

TABLE E-I Details of the Rowe Score

ROWE SCORE	
FUNCTION (/50 points)	
No limitation in work and sports	50
No limitation in work, mild limitation in sports	35
Mild limitation in work above head and sports	20
Marked limitation and pain	0
PAIN (/10 points)	
None	10
Mild	5
Severe	0
STABILITY (/30 points)	
No recurrence, subluxation, or apprehension	30
Apprehension when placing arm in certain positions	15
Subluxation (not requiring reduction)	10
Apprehension test positive or notion of instability	0
MOBILITY (/10 points)*	
Normal mobility	10
<25% loss of normal ER, IR, and elevation	5
>25% loss of normal ER, IR, and elevation	0
TOTAL (/100 points)	
Excellent: 90-100 pts	
Good: 75-89 pts	
Average: 51-74 pts	
Bad: <50 pts	

*ER = external rotation, and IR = internal rotation.

TABLE E-2 Details of the Walch-Duplay Score

WALCH-DUPLAY SCORE**SPORT (/25 points)**

Return to same sport, at the same level

+25

Back to same sport, but at a decreased level

+15

Change in sport

+10

Stop sport

0

DAILY ACTIVITY (if no sport practiced)

No discomfort

Slight discomfort in forceful movements

Slight discomfort during simple movements

Severe discomfort

STABILITY (/25 points)

No apprehension

+25

Persistent apprehension

+15

Feeling of instability

0

True recurrence of subluxation or dislocation

-25

PAIN (/25 points)

No pain or pain during certain climatic conditions

+25

Pain during forceful movements or when tired

+15

Pain during daily life

0

MOBILITY (/25 points)*

Pure frontal abduction against a wall: symmetrical

+25

Limitation of IR <3 vertebrae

Limitation of ER2 to < 10% of the contralateral side

Pure frontal abduction against a wall < 150°

+15

Limitation of IR < 3 vertebrae

Limitation of ER2 to <30% of the contralateral side

Pure frontal abduction against a wall < 120°

+5

Limitation of IR < 6 vertebrae

Limitation of ER2 to <50% of the contralateral side

Pure frontal abduction against a wall < 90°

0

Limitation of IR > 6 vertebrae

Limitation of ER2 to < 50% of the contralateral side

TOTAL (/100 points)

Excellent: 91-100 points

Good: 76-90 points

Fair: 51-75 points

Poor: <50 points

*ER = external rotation, IR = internal rotation, and ER2 = external rotation in abduction.