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Appendix Table 1a. Percentage of screws inserted at each decile of insertional torque

	Attendings	Junior Residents			Senior Residents		
Insertional torque	Baseline	Baseline	Post-training	Final testing	Baseline	Post-training	Final testing
Percutaneous technique							
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-20%	0.0	0.0	0.0	0.0	6.7	0.0	0.0
21-30%	0.0	2.0	2.0	2.0	13.3	2.7	8.0
31-40%	8.6	6.0	22.0	12.0	8.0	13.3	13.3
41-50%	14.3	10.0	18.0	0.0	9.3	16.0	10.7
51-60%	34.3	16.0	22.0	18.0	4.0	25.3	14.7
61-70%	25.7	10.0	16.0	14.0	10.7	28.0	18.7
71-80%	8.6	24.0	12.0	24.0	18.7	8.0	20.0
81-90%	2.9	8.0	4.0	18.0	12.0	5.3	8.0
91-99%	0.0	6.0	2.0	0.0	1.3	0.0	5.3
Stripped	5.7	18.0	2.0	12.0	16.0	1.3	1.3
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Open, dominant hand technique							
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0
11-20%	0.0	0.0	0.0	0.0	0.0	0.0	0.0
21-30%	0.0	0.0	0.0	0.0	4.0	0.0	0.0
31-40%	0.0	0.0	10.0	6.0	6.7	9.3	5.3
41-50%	11.4	0.0	26.0	8.0	8.0	16.0	17.3
51-60%	25.7	8.0	32.0	20.0	4.0	30.7	10.7
61-70%	17.1	30.0	20.0	22.0	10.7	33.3	30.7
71-80%	31.4	28.0	4.0	26.0	38.7	10.7	22.7
81-90%	8.6	22.0	4.0	12.0	13.3	0.0	9.3
91-100%	2.9	0.0	0.0	0.0	5.3	0.0	2.7
Stripped	2.9	12.0	4.0	6.0	9.3	0.0	1.3
Total %	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Open, non-dominant hand technique							
	n = 35	n = 50	n = 50	n = 50	n = 75	n = 75	n = 75
0-10%	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Appendix 1b. Statistical comparisons for insufficiently tightened screws (insertional torque <50%) before and after training

		Pre- training N (%)	Post- training N (%)	P-value (Pre vs post)	Final testing N (%)	P-value (Pre vs final)
Percutaneous technique	Junior residents	9 (18.0) 95% CI: 7.4 – 28.7	21 (42.0) 95% CI: 28.3 – 55.7	0.003	7 (14.0) 95% CI: 4.4 – 23.6	<0.0001
	Senior residents	26 (35.6) 95% CI: 24.6 – 46.6	24 (32.8) 95% CI: 21.4 – 42.6	<0.0001	24 (32.0) 95% CI: 21.4 – 42.6	<0.0001
	Attendings	8 (20.0) 95% CI: 7.6 – 32.4	--	--	--	--
Open, dominant hand technique	Junior residents	0 (0) 95% CI: N/A	18 (36.0) 95% CI: 22.7 – 49.3	N/A	6 (12.0) 95% CI: 3.0 – 21.0	N/A
	Senior residents	14 (18.7) 95% CI: 9.9 – 27.5	19 (25.3) 95% CI: 15.5 – 35.2	0.34	17 (22.7) 95% CI: 13.2 – 32.1	0.59
	Attendings	4 (10.0) 95% CI: 0.7 – 19.3	--	--	--	--
Open, non- dominant hand technique	Junior residents	3 (6.0) 95% CI: 0 – 12.6	17 (34.0) 95% CI: 20.9 – 47.1	0.001	1 (2.0) 95% CI: 0 – 5.9	0.32
	Senior residents	14 (18.9) 95% CI: 10.0 – 27.8	23 (30.7) 95% CI: 20.2 – 41.1	0.11	5 (6.9) 95% CI: 1.1 – 12.6	0.04
	Attendings	1 (2.5) 95% CI: 0 – 7.3	--	--	--	--
All techniques combined	Junior residents	12 (8.0) 95% CI: 3.7 – 12.3	56 (37.3) 95% CI: 29.6 – 45.1	<0.0001	14 (9.3) 95% CI: 4.7 – 14.0	0.69
	Senior residents	54 (24.3) 95% CI: 18.7 – 30.0	66 (29.3) 95% CI: 23.4 – 35.3	0.29	46 (20.6) 95% CI: 15.3 – 25.9	0.30
	Attendings	13 (10.8) 95% CI: 5.3 – 16.4	--	--	--	--

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TEACHING CORTICAL-SCREW TIGHTENING. A SIMPLE, AFFORDABLE, TORQUE-DIRECTED TRAINING PROTOCOL IMPROVES RESIDENT PERFORMANCE

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Appendix 2. Assessment of construct validity

Measure	Junior resident (JR) baseline, N (%)	Senior resident (SR) baseline, N (%)	Attending (A) baseline, N (%)	p value JR vs A	p value SR vs A
Screws in range	42 (28.0%)	42 (18.9%)	47 (39.2%)	0.05	0.0001
Stripped screws	22 (14.7%)	32 (14.4)	5 (4.8%)	0.01	0.009