COPYRIGHT O BY THE JOURNAL OF BONE AND JOINT SURGERY, INCORPORATED BUCK FT AL.

TEACHING CORTICAL-SCREW TIGHTENING. A SIMPLE, AFFORDABLE, TORQUE-DIRECTED TRAINING PROTOCOL IMPROVES RESIDENT PERFORMANCE http://dx.doi.org/10.2106/JBJS.17.01563
Page 1

The following content was supplied by the authors as supporting material and has not been copy-edited or verified by JBJS.

Appendix Table 1a. Percentage of screws inserted at each decile of insertional torque

	Attendings	Junior Residents			Senior Residents			
Insertional	Baseline	Baseline	Post-	Final	Baseline	Post-	Final	
torque	Dasenne		training	testing	Dascinic	training	testing	
Percutaneous technique								
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75	
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
11-20%	0.0	0.0	0.0	0.0	6.7	0.0	0.0	
21-30%	0.0	2.0	2.0	2.0	13.3	2.7	8.0	
31-40%	8.6	6.0	22.0	12.0	8.0	13.3	13.3	
41-50%	14.3	10.0	18.0	0.0	9.3	16.0	10.7	
51-60%	34.3	16.0	22.0	18.0	4.0	25.3	14.7	
61-70%	25.7	10.0	16.0	14.0	10.7	28.0	18.7	
71-80%	8.6	24.0	12.0	24.0	18.7	8.0	20.0	
81-90%	2.9	8.0	4.0	18.0	12.0	5.3	8.0	
91-99%	0.0	6.0	2.0	0.0	1.3	0.0	5.3	
Stripped	5.7	18.0	2.0	12.0	16.0	1.3	1.3	
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0	
		Open, c	lominant hai	nd techniq	ue			
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75	
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
11-20%	0.0	0.0	0.0	0.0	0.0	0.0	0.0	
21-30%	0.0	0.0	0.0	0.0	4.0	0.0	0.0	
31-40%	0.0	0.0	10.0	6.0	6.7	9.3	5.3	
41-50%	11.4	0.0	26.0	8.0	8.0	16.0	17.3	
51-60%	25.7	8.0	32.0	20.0	4.0	30.7	10.7	
61-70%	17.1	30.0	20.0	22.0	10.7	33.3	30.7	
71-80%	31.4	28.0	4.0	26.0	38.7	10.7	22.7	
81-90%	8.6	22.0	4.0	12.0	13.3	0.0	9.3	
91-100%	2.9	0.0	0.0	0.0	5.3	0.0	2.7	
Stripped	2.9	12.0	4.0	6.0	9.3	0.0	1.3	
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0	
Open, non-dominant hand technique								
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75	
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0	

Copyright ${\hbox{$\mathbb C$}}$ by The Journal of Bone and Joint Surgery, Incorporated Buck et al.

 $Teaching\ Cortical-Screw\ Tightening.\ A\ Simple,\ Affordable,\ Torque-Directed\ Training\ Protocol\ Improves\ Resident\ Performance\ http://dx.doi.org/10.2106/JBJS.17.01563$

Page 2

Page 2									
11-20%	0.0	0.0	0.0	0.0	0.0	0.0	0.0		
21-30%	0.0	0.0	0.0	0.0	1.3	4.0	0.0		
31-40%	0.0	0.0	18.0	0.0	8.0	8.0	0.0		
41-50%	2.9	6.0	16.0	4.0	9.3	20.0	6.7		
51-60%	2.9	6.0	22.0	40.0	5.3	21.3	10.7		
61-70%	28.6	14.0	22.0	8.0	21.3	20.0	46.7		
71-80%	51.4	40.0	14.0	22.0	28.0	20.0	21.3		
81-90%	8.6	18.0	4.0	16.0	8.0	6.7	10.7		
91-100%	0.0	2.0	0.0	0.0	1.3	0.0	1.3		
Stripped	5.7	14.0	4.0	10.0	17.3	0.0	2.7		
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0		
All techniques combined									
	n = 105	n = 150	n = 150	n = 150	n = 225	n = 225	n = 225		
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0		
11-20%	0.0	0.0	0.0	0.0	2.2	0.0	0.0		
21-30%	0.0	0.7	0.7	0.7	6.2	2.2	2.7		
31-40%	2.9	2.0	16.7	6.0	7.6	10.2	6.2		
41-50%	9.5	5.3	20.0	4.0	8.9	17.3	11.6		
51-60%	21.0	10.0	25.3	26.0	4.4	25.8	12.0		
61-70%	23.8	18.0	19.3	14.7	14.2	27.1	32.0		
71-80%	30.5	30.7	10.0	24.0	28.4	12.9	21.3		
81-90%	6.7	16.0	4.0	15.3	11.1	4.0	9.3		
91-100%	1.0	2.7	0.7	0.0	2.7	0.0	3.1		
Stripped	4.8	14.7	3.3	9.3	14.2	0.4	1.8		
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0		

 $Teaching\ Cortical-Screw\ Tightening.\ A\ Simple,\ Affordable,\ Torque-Directed\ Training\ Protocol\ Improves\ Resident\ Performance\ http://dx.doi.org/10.2106/JBJS.17.01563$

Page 3

Appendix 1b. Statistical comparisons for insufficiently tightened screws (insertional torque <50%) before and after training

(3070) before and	d after training		D 4	D 1	E: 1	D 1	
		Pre-	Post-	P-value	Final	P-value	
		training	training	(Pre vs	testing	(Pre vs	
	Γ	N (%)	N (%)	post)	N (%)	final)	
Percutaneous technique	Junior residents	9 (18.0)	21 (42.0)	0.00	7 (14.0)	0.0004	
		95% CI:	95% CI:	0.003	95% CI:	< 0.0001	
		7.4 - 28.7	28.3 - 55.7		4.4 - 23.6		
	Senior residents	26 (35.6)	24 (32.8)		24 (32.0)		
		95% CI:	95% CI:	< 0.0001	95% CI:	<0.0001	
teemique	residents	24.6 – 46.6	21.4 – 42.6		21.4 – 42.6		
	Attendings	8 (20.0)					
		95% CI:					
		7.6 - 32.4					
	T	0 (0)	18 (36.0)		6 (12.0)		
	Junior	95% CI:	95% CI:	N/A	95% CI:	N/A	
	residents	N/A	22.7 - 49.3		3.0 - 21.0		
Open,	a ·	14 (18.7)	19 (25.3)		17 (22.7)		
dominant hand	Senior residents	95% CI:	95% CI:	0.34	95% CI:	0.59	
technique		9.9 - 27.5	15.5 - 35.2		13.2 - 32.1		
1	Attendings	4 (10.0)					
		95% CI:					
		0.7 - 19.3					
	Junior	3 (6.0)	17 (34.0)		1 (2.0)	0.32	
		95% CI:	95% CI:	0.001	95% CI:		
	residents	0 - 12.6	20.9 – 47.1	0.001	0 - 5.9	0.32	
Open non		14 (18.9)	23 (30.7)		5 (6.9)		
Open, non-dominant hand	Senior residents Attendings	95% CI:	25 (30.7) 95% CI:	0.11	95% CI:	0.04	
		10.0 - 27.8	20.2 – 41.1	0.11	1.1 – 12.6	0.04	
technique		1 (2.5)	20.2 – 41.1		1.1 - 12.0		
		95% CI:					
		0-7.3					
		0 – 7.3					
					1		
All techniques combined	Junior residents	12 (8.0)	56 (37.3)		14 (9.3)		
		95% CI:	95% CI:	< 0.0001	95% CI:	0.69	
		3.7 - 12.3	29.6 – 45.1		4.7 - 14.0		
	Senior residents	54 (24.3)	66 (29.3)		46 (20.6)		
		95% CI:	95% CI:	0.29	95% CI:	0.30	
		18.7 - 30.0	23.4 - 35.3		15.3 - 25.9		
	Attendings	13 (10.8)					
		95% CI:					
		5.3 - 16.4				<u> </u>	

Copyright $\ensuremath{\mathbb{G}}$ by The Journal of Bone and Joint Surgery, Incorporated Buck et al.

Teaching Cortical-Screw Tightening. A Simple, Affordable, Torque-Directed Training Protocol Improves Resident Performance http://dx.doi.org/10.2106/JBJS.17.01563
Page 4

Copyright ${\hbox{$\mathbb C$}}$ by The Journal of Bone and Joint Surgery, Incorporated Buck et al.

TEACHING CORTICAL-SCREW TIGHTENING. A SIMPLE, AFFORDABLE, TORQUE-DIRECTED TRAINING PROTOCOL IMPROVES RESIDENT PERFORMANCE http://dx.doi.org/10.2106/JBJS.17.01563

Appendix 2. Assessment of construct validity

Measure	Junior resident (JR) baseline, N (%)	Senior resident (SR) baseline, N (%)	Attending (A) baseline, N (%)	p value JR vs A	p value SR vs A
Screws in range	42 (28.0%)	42 (18.9%)	47 (39.2%)	0.05	0.0001
Stripped screws	22 (14.7%)	32 (14.4)	5 (4.8%)	0.01	0.009