 16                                      | exp joint prosthesis/ (21058)  |
| 17                                      | exp Prosthesis Failure/ (11574)  |
| 18                                      | exp spine fusion/ (7829)   |
| 19                                      | exp bone graft/ (13746)  |
| 20                                      | exp Bone Transplantation/ (15613)  |
| 21                                      | exp OSTEOSYNTHESIS/ (11040)  |
| 22                                      | 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 (158569)   |
| 23                                      | 8 and 22 (1337)  |

TABLE E-3 CINAHL Search Strategy

| Database: CINAHL - Cumulative Index to Nursing & Allied Health Literature <1982 to April Week 2, 2008> |  |
|--|--|
| Search Strategy  |  |
| 1  | exp Electric Stimulation/ (3874)   |
| 2  | exp Electrical Stimulation, Functional/ (266)                                    |
| 3  | exp Electromagnetic Fields/ (605)  |
| 4  | exp ELECTROMAGNETICS/ (810)  |
| 5  | exp Electrodes, Implanted/ (3821)  |
| 6  | exp Magnet Therapy/ (415)  |
| 7  | 1 or 2 or 3 or 4 or 5 or 6 (8453)  |
| 8  | exp Fractures/ (10487)   |
| 9  | exp Fractures, Ununited/ (244)   |
| 10   | exp Fracture Fixation/ (1500)  |
| 11   | exp Fracture Healing/ (425)  |
| 12   | exp OSTEOTOMY/ (1038)  |
| 13   | exp Bone Regeneration/ (433)   |
| 14   | exp Bone Development/ (1090)   |
| 15   | exp Osteoarthritis/ (4151)   |
| 16   | exp Joint Prosthesis/ (1017)   |
| 17   | exp Prosthesis Failure/ (820)  |
| 18   | exp Bone Transplantation/ (1038)   |
| 19   | exp OSTEOTOMY/ (1038)  |
| 20   | exp Spinal Fusion/ (1081)  |
| 21   | 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 (19809) |
| 22   | 7 and 21 (238)   |

TABLE E-4 EBM Search Strategy

| Database: All EBM Reviews <as of April 16, 2008> |  |
|--|--|
| Search Strategy                                  |  |
| 1  | exp Electric Stimulation Therapy/ (1351)                                 |
| 2  | exp Electromagnetic Fields/ (257)  |
| 3  | exp Electromagnetics/ (325)  |
| 4  | exp Electrodes, Implanted/ (739)   |
| 5  | exp High-Energy Shock Waves/ (55)  |
| 6  | 1 or 2 or 3 or 4 or 5 (2363)   |
| 7  | exp Fractures, Bone/ (151)   |
| 8  | exp fractures, ununited/ (61)  |
| 9  | exp Fracture Fixation/ (609)   |
| 10   | exp Casts, Surgical/ (255)   |
| 11   | exp Osteotomy/ (222)   |
| 12   | exp Bone Regeneration/ (338)   |
| 13   | exp Osteoarthritis/ (1995)   |
| 14   | exp Bone Development/ (384)  |
| 15   | exp Joint Prosthesis/ (1117)   |
| 16   | exp Prosthesis Failure/ (278)  |
| 17   | exp bone transplantation/ (375)  |
| 18   | exp spinal fusion/ (348)   |
| 19   | 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 (5290) |
| 20   | 6 and 19 (80)  |

TABLE E-5 Summary of Randomized Controlled Trials Evaluating the Effect of Electromagnetic Stimulation (EM-S) on Long-Bone Healing\*

| Citation                            | Patient Sample Description  | Number of Patients                         | Description of E-Stim   | Description of Treatment Groups  | Union Results  | Other Results   |
|-------------------------------------|---|--|---|--|--|---|
| Non-united fractures                |   |  |   |  |  |   |
| Barker et al. <sup>18</sup> (1984)  | Ununited tibial shaft fracture for at least 1 year with conservative treatment for the past 6 months and no progression for the past 3 months.                                  | 16 total (9 intervention; 7 control)       | Pulsed EM-S provided by coils designed to fit around the cast. Pulse frequency: 15 Hz; Duration of use: minimum daily use of 10 hours/d for 24 weeks.   | Intervention: Full leg plaster immobilization; Non-weight-bearing (NWB) + active magnetic coil. Control: As per intervention + inactive magnetic coil.   | 5/9 of active and 5/7 of control united; RR of union = 0.78 (95% confidence interval: 0.37 - 1.64)                                 | No apparent difference in pain and tenderness scores.   |
| Simonis et al. <sup>34</sup> (2003) | Ununited tibial shaft fracture for at least 1 year with no metal implant bridging nonunion gap and no progression of fracture union for past 3 months.                          | 34 total (18 intervention; 16 control)     | Pulsed EM-S via two external coils in contact with skin and held by crepe bandage. Pulse frequency: 23.3Hz; EMF force: 150V; Field Intensity: 6A; Duration of use: 14 hours/d for 26 weeks.     | Intervention: Fibular osteotomy & external fixator with compression; NWB + active magnetic coil. Control: Surgery/NWB as per intervention + sham device. | 16/18 active and 8/16 control united; RR of union = 1.78 (95% confidence interval: 1.06 - 2.98)                                    | N/A   |
| Scott and King <sup>19</sup> (1994) | Ununited long-bone fracture for at least 9 months with continuous immobilization post injury. No radiographic progression, or treatment beyond immobilization in past 3 months. | 21 completed (10 intervention; 11 control) | Two stainless steel discs approximated over fracture site delivering Sine-shaped EMF. Sine-wave frequency: 60000Hz; EMF force: 5-10V; Duration of use: average of 25.4 weeks (unknown hours/d). | Intervention: Immobilization and weight-bearing as tolerated + active magnetic coil. Control: as per intervention + sham device.                         | 6/10 of active and 0/11 of controls united; RR of union = 27.381 (95% confidence interval: 0.549 - 1365.066)                       | N/A   |
| Delayed unions                      |   |  |   |  |  |   |
| Sharrard <sup>35</sup> (1990)       | Non-articular, tibial shaft fracture treated conservatively and still ununited at 16-32 weeks post injury (delayed union).  | 45 completed (20 intervention; 25 control) | Two enclosed external copper wire coils held over fracture site in Helmholtz configuration. Pulse frequency: 15Hz; Duration of use: 12 hours/d for 12 weeks.                                    | Intervention: Full-leg plaster cast with knee flexed at 20-30° + active magnetic coil. Control: Casting + sham device.                                   | 9/20 of active and 3/25 control united based on orthopaedic assessment; RR of union = 3.75 (95% confidence interval: 1.17 - 12.04) | Radiologist's assessment of union favors intervention (p = 0.002); No difference in mediolateral movement (p = 0.37); anteroposterior movement (p = 0.76); pain (p = 0.29); or tenderness (p = 0.18). |
| Congenital pseudarthrosis           |   |  |   |  |  |   |
| Poli et al. <sup>36</sup> (1985)    | Congenital pseudarthrosis treated surgically with cast immobilization for 3 months followed by brace with full weight-bearing.  | 12 patients (6 intervention; 6 control)    | Two, high-impedance coils. Pulse frequency: 75Hz; EMF force: 3.5mV; Duration: 10 hours/d for 52 weeks.  | Intervention: Surgery and casting proceeding to brace + active electromagnetic stimulation. Control:   | None   | No statistical impact on limb-length imbalance; Nail breakage and need for reoperation.   |

|                                       |   |   |  |  |  |   |
|---------------------------------------|---|---|--|--|--|---|
|                                       |   |   |  | Surgery and casting alone.   |  |   |
| Fresh fractures                       |   |   |  |  |  |   |
| Wahlstrom <sup>21</sup> (1984)        | Women with extra-articular Colles fracture.   | 30 analyzed (15 intervention, 15 control) | Single copper wire outside of plaster over fracture with battery in pocket or around neck. Pulse frequency: 1-1000 Hz; Magnetic flux density: 4 gauss; Duration of use: 4 weeks (unknown hours/d).   | Intervention: 4 week immobilization using cast + active magnetic coil. Control: No magnetic coil.  | None   | Scintigraphic activity ratio in fracture area (Q-ratio measure) significant at weeks 1 and 2 ( $p = 0.03$ and $<0.01$ , respectively), but NS at weeks 4 & 8; Displacement during healing anytime within 8 weeks post-injury NS.          |
| Betti et al. <sup>20</sup> (1999)     | Femoral neck fracture treated with synthesis with 3 screws.   | 65 analyzed (30 intervention; 35 control) | Commercially available pulsed EM-S unit. Pulse frequency: 75 Hz; EMF force: 3.5 mV; Duration of use: at least 8 hours/d for 90 days.   | Intervention: Surgery + non descriptive rehabilitation program + active unit. Control: as per above + inactive unit.   | 27/30 active and 25/35 control united; RR of union = 1.26 (95% confidence interval: 0.99 - 1.60) | Statistical improvement in pain at 30, 60 and 90 days ( $p < 0.01$ , 0.05, and 0.05, respectively). No difference in rate of osteonecrosis or need for arthroplasty (based on subset of intervention using system $>6$ hours/d).          |
| Stress fractures                      |   |   |  |  |  |   |
| Beck et al. <sup>39</sup> (2008)      | 18 to 50-year-old patients with 1 or more tibial stress fractures.  | 43 analyzed (22 intervention; 21 control) | Commercially available capacitively coupled bone stimulator unit delivering a sinusoidal wave via 2 adhesive, water-based gel electrodes. Pulse Frequency: 60 kHz; EMF Force: 3 to 6 V; Current: 5 to 10 mA; Duration of use: 15-24 hours/d until stress fracture clinically healed. | Intervention: Calcium Supplements (500 mg calcium carbonate) od + rest from painful activity + active unit. Control: As per intervention + Inactive Unit.                | None   | No main effect of EM-S on time to clinical healing. Increased hours of device use per day was associated with a greater reduction in time to healing; Rest noncompliance and female gender was associated with increased time to healing. |
| Osteotomies                           |   |   |  |  |  |   |
| Borsalino et al. <sup>24</sup> (1988) | Patients undergoing femoral intertrochanteric wedge osteotomy for hip osteoarthritis. Progression to full-weight-bearing occurs over 90 days. | 31 analyzed (15 intervention; 16 control) | Single coil generating electromagnetic field positioned on lateral side of femur. Pulse frequency: 75 Hz; EMF force: 2.5 mV or 18 gauss; Duration of use: 8 hours/d for 30 days.   | Intervention: Surgery + Casting and initial NWB with return to WB after 90 days + Active EM pulse generator. Control: As per intervention + Inactive EM pulse generator. | None   | Statistical improvement in bone callus presence and trabecular bridging in the medial and lateral cortex at 40 and 90 days; Statistical improvement of bone callus density at 90 days only.   |
| Mammi et al. <sup>37</sup> (1993)     | Patients in good health undergoing tibial reduction osteotomies. Excluded if have autoimmune, metabolic or neoplastic diseases, or are        | 37 analyzed (18 intervention, 19 control) | EM-S via two inductively coupled coils outside of cast over fracture site held by Velcro straps. Pulse frequency: 75 Hz; EMF force: 3 mV; Duration of use: 8 hours/d for   | Intervention: NWB for 30 days (with progression to WB) + active magnetic coil. Control: Treatment as per above + sham  | 8/18 of active and 3/19 control united; RR of union = 2.81 (95% confidence interval: 0.88 -      | N/A   |

|                                      |  |                                      |   |   |       |  |
|--------------------------------------|--|--------------------------------------|---|---|-------|--|
|                                      | taking a steroid.  |                                      | 60 days.  | device.   | 8.98) |  |
| Eyres et al. <sup>38</sup><br>(1996) | Young patients (range, 9-19 yr) undergoing lower-limb lengthening using external fixator system or circular frame system at a length of 1mm a day. | 13 total (7 intervention; 6 control) | Saddle-shaped coil fitted around limb in-between proximal and distal fixator pins. Pulse frequency: 15 Hz; Duration of use: 4 hours/d for average 24.5 weeks. | Intervention: Limb-lengthening procedure + active magnetic coil. Control: Limb-lengthening procedure + sham device. | None  | Distal segment bone loss at 12 mo favors intervention (p < 0.01). Proximal segment bone loss; Length of distraction achieved; Quantity of bone in distraction site; Ratio of time until fixator removal to length achieved all NS. |

\*EMF = electromagnetic field, WB = weight-bearing, NWB = non-weight-bearing, RR = relative risk, N/A = not available, and NS = not significant.