

Table E-1a. PUFU Part II younger child tasks (age 2 to 5 years)

1	Do up the zipper of a coat or jacket
2	Tie shoelaces
3	Open up and put on a pair of shoes
4	Put on a loose pair of socks
5	Put on an over-the-head shirt (T-shirt, sweatshirt)
6	Button up own coat or shirt
7	Pull on jeans or track pants
8	Spread cheese, jam or peanut butter on a cracker
9	Open a small box of raisins, Smarties or crayons
10	Remove a straw from a juice box and insert it
11	Pull apart large building blocks
12	Thread a string of beads or macaroni
13	Twist the lid off of a small bottle (bubbles)
14	Remove stickers from backing and stick on page
15	Remove clothing from a doll or action figure
16	Hold a bowl, stir with a spoon for play cooking
17	Cut out a picture or shape with scissors
18	Remove the cap from a large felt marker
19	Put the cap back on a large felt marker
20	Draw a picture on paper with a crayon or marker
21	Rub a glue stick on a piece of paper
22	Pour sand in and out of a bucket or pail
23	Hold onto both ropes while swinging on a swing
24	Climb a slide
25	Throw a large beach ball to an adult or friend
26	Grasp both handles of a ride-on toy, tricycle, bicycle

Table E-1b. PUFU older child tasks (age 6 years and older)

1	Do up the zipper of a coat or jacket
2	Tie shoelaces
3	Put on tights or pantyhose
4	Put on a loose pair of socks
5	Put on mittens or gloves
6	Button up own coat or shirt
7	Pull on jeans or track pants
8	Do up the buckle on a belt around the waist
9	Take the cap off a toothpaste tube
10	Put toothpaste on a toothbrush
11	Put on a necklace or chain around the neck
12	Groom fingernails (clip, file or polish)
13	Cut meat with a knife and fork
14	Unwrap cookies or a sandwich sealed in plastic wrap
15	Spread cheese, jam or peanut butter on a cracker
16	Chop vegetables or fruit
17	Remove straw from a juice box and insert it
18	Twist the lid off a small drink bottle
19	Use a can opener
20	Peel back the plastic cover of a snack pack of cheese or jam
21	Peel an orange or a banana
22	Open a bag of chips
23	Pull small building blocks apart (e.g., Lego, Meccano)
24	Hammer a nail into a board or wall
25	Thread a string of beads to make a piece of jewelry
26	Cut out a picture or shape with scissors
27	Take the cap off a felt marker
28	Use a ruler and pencil to draw a line on paper
29	Open a zippered pencil case and take a pencil out
30	Use a small handheld pencil sharpener
31	Open a three-ring binder
32	Play with a Game Boy
33	Skip with a skipping rope
34	Push a lawnmower or snow blower
35	Rake the leaves or grass
36	Throw a basketball or volleyball during a game
37	Swing a baseball bat or use a hockey stick
38	Grasp both handles of a bicycle while riding

Table E-2a. UBET Activities by age group

2-4 year old Tasks

1. Take Play-Doh out of plastic baggie
2. Bang cymbals together
3. Put sock on foot
4. Thread beads
5. Open a jar of bubbles
6. Ride on a Roller Racer
7. Open bag with drawstring and dump Duplos out
8. Separate Duplos
9. Open a new box of 8 crayons and remove one

Table E-2b. UBET Activities by age group

5-7 year old Tasks

1. Cut a paper circle from construction paper
2. Remove cap from felt tip marker
3. Sharpen pencil
4. Do buttons on vest
5. Tie shoelaces into a knot
6. Turn kaleidoscope
7. Separate Legos
8. Use bow and arrow
9. Ride on a Roller Racer

**Table E-2c. UBET Activities by age group
8-10 year old Tasks**

1. Swing a bat
2. Wind a yo-yo string onto the yo-yo
3. Open a Band-Aid
4. Tie shoelaces into a bow
5. Do buttons on shirt
6. Make a telescope with paper and rubber band
7. Place glove on unaffected hand
8. Draw a line with a ruler
9. Start zipper on vest

Table E-2d. UBET Activities by age group

11-20 year old Tasks

1. Cut paper from a roll to wrap a videotape
2. Tear a piece of tape
3. Secure wrap on videotape with tape
4. Cut putty on plate with knife and fork
5. Open a 3-ring binder
6. Start zipper on vest
7. Tie shoelaces into a bow
8. Do buttons on shirt
9. Use dustpan and small broom