

TABLE E1 Questionnaire on Anterior Knee Pain

1. When participating in strenuous work/sport, I am:	
Able to participate with no kneecap symptoms	176 (73%)
Able to participate but with minimal kneecap symptoms	43 (18%)
Able to participate but with moderate kneecap symptoms	12 (5%)
Able to participate but with significant kneecap symptoms limiting my ability	4 (2%)
Unable to participate due to severe kneecap symptoms	5 (2%)
2. When climbing stairs, I am:	
Able to climb with little or no kneecap symptoms	219 (91%)
Able to climb, but I am limited by kneecap symptoms	19 (8%)
Able to climb only 11 to 30 stairs	2 (1%)
Unable to climb >10 stairs due to kneecap symptoms	0 (0%)
3. Following long periods sitting I have:	
Few or no kneecap symptoms	218 (91%)
Moderate kneecap symptoms, only able to sit for 1 to 2 hours at a time	19 (8%)
Severe kneecap symptoms limiting my ability to perform some daily activities	3 (1%)
4. During normal daily activities, I have:	
Few or no kneecap symptoms	223 (93%)
Moderate kneecap symptoms	15 (6%)
Severe kneecap symptoms limiting my ability to perform some daily activities	2 (1%)
5. During activities requiring kneeling, I have:	
Little or no kneecap pain	218 (91%)
Moderate kneecap pain	19 (8%)
Severe kneecap pain that limits my ability to kneel	2 (1%)
Severe kneecap pain that prohibits me from kneeling	1 (<1%)